

ramblers scotland
at the heart of walking

Glasgow Ramblers

Programme of Walks

May to October 2013

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All the information in this booklet can be found on the website
www.glasgowramblers.org.uk

and if you require more information email
info@glasgowramblers.org.uk

The Ramblers' Association is a registered charity (England and Wales no.: 1093577 Scotland no.: SC039799), and a company limited by Guarantee, registered in England and Wales (no. 4458492).

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Large print copies of this booklet can be
obtained on request from:
info@glasgowramblers.org.uk

or:

Barry Pottle,
c/o 15 Newton Terrace,
Glasgow, G3 7PJ.

**Ramblers step out for 2014 – helping to deliver a physical activity legacy for
the Commonwealth Games**

This booklet contains the Glasgow Group Walk Programme, published as part of Ramblers Scotland's aim to get more people in the city out walking. This initiative links to "Walk the Path to 2014", which supports the Scottish Government's Active Nation Plan to encourage Scottish people to be more active in the run up to the 2014 Commonwealth Games. A bank of short Medal Walks based on hubs throughout the country is also being developed.

The Ramblers is the representative body for walkers. For over 75 years we have been campaigning in Great Britain to protect the natural beauty of our countryside, promote walking and safeguard public access to land. There is a network of around 500 Groups (nearly 60 in Scotland), which promote walking through regular Programmes of Walks and also support the other objects of The Ramblers.

**More information on Ramblers Scotland is available at:
www.ramblers.org.uk/scotland**

Group website

Up to date information can be found on our website www.glasgowramblers.org.uk. Digital photographs of group walks would be welcomed for display on the website. After each walk a short paragraph from any walker would be appreciated for the Glasgow Ramblers' Blog. Ideas – weather, conditions, wildlife seen, views, any features. The blog, Glasgow Rambles, needs to be news regularly to keep the website up to date. Any other suggestions or comments on the website would be appreciated.

Please email photographs, blog entries, suggestions and comments to info@glasgowramblers.org.uk.

What You Need to Know

Anyone wishing to take part in any walk must contact the leader by phone or email a few days in advance to make sure that the walk is still scheduled to take place and to confirm transport and walk details.

What grade of walk to choose

Please read these notes on walk grades carefully as they contain important advice for those taking part in walks. Each walk in the Programme has a grade, but please also note any extra information provided for individual walks.

- A+** Severe. Arduous walks for the experienced and very fit, involving some or all of the following factors: on high ground with exposure; steep ascents and descents; at a brisk pace; distance over 15 miles. Standard grading for hill walking in winter conditions.
- A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; steep ascents and descents; distances over 15 miles.
- B+** Between Moderate and Strenuous. For the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
- B** Moderate. Demanding higher standards of fitness and stamina than C+.
- C+** Easy to Moderate. For those with improving fitness, offering some modest challenges.
- C** Easy. Mainly on level ground and often on paths and tracks. The grade of walk is suitable for beginners.

Some walks are designated 'at an easy pace' for those who find the normal pace too fast. This does not mean that the ascents and descents are less steep – they are just taken at a slower pace.

In dubious weather, it is wise to contact the walk leader beforehand for advice.

Inexperienced walkers must check with the leader before going on a grade of walk with which they are unaccustomed. This applies particularly where an inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party.

In winter, if you are inexperienced in any grade of walk, you must contact the walk leader prior to the date of the walk for advice.

In the interests of safety, the leader may refuse to lead anyone whom he/she considers to be unsuitably equipped.

Anyone with a health condition, for which there is a possibility that treatment might be required during a walk, must inform the leader, preferably in advance, but certainly at the start of the walk, and must give full details of the treatment which might be required (this is not intended to place any extra responsibility on the leader, but rather to protect the leader against an incident arising for which no prior warning had been given).

Please note that the gradings for walks are intended only as a rough guide. For information on a particular walk, always contact the leader beforehand.

The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.

What to wear and what to bring

Warm and waterproof clothing should be carried, and strong footwear should be worn for all walks. Walking boots are essential on all A grade walks and on most B grade walks, and are advisable on most C grade walks. Denim jeans are not suitable as they get wet very quickly and are slow to dry out. A packed lunch and small snacks should be carried, and a flask of hot drink is strongly recommended.

On any walk in this booklet, walkers should carry the name and telephone number of someone who can be contacted in the event of an emergency.

It is recommended that all walkers should carry a First Aid Kit for their own personal use.

Members of The Ramblers should carry their Membership Card on all walks.

OS Map Numbers are given in the Programme for each walk, but this is only for the information of those who wish it; it is not necessary for all walkers to bring a map with them.

Travel to the start of the walk

See Programme for details of the normal meeting place, but please also check the details of the individual walk, in case the meeting place for that walk is different from normal.

For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount is recommended under the details of each walk in this booklet, except where public transport is to be used. The Walk Leader will collect the money and share it out between drivers who have offered spaces in their cars.

