



ramblers scotland
at the heart of walking

Glasgow Ramblers

Programme of Walks

May to end-October, 2016

All the information in this booklet can also be found on the website:
www.glasgowramblers.org.uk

If you require more information email - **info@glasgowramblers.org.uk**
or visit: **www.facebook.com/glasgowramblers.public**

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The Ramblers' Association is a registered charity (England and Wales no.: 1093577 Scotland no.: SC039799), and a company limited by Guarantee, registered in England and Wales (no. 4458492).

Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London, SE1 7

What You Need to Know

The Ramblers is the representative body for walkers. For over 75 years we have been campaigning in Great Britain to protect the natural beauty of our countryside, promote walking and safeguard public access to land. There is a network of around 500 Groups (nearly 60 in Scotland), which promote walking through regular Programmes of Walks and support the other objectives of The Ramblers.

Ramblers Scotland's website is: www.ramblers.org.uk/scotland

What grade of walk to choose

Please read these notes on walk grades carefully as they contain important advice for those taking part in walks. Each walk in the Programme has a grade, but please also note any extra information provided under the individual walks.

- A+** Severe. Arduous walks for the experienced and very fit, involving some or all of the following factors: on high ground with exposure; steep ascents and descents; at a brisk pace; distance over 15 miles. Standard grading for hill walking in winter conditions.
- A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; steep ascents and descents; distances over 15 miles.
- B+** Between Moderate and Strenuous. For the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
- B** Moderate. Demanding higher standards of fitness and stamina than C+.
- C+** Easy to Moderate. For those with improving fitness, offering some modest challenges.
- C** Easy. Mainly on level ground and often on paths and tracks. The grade of walk is suitable for beginners.

Please note that the grades for walks are intended only as a rough guide. For information on a particular walk, always contact the leader beforehand.

The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.

In dubious weather, it is wise to contact the walk leader beforehand for advice.

Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.

In the interests of safety, the leader may refuse to lead anyone whom he/she considers to be unsuitably equipped.

All walkers must contact the leader by phone or email a few days in advance to confirm the transport arrangements and the walk details. Up-to-date information on walks can be obtained from www.glasgowramblers.org.uk > walks programme > current walk programme. Where cars are needed for a walk, the leader has to know in advance if you require or can offer a lift.

Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.

What to wear and what to bring

- Warm and waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out.
- Strong footwear should be worn for all walks. Walking boots are essential on all Grade A walks and on most Grade B walks, and are advisable on most Grade C walks other than town walks.
- A packed lunch, small snacks and cold drinks are essential. A flask of hot drink is strongly recommended.
- All walkers should carry emergency contact details. The committee has purchased **emergency contact key-rings** which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration.

Barry has been giving these out on walks but, if you still do not have one, email him at luckydollar@btinternet.com or send a SAE to him:

c/o 15 Newton Terrace, Glasgow, G3 7PJ

- It is recommended that all walkers should carry their own First Aid Kit.
- Members of The Ramblers should carry their Membership Card on all walks.
- OS Map Numbers are given in the Programme for each walk, but this is only for the information of those who wish it; it is not necessary for all walkers to bring a map with them.

Registering Your Mobile Phone with the Emergency Services

Those of us who attended the first-aid course last January were reminded about the advantages of using the number 112 to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might. To register any mobile phone, text "register" to 112 or 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life. However, to contact the emergency services by text you have to register your number in advance. 112 is the international number and 999 the UK one for contacting emergency services.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Meeting Places

The meeting place for a walk is always given in the walk description. Our normal meeting places for walks are:

Partick Station or just inside the station entrance if it is very wet. We normally meet here if we are going by car and sometimes when we take a train. The recommended parking for Partick Station is on Beith Street.

Glasgow Central Station: outside M & S Simply Food.

Glasgow Queen Street Station: outside the Main Booking Office.

Glasgow Buchanan Bus Station: by the Travel Information Board.

Sometimes, individual walkers opt to meet the main group at the start of the walk. If you decide to do that, it is essential that the walk leader is aware of where you will be.

Travel to the start of the walk

See Programme for details of the normal meeting place. Everyone pays their own fares on public transport. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount for car sharing is recommended under the details of each walk. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

What happens on the walk?

As groups are usually made up of members with varying walking abilities, all walkers should consider those at the back of the party. Walk leaders especially are reminded that they must set and control the pace of the walk to reflect these differing abilities, and must not allow the pace of the walk to be dictated by a few members of the party who may tend to force the pace. Failure to observe these considerations may deter members from fully enjoying the walk or from tackling higher grades of walk at a future date.

Who is liable on a walk?

Please note that neither the Ramblers Association nor the walk leaders of individual walks can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

Dogs

Registered Assistance Dogs only are allowed on walks.

Group website www.glasgowramblers.org.uk

To get up-to-date information, please check our blog which you can access from the web site, www.glasgowramblers.org.uk, under *news > our blog* to see if any changes have been made to a forthcoming walk. This is particularly important during the winter months. **Any changes will also appear under *walks programme > current walk programme*.**

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the Glasgow Ramblers' Blog. Ideas – weather, conditions, wildlife seen, views, any features. The blog: "Glasgow Rambles", needs to be kept up to date. Any other suggestions or comments on the website would be appreciated. Please email photographs, blog entries, suggestions and comments to: info@glasgowramblers.org.uk.

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to: info@glasgowramblers.org.uk

Facebook

Glasgow Ramblers has a Facebook Page linked to the website. Even though you do not have a Facebook account you can still look at the up-to-date information on the page. However, if you want to put your own photos on or view other people's comments, you need to sign in from a Facebook account. Facebook can be accessed from the web site: www.glasgowramblers.org.uk under: *news > our facebook page* or at: www.facebook.com/glasgowramblers.public.