What happens on the walk

As groups are usually made up of members with varying walking abilities, all walkers should consider those at the back of the party. Leaders especially are reminded that they must set and control the pace of the walk to reflect these differing abilities, and must not allow the pace of the walk to be dictated by a few members of the party who may tend to force the pace. Failure to observe these considerations may deter members from fully enjoying the walk or from tackling higher grades of walk at a future date.

Who is liable on a walk

Please note that neither The Ramblers nor the leaders of individual walks in this Programme can accept liability for any accident that may occur on any walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the leader at all times, and should not leave the walk without first informing the leader.

Dogs

Registered Assistance Dogs only are allowed on any walks in this Programme.

Display of photographs for publicity and/on Group website

Digital photographs of Group walks are welcome, either for publicity or for display on the Group's website www.glasgowramblers.org.uk. Please email photographs to info@glasgowramblers.org.uk.

Anyone participating in a Group walk is assumed to consent to photographs in which they may appear being used for publicity or website purposes. Anyone who does not wish a photograph in which they may appear to be used for such purposes, should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to info@glasgowramblers.org.uk.

Other Ramblers' Groups

As well as the walks in these Programmes, members of The Ramblers are welcome to take part in the walks of any other Ramblers' Groups.

The Ramblers is divided into Areas. Glasgow is within North Strathclyde Area in which there are currently seven other Groups:

Bearsden & Milngavie	www.bearsdenandmilngavieramblers.org.uk
Cumbernauld & Kilsyth	www.ckramblers.org.uk
Glasgow Young Walkers	www.glasgowyoungwalkers.ning.com
Helensburgh & West Dunbartonshire	www.hwdrambblers.me.uk
Mid-Argyll & Kintyre	http://argyllcommunities.org/midargyllkintyreramblers
Monklands	www.monklandsramblers.org.uk
Strathkelvin	www.strathkelvinramblers.org.uk

The following Groups within other Areas are also close to Glasgow:

Renfrewshire, Cowal & Bute Area:

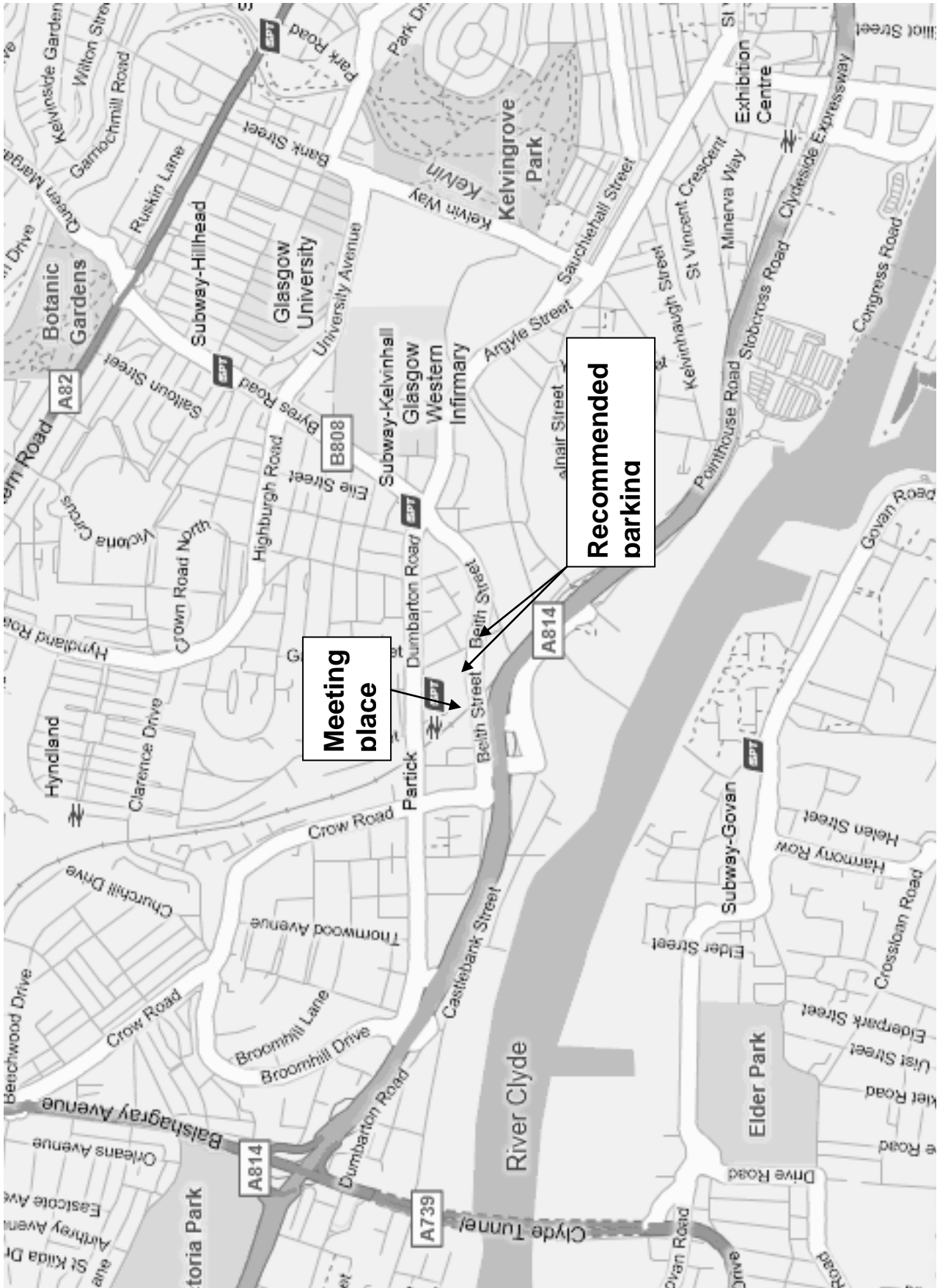
Eastwood	www.eastwood-ramblers.org.uk
Paisley	www.paisleyramblers.co.uk

Clydesdale to Solway Area:

Clyde Valley (Hamilton)	www.clydevalleyramblers.org
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Anyone without internet access who wishes a copy of the Programme of any of the above Groups, please write to:

Barry Pottle,
c/o 15 Newton Terrace,
Glasgow, G3 7PJ.



News

Free Navigation Training at Cotswold, Partick Tuesday 28th May

Ordnance Survey will be running free navigation training from 6.30 pm to 8 pm
To book a space telephone the shop 0141 357 5353

Social Evening Thursday 30th May

It is a long time since we have held a social event where we can get together. However, a meal is planned for 30th May at Cottiers in Hyndland. Please contact Ruth directly. Email her on smruta80@hotmail.com or Tel 07762177522 by 15th May if you would like to go. The table is booked for 7 pm, currently for 6 people, but this can be increased if there is adequate interest. Please meet at the bar at 6.45 pm. There may be a charge for cancellations within 24 hours.

Evening Walks in June

June in Glasgow is often the best month weather wise and as the evenings are light, we have included four weekly evening walks in the programme. If the numbers indicate that this is a popular idea we'll include a month of Summer Walks in 2014. Feedback would be welcomed.

Walk Leaders – new leaders needed

We have a dedicated group of members prepared to lead walks but we are always looking for more leaders. Even offering one walk per programme would be a huge help. For the next programme from November 2013 to April 2014, we shall be holding a planning meeting on **Wednesday 18th September** at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room for 7.30 pm. Any member considering offering a walk in the future is most welcome. Phone Catherine on 07711268312 or email info@glasgowramblers.org.uk for more details.

Registering Your Mobile Phone with the Emergency Services

Those of us who attended the first-aid course last January were reminded about the advantages of using the number 112 to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might. To register any mobile phone, text "register" to 112 or 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life. However, to contact the emergency services by text you have to register your number in advance. 112 is the international number and 999 the UK one for contacting emergency services.

The link below from the online TGO magazine has a very clear video demonstrating the use of the 112 number, how and why it works and also good advice on using your mobile when the signal is weak. Cut and paste the link into your browser.

<http://www.tgomagazine.co.uk/imagesvideo/video/Using-112-on-a-mobile-phone-in-an-emergency>

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Committee Meetings

Any member is most welcome to attend Committee Meetings as a visitor. The meetings being held during this programme will be Tuesday 4th June and Tuesday 24th October. The June meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room and the September Meeting in Friends Meeting House, 38 Elmbank Crescent, Charing Cross. Both meetings start promptly at 6.30 pm. Anyone wishing to attend either meeting, please contact Barry Pottle (luckydollar@btinternet.com or 0141-772 2263) not later than 5 pm on the Friday before the meeting.

Personal Information Adoption of Key Rings

It is sensible for all walkers to carry information such as whom to contact in an emergency, any medicine taken which might affect treatment and any relevant medical conditions.

The committee has been looking at the purchasing key rings which could be attached to the inside of a rucksack. These contain a small concertina of paper large enough to write all necessary information. We hope to give these out free of charge during the year.

Facebook

Glasgow Ramblers now has a Facebook Page linked to the website. Even though you do not have a Facebook account you can still look at the up to date information on the page. However, if you want to view other people's comments you need to sign in from a Facebook account.

First Aid Course

First Aid skills require regular updating. We do not have a date planned but, if you are interested in taking part in a future course, please contact Catherine by email catherine@cawatt.com or by phone 07711 268 312

PROGRAMME

The normal meeting place, for walks not accessed by public transport, is outside the entrance to Partick Station (see location map on Page 7). Cars will be taken from here to the start of the walk. Recommended car parking is in Beith Street.