News

A warm welcome to all the new members who have joined Glasgow Ramblers during the last six months.

Euroorando 2016

Ramblers GB is a member organisation of European Ramblers Association (ERA) and Glasgow Ramblers contributed to the event by designating the walk on Sunday 7th February 2016: "The Magnificent Seven". Euroorando 2016 finishes at a week-long event in Southern Sweden from 10th to 17th September 2016. If anyone wishes to attend, please have a look at the web site: euroorando2016.com where you can book your hike, accommodation and activities.

The Magnificent 7 (Mag 7) - An update on progress

Glasgow Ramblers and Glasgow Young Walkers have adopted the Mag 7 as a partnership project with Gary Linstead from the City Council's Countryside Ranger Service who devised the route. The intention is to way-mark the route and to carry out path improvement work. Eventually it is hoped to produce a leaflet but at present the walk can be accessed on the Ramblers website.

Go to: www.ramblers.org.uk

Then choose 'Find a Walk or Route', click on ROUTES and type in Glasgow to find -

Magnificent 7

Part 1 Linn Park to King's Park

Part 2 King's Park to Ardenraig Road

Part 3 Ardenraig Road to Carmunnock

Part 4 Carmunnock to Linn Park.

Each section is accessible by public transport or the whole route can be done from Linn Park or any other point on the walk. Parts 1 and 2 are available now and Parts 3 and 4 will be available by June.

This is a huge project and those involved will learn a lot about funding, way-marking and path improvement. However, this project is hopefully achievable. Any offers to take part in path improvement days, checking the route or in any other way would be much appreciated. Please email info@glasgowramblers.org.uk

Volunteer path maintenance dates:

Sunday 15th May

Sunday 12th June

Sunday 18th September

Sunday 16th October

If you are interested in helping with path maintenance on any of these dates please email **Steve: chompmancobra@hotmail.com**.

MeetUp

Glasgow Ramblers are trialling a Meetup group as a way to advertise our walks to new people. Meetup is a popular way for people to find other people who share their interests and arrange to meet, so we are hopeful we will reach some new walkers this way. While it is possible for groups to organise themselves solely using the Meetup website, we will be asking people to contact the walk leader if they are planning to attend, particularly for walks involving car-sharing.

You can find us at: <http://www.meetup.com/Glasgowramblers/>.

Ramblers GB-wide Festival of Walks Saturday 3rd September to Sunday 11th September.

This is a Ramblers initiative to introduce new people to the joys of walking and all that the Ramblers can do to help them find their feet. We have two walks in our programme on 3rd September and 11th September. Please bring along any friends or relatives who may be interested.

Glasgow Ramblers Social Weekend at Pitlochry Friday 30th September to Sunday 2nd October

This weekend will suit many different people. There is a choice of four walks, two on Saturday and two on Sunday, from grades A to C. After a day spent out in the fresh air on Saturday, you may wish to relax whilst being entertained at the theatre with "Carousel" at Pitlochry Festival Theatre. After the walks on Sunday the intention is that both walk groups will meet afterwards in Pitlochry for tea and cake to finish off the weekend together. See page 19 of the Programme for full details.

Closure of Upper level, Queen Street Station - 20th March to 7th August

All but the main ticket office and Boots the Chemist will remain open after 20th March until 7th August. Upper level trains will be diverted to either: the low level platforms or Central Station. Please check travel arrangements with walk leaders before turning up for a walk.

Committee Meetings

Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on: 3rd May; 5th July; and 4th October (all Tuesdays) at The Unitarian Church Centre, 72 Berkeley Street in the basement room, starting promptly at 6.30pm. Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141-772 2263) not later than 5:00pm on the Friday before the meeting.

New walk leaders and ideas for walks needed! Please consider leading a walk

We have a dedicated and enthusiastic group of walk leaders but we are always looking for more as well as new ideas for walks. Suggesting a walk does not necessitate leading it. If you wish, we will find another walk leader to do the recce with you.

Offering one walk per programme is an enormous help. For the next programme from November 2016 to April 2017, we shall be holding a planning meeting on Tuesday, 6th September at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7:00 for 7:30 pm. Any member considering offering a walk in the future is most welcome. For ideas or more information, 'phone Margaret, the Programme Coordinator on 0141 221 3598 or email: info@glasgowramblers.org.uk.

Ramblers Scotland Video

To watch a new promotional video from Ramblers Scotland, do a search for Ramblers Scotland – at the heart of walking! Youtube.

The Walking Partnership supported by Ramblers Worldwide Holidays

If you are planning a holiday with Ramblers Worldwide Holidays, please consider nominating Glasgow Ramblers. Depending on your destination, the group can receive a donation of £10, £20 or £30.
www.ramblersholidays.co.uk

PROGRAMME

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Tuesday 3rd May

Committee Meeting

Evening

All members are welcome to attend the Committee Meeting. The meeting will be held at **The Unitarian Church Centre**, 72 Berkeley Street in the downstairs room at **6:30pm**. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact **Barry (luckydollar@btinternet.com OR 0141 772 2263)** not later than 5:00pm on Friday, 29th April.

Sunday 8th May

Cruach Ardrain

Full day

A

Leader: Alan (alan@cawatt.scot [email preferred] OR 07720843353).

This is a challenging walk of around 12 km (7.4 miles) and 920 metres of ascent. It starts at the lay-by just South-west of Crianlarich and eventually reaches the top of Cruach Ardrain at 1,046 metres. There are very steep sections and a few bits with some exposure. On a clear day this Munro should provide excellent views of Ben More, Stob Binnein and numerous other mountains.

A gentler alternative will be arranged if the leader thinks the weather