As indicated on Page 3 of this booklet, anyone wishing to take part in any walk must contact the leader by phone or email a few days in advance to make sure that the walk is still scheduled to take place and to confirm transport and walk details.

Friday 3rd to Monday 6th May Scottish Ramblers' Gathering at Dunkeld, Perthshire
More information is available at: www.ramblers.org.uk/scotland

Sunday 12th May Coulter Fell Full day Grade B+ OS Map 72
Leader: Barry Pottle (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)
A 7½ mile (12 km) walk, ascending this splendid hill (2,454 feet / 748m) in the Southern Uplands, on the watershed of Scotland, and returning alongside the Culter Reservoir.
Meet outside **Partick Station** at **9 am**.
Walkers must contact the leader a few days in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.
Recommended passenger contribution £10 (100 miles round trip at 10p per mile).

Saturday 18th May Kirkintilloch to Bar Hill Roman Fort Full Day Grade C+ OS Map 64
Leader: Moira Henderson (01236 630602 or 0775 246 1521)
Meet at **Buchanan Bus Station** at **9.10 am** at the stance for the 9.20 am First Scotland no 27 Falkirk bus to Kirkintilloch Cross where the leader will meet walkers at the bus stop at 9.50 am
Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Saturday 25th May Arrochar to Inveruglas and return Full Day Grade B OS Map 56
Leader: John McNulty (0141 773 0409 or squareloaf@talktalk.net)
A 10 mile walk. Meet outside **Partick Station** at **9 am**
Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.
Recommended passenger contribution to driver £7.20 (72 miles round trip at 10p per mile).

Tuesday 28th May Free Navigation Training at Cotswold, Partick Evening
OS will be running free navigation training from 6.30 pm to 8 pm
To book a space telephone the shop 0141 357 5353

Thursday 30th May Social Evening
It is a long time since we have held a social event where we can get together. However, a meal is planned for **30th May at Cottiers in Hyndland**. Please contact Ruth directly. Email her on smruta80@hotmail.com or tel 07762177522 by 15th May if you would like to go. The table is booked for 7 pm, currently for 6 people, but this can be increased if there is adequate interest. Please meet at the bar at 6.45pm. There may be a charge for cancellations within 24 hours.

Thursday 30th May Muirshiel Country Park Half Day Grade C OS Map 63

Leader: David Lowrie (0141 423 2139 or davidandgertraute@talk21.com)

Circuit of Muirshiel Country Park, above Lochwinnoch, then moorland path to Windy Hill (316m).

Easy walk on clear paths. 3 – 4 miles / 2 hours. Meet outside **Partick Station** at **9 30 am**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution to driver £3 (30 miles round trip at 10p per mile).

Saturday 1st June High Banton Full Day Grade B OS Maps 64/349

Leaders: Tony and Moira Stevens (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)

A 6 mile walk from Kilsyth via country lanes, tracks, paths to High Banton returning beside

Banton Loch. Meet at **Buchanan Bus Station** at **9.10 am** at the stance for the 9.20 am First Scotland No. 27 Falkirk bus to Kilsyth. Ask the driver for a ticket to the stop at The Coachman in Kilsyth. The leaders will meet walkers at the bus stop beside The Coachman.

Walkers must contact the leaders in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Tuesday 4th June Committee Meeting Evening

All members are invited to attend the Committee Meeting of Glasgow Ramblers. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street at 6.30 pm in the downstairs room. Members' comments and suggestions are very helpful and will be fully considered by the committee. Anyone wishing to attend, please contact Barry Pottle (luckydollar@btinternet.com or 0141-772 2263) not later than 5 pm on Friday 31st May.

Wednesday 5th June Along the Clyde and Victoria Park Evening Grade C

Leader: Alan Watt (alan@cawatt.com or 0772 084 3353)

Meet at **Partick Station** at **6.30 pm**. We will go for a 2hr walk along the Clyde, through Victoria Park and the Fossil Grove finishing at Oran Mor, Byres Road.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Saturday 8th June White Coomb from Grey Mare's Tail Full Day Grade A OS Map 330

Leader: Greg Robertson (07716994026)

This 6.5 mile circular walk has great views over SW Scotland. It goes over Scotland's highest waterfall, past Loch Skeen and Loch Craighead and onto White Coomb (821m). Return via Rough Craigs. Meet outside **Partick Station** at **8.30 am**. The leader will meet the group at the Grey Mare's Car Park at 10 am or thereabouts. Drivers should take the M74 to Moffat coming off on the A708 to Selkirk. There is a car park on the left approx.10 miles along the A708. Bring your NTS Car Sticker or Membership Card if you have one

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £13 (130 miles round trip at 10p per mile).

Tuesday 11th June Strathblane Circular Evening Walk Grade C OS Map 64

Leader: Susan Stuart (0141 339 7127 or susan.stuart@ntlworld.com)

An easy flat walk from Strathblane following the water track towards the lower reaches of Dumgoyne, returning by the old railway line - 8 miles. Meet at **Partick Station** at **6.15 pm**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £2 (20 miles round trip at 10p per mile).

Saturday 15th June Stobo Castle to Peebles Full Day Grade B OS Maps 72/73

Leader: John Ballingall (0141 647 8371 or johnlinda30@tiscali.co.uk)

The linear walk follows the John Buchan Way from Stobo Castle to Peebles. Approx 7½ miles and 400m of ascent on tracks. Meet outside **Partick Station** at **9 am**. Car drivers please note-proceed to lay by on B712 approx 75m from Stobo Castle. (We'll walking east via Easter Dawyck Farm) After dropping off passengers, car drivers should proceed to Peebles to park by the river. One person will bring the drivers back to the starting point.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £10 (100 miles round trip at 10p per mile).

Wednesday 19th June Linn Park Evening Grade C OS Map 64

Leader: Barry Pottle (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred) From Cathcart Station, we will walk to the 17th century Snuff Mill Bridge, where we will enter the Park, and head up to Court Knowe, from where Mary Queen of Scots is said to have viewed the Battle of Langside. Our route continues, surrounded by grassland and forest, until we reach the falls (linn) on the White Cart Water which give the park its name. Crossing the river by the White Bridge (also known as the “ha’penny” bridge after the toll charged at one time), we will return along the other side of the White Cart, which is quite different in character, passing close to Holmwood House, designed by “Greek” Thomson. 5½ km/3½ miles.

Meet at **Glasgow Central Station** outside Simply Foods at **6.25 pm** having purchased a return ticket for the 6.35 pm Neilston train to Cathcart

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Saturday 22nd June Woodlands of Easterhouse Half Day Grade C OS Map 64

Leader: Barry Pottle (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred) Easterhouse? Woodlands? Yes, really! We will see little known areas surrounding the “scheme”, on this 4 mile/6½ km mainly level walk through four separate woodlands and enjoy views over Bishop Loch. We will also pass Blairtummock House, the only 19th century house remaining in the Easterhouse area. Meet at **Glasgow Fort Shopping Centre** outside Decathlon Sports Shop (next to Morrisons) at **10 am**. Recommended buses: First Glasgow 19 (Glasgow to Easterhouse), 38 (Woodfarm or Crookfur to Easterhouse), 40 (Sat) & 40A (Sun) (Clydebank to Easterhouse), 41 (Glasgow to Easterhouse) and 43 (Glasgow to Craigend) and Stagecoach X19 (Easterhouse Circular).

Leader will be at one of the two bus stops on West George Street immediately next to the entrance to Queen Street Station, to catch whichever bus comes first after 9.15 am.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Wednesday 26th June Pollok Park Evening Grade C

Leader: Ian Brooke (0141 557 2553 or ic.brooke@virgin.net)

Walk on paths and tracks around the park and along the White Cart Water, past the Burrell Collection and Pollok House. Finish back at Pollokshaws West at approximately 9.15 pm.

Meet at **Glasgow Central Station** outside Marks and Spencer Simply foods at **6 pm**, in order to get the 6.18 pm East Kilbride train to Pollokshaws West station, or meet the train at Pollokshaws West station at 6.27 pm.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Saturday 29th June Pentland Hills Full Day Grade B OS Map 66

Leader: John McNulty (0141 773 0409 or squareloaf@talktalk.net)

A 10 mile circular walk. Meet outside **Partick Station** at **9 am**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution to driver £10 (100 miles round trip at 10p per mile).

Saturday 6th July Criffel Full Day Grade A OS Map 313

Leader: Greg Robertson (07716994026)

A 7.5 mile circular walk from New Abbey NX 965 663. The walk goes over Knockendoch onto Criffel at 569 metres. Country roads and paths with boggy sections.. Great views of the Moffat Hills and over the Solway Coast to Cumbria .Meet outside **Partick Station** at **8 am**. The leader will meet walkers at Sweet Heart Abbey Car Park (free) at 9.45 am approx.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £17 (170 miles round trip at 10p per mile).

Thursday 11th July Colzium House Half Day Grade C OS Map 63

Leader: Catherine Watt (07711 268312 or catherine@cawatt.com)

A delightful circular level walk on good paths through woodland, the Colzium Estate and returning alongside the canal - 7 miles. Meet at **Buchanan Bus Station** at **10.10 am** at the stance for the 10.20 am First Scotland No. 27 Falkirk bus to Kilsyth. If you are coming by car meet the leader outside the swimming pool, Kilsyth at 11.15 am

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Saturday 13th July Kirkintilloch to Torrance Loop Half Day Grade C OS Map 64

Leader: Moira Henderson (01236 630602 or 0775 246 1521)

A 5 mile walk starting and finishing near The Stables, Kirkintilloch – on canal paths, tracks and tarmac. Meet at **Buchanan Bus Station** at **9.10 am** at the stance for the 9.20 am First Scotland Falkirk No 27 bus to The Stables, Kirkintilloch. The leader will meet walkers at the layby opposite The Stables at 9.55 am

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Sunday 14th July Ben Ledi Full Day Grade A OS Map 56

Leader: Alan Watt (alan@cawatt.com or 0772 084 3353)

At 879m high, Ben Ledi is one of the most prominent hills in the Trossachs. We will walk up the popular route from the car park at the southern end of Loch Lubnaig and return via the Stank Glen. The walk is around 10k with a total ascent of about 800m. An alternative walk will be arranged if the weather or visibility is unsuitable. Meet outside **Partick Station** at **9 am**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £6.80 (68 miles round trip at 10p per mile)

Saturday 20th July Around Aberfoyle Full Day Grade B OS Map 57

Leader: John Ballingall (0141 647 8371 or johnlinda30@tiscali.co.uk)

A forestry walk from the car park in Aberfoyle to Braeval and back via view points. Approx 400m of ascent and approx. 7.5 mile Meet outside **Partick Station** at **9 am**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £5.50 (55 miles round trip at 10p per mile).

Sunday 28th July Loch Drunkie Full day Grade C+ OS Map 57

Leader: Linda Aitchison (0141 647 8371 or laitchison138@btinternet.com)

A forest walk of about 7.5 miles mainly on paths. Return along the shore of Loch Venachar.

Meet outside **Partick Station** at **9 am**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £7 (70 miles round trip at 10p per mile).

Sunday 4th Aug “Oot of the World and intae Kippen” Full Day Grade C+ Maps 57/366

Leaders: Tony and Moira Stevens (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)

A 7 mile walk starting at Kippen War Memorial and following country paths around the village.

Meet outside **Partick Station** at **9 am**

Walkers must contact the leaders in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £5.20 (52 miles round trip at 10p per mile).

Sunday 11th August Cairn Table, Muirkirk Full day Grade B+ OS Map 71

Leader: Ian Brooke (0141 557 2553 or ic.brooke@virgin.net)

An approx.15 mile walk taking in Cairn Table (593m). Mainly on good paths and tracks with good views over Ayrshire to Arran and Galloway. Meet outside **Partick Station** at **9 am**.

Walkers must contact the leader a few days in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £8.20 (82 miles round trip at 10p per mile).

Saturday 17th August Heads of Ayr Full Day Grade C+ OS Map 70

Leader: Barry Pottle (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)

A 12 mile (19 km) walk, starting along promenade and seashore towards the foot of impressive cliffs, then turning inland along line of disused railway and returning via woodland paths and public parks. Height negligible, but graded C+ because of length and also some rough walking along seashore. Meet at **Glasgow Central Station** outside Simply Foods at **8.50 am** having purchased a return ticket for the 9 am train to Ayr.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Thursday 22nd August The Whangie Half Day Grade C+ OS Map 64

Leader: Catherine Watt (07711 268312 or catherine@cawatt.com)

A two hour walk to the bizarre rock-feature with a wonderful name. The tracks can be muddy. Return over Auchineden Hill (375m). Meet outside **Partick Station** at **9.30 am**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £2 (20 miles round trip at 10p per mile).

Sunday 25th August Darvel and Loudoun Hill Full Day Grade C+ OS Map 71

Leader: Alan Watt (alan@cawatt.com or 0772 084 3353)

Starting in Darvel in the Irvine Valley, this 15k walk includes Loudoun Hill (316m) and Cairnsaigh Hill (288m), and includes a number of interesting sites along the way. Meet outside **Partick Station** at **9 am**. If going directly, meet in **Darvel** at **10 am** (location TBA).

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £5.60 (56 miles round trip at 10p per mile).

Saturday 31st August Beinn an t-Sidhein(Shian) Full Day Grade B OS Map 57

Leader: Greg Robertson (07716994026)

An initial steep climb through coniferous forest and then over open hillside. Height gained 440 metres and a 5 mile walk. Spectacular views over Loch Lubnaig, Glen Buckie and Balquidder. Meet outside **Partick Station** at **9 am**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £9.60 (96 miles round trip at 10p per mile).

Saturday 7th September Garpol Glen, Moffat Full day Grade C+ OS Map 78

Leaders: Lindsay & Sheila Bowman (07901980880 or sjlbowman@gmail.com)

6 miles A Victorian favourite - Garpol Glen and ruins of Auchencastle.

Meet at **Buchanan Bus Station** at **8.50 am** at the stance for the 9 am X74 Dumfries bus to Moffat. If coming by car exit A74 at Junction 15 and park in High Street, Moffat near the Ram Monument where the leaders will meet walkers at 10 20 am

Saturday 14th September Along the Three Lochs Way Full Day Grade B OS Map 56

This is a joint walk with Edinburgh Ramblers.

Leader: Peter Sanders (0131 667 9223 or peter.sanders@blueyonder.co.uk). Contact Peter for more information about the walk **but contact Barry** (0141 772 2263 or luckydollar@btinternet.com) to let him know if you intend going on the walk.

The 14km walk, along the Three Lochs Way, goes from Craigendoran Station via Darleith Muir, Upper Stonymollan to Balloch Station. Excellent views over the Firth of Clyde and Loch Lomond. 5 hours/280m of ascent. Alight at Craigendoran Station at 10 21am where the leader Peter will meet walkers. Meet Barry outside the main booking office at **Glasgow Queen Station (lower)** at **9.30 am** having purchased a return ticket for the 9.41am Helensburgh train to Craigendoran or join the same train at Partick at 9.47am.

Walkers must contact Barry in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Wednesday 18th September Walk Leaders' Meeting Evening

Please note that this meeting will be held at The Unitarian Church Centre, 72 Berkeley Street at 7 30 pm in the downstairs room. The purpose is to get together and plan the next programme for November 2013 to April 2014. Any member who might consider offering a walk in the future is most welcome to attend. We have a dedicated group of members prepared to lead walks but we are always looking for more leaders. Even offering one walk per programme would be a huge help to the group. Also ideas for new walks would be of interest.

Phone Catherine 07711268312 or email info@glasgowramblers.org.uk for more details.

Thursday 19th Sept Hill House & Highlandman's Road Full day Grade C+ OS Map 56

Leader: Gordon Arthur (07443426941 or gordonarthur50@gmail.com)

Explore the town, countryside and seascape in and around the seaside town of Helensburgh. Walk to Rhu, passing Hill House and proceeding along the Upland way and Highlandman's Rd, with views over the Clyde and Roseneath peninsula. Return along the shoreline. Gradual ascent to Hill House. Meet outside **Partick Station** at **9.35 am** having purchased a return ticket for the 9.47am train to Helensburgh.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Sunday 22nd September Stronend, Fintry Full Day Grade B+ OS Map 57

Leader: Ian Brooke (0141 557 2553 or ic.brooke@virgin.net)

A climb on rough ground and paths up Stronend (511 m) in the Fintry Hills, returning alongside the Endrick Water. Approx 6 miles.

Meet outside **Partick Station** at **9 am**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution to driver £3.60 (36 miles round trip at 10p per mile).

Tuesday 24th September Committee Meeting Evening

All members are welcome to attend the Committee Meeting of Glasgow Ramblers. The meeting will be held at Friends Meeting House, 38 Elmbank Crescent, Charing Cross at 6.30pm.

Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry Pottle (luckydollar@btinternet.com or 0141-772 2263) not later than 5 p.m. on Friday 20th September.

Saturday 28th September Helensburgh to Rhu Full Day Grade C+ OS Map 56

Leader: Denise Connell (0141 632 0832)

A circular route from Helensburgh. Meet outside the main booking office at **Glasgow Queen Station (lower)** at **9.30am** having purchased a return ticket for the 9.41am Helensburgh train or join the train at Partick at 9.47am. The leader will meet the train at Helensburgh at 10.25 am

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Sunday 29th September Ben Lomond Full Day Grade A OS Map 56

Leader: Alan Watt (alan@cawatt.com or 0772 084 3353)

Ben Lomond is 974m in height and, as we start from the loch side at Rowardennan, we have to ascend about 960m to reach the top. On a clear day the views make the climb very worthwhile. The walk distance is about 12k. An alternative walk will be arranged if the weather or visibility is unsuitable. Meet outside **Partick Station** at **9 am**.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £5.20 (52 miles round trip at 10p per mile).

Sunday 6th October Falls of Clyde Nature Reserve, New Lanark Half day Grade C+ Map72

Leader: David Lowrie (0141 423 2139 or davidandgertraute@talk21.com)

Easy track; can be muddy; one moderate ascent; 4.5 miles/7.2km/2 to 4 hrs.

Meet outside **Partick Station** at **9 am**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution to driver £6 (60 miles round trip at 10p per mile).

Saturday 12th October Ashenwell and Alloch Dams Half Day Grade C+ OS Map 64

Leader: Barry Pottle (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)
Starting from Milton of Campsie, a farm road is followed towards the slopes of the Campsie Fells, then a path past Ashenwell Dam and through woodlands to Alloch Dam. Return to Milton via a path beside the Glazert Water and the Strathkelvin Railway Path. About 4 miles (6km), uphill on the farm road, after that mainly level walking. Meet at **Buchanan Bus Station at 9 20 am** at the stance for the 9.31 am First Glasgow No. X85 (Campsie Glen) bus to Milton of Campsie.

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.

Thursday 17th October The Pineapple Half Day Grade C OS Map 366

Leader: Catherine Watt (07711 268312 or catherine@cawatt.com)

The Pineapple near Airth is a wonderful folly built by the earl of Dunmore in 1761. A 6 mile walk from Airth through woodland, farmland and returning along the banks of the River Forth. As well as seeing The Pineapple, the walk goes through the Dunmore Estate and the planned village of Dunmore. Meet outside **Partick Station at 9.30 am**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution £6 (60 miles round trip at 10p per mile).

Saturday 19th October Ballageich Full Day Grade B OS Map 64

Leader: Barry Pottle (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)

This 8 mile (13km) walk will take us to the top of a hill southwest of Eaglesham (1084 feet/330m). In good weather, we should get splendid views to the north over Glasgow to the Campsie Fells and to the south west over the Firth of Clyde. (We will also see hundreds of turbines at Europe's largest windfarm, Whitelees, to the south east; walkers will judge for themselves whether that view is good or bad!) Meet outside **Partick Station at 9 am.**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution to driver £3 (30 miles round trip at 10p per mile).

Saturday 26th October Tinto Hill (2320 ft/ 711 m) Full day Grade B+ OS Map 72

Leader: David Lowrie (0141 423 2139 or davidandgertraute@talk21.com)

Easy hillwalk ;steady ascent – can be steep and boggy on clear path. 4.5 miles /7.2 km /2-4 hrs. Meet outside **Partick Station at 9 am**

Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

Recommended passenger contribution to driver £7 (70 miles round trip at 10p per mile).

Summary

Date	Walk or Event	Full or Half Day or Evening	Grade
3 rd to 6 th May	Scottish Ramblers' Gathering at Dunkeld, Perthshire		
Sun 12 th May	Coulter Fell	Full day	Grade B+
Sat 18 th May	Kirkintilloch to Bar Hill Roman Fort	Full Day	Grade C+
Sat 25 th May	Arrochar to Inveruglas and return	Full Day	Grade B
Tues 28 th May	Navigation Training at Cotswold	Evening	
Thurs 30 th May	Social Evening	Evening	
Thurs 30 th May	Muirshiel Country Park	Half Day	Grade C
Sat 1st June	High Banton	Full Day	Grade B
Tues 4 th June	Committee Meeting	Evening	
Wed 5 th June	Along the Clyde and Victoria Park	Evening	Grade C
Sat 8 th June	White Coomb from Grey Mare's Tail	Full Day	Grade A
Tues 11 th June	Strathblane Circular	Evening	Grade C
Sat 15 th June	Stobo Castle to Peebles	Full Day	Grade B
Wed 19 th June	Linn Park	Evening	Grade C
Sat 22 nd June	Woodlands of Easterhouse	Half Day	GradeC
Wed 26 th June	Pollok Park	Evening	Grade C
Sat 29 th June	Pentland Hills	Full Day	Grade B
Sat 6 th July	Criffel	Full Day	Grade A
Thurs 11 th July	Colzium House	Half Day	Grade C
Sat 13 th July	Kirkintilloch to Torrance Loop	Half Day	Grade C
Sun 14 th July	Ben Ledi	Full Day	Grade A
Sat 20 th July	Around Aberfoyle	Full Day	Grade B
Sun 28 th July	Loch Drunkie	Full day	Grade C+
Sun 4 th Aug	"Oot of the World and intae Kippen"	Full Day	Grade C+

Sun 11 th Aug	Cairn Table, Muirkirk	Full day	Grade B+
Sat 17 th Aug	Heads of Ayr	Full Day	Grade C+
Thurs 22 nd Aug	The Whangie and Auchineden Hill	Half Day	Grade C+
Sun 25 th August	Darvel and Loudoun Hill	Full Day	Grade C+
Sat 31 st August	Beinn an t-Sidhein	Full Day	Grade B
Sat 7 th Sept	Garpol Glen, Moffat	Full day	Grade C+
Sat 14 th Sept	Along the Three Lochs Way	Full Day	Grade B
Wed 18 th Sept	Walk Leaders' Meeting	Evening	
Thurs 19 th Sept	Hill House & Highlandman's Road	Full day	Grade C+
Sun 22 nd Sept	Stronend, Fintry	Full Day	Grade B+
Tues 24 th Sept	Committee Meeting	Evening	
Sat 28 th Sept	Helensburgh to Rhu	Full Day	Grade C+
Sun 29 th Sept	Ben Lomond	Full Day	Grade A
Sun 6 th Oct	Falls of Clyde Nature Reserve	Half day	Grade C
Sat 12 th Oct	Ashenwell and Alloch Dams	Half Day	Grade C+
Thurs 17 th Oct	The Pineapple	Half Day	Grade C
Sat 19 th Oct	Ballageich	Full Day	Grade B
Sat 26 th Oct	Tinto Hill	Full day	Grade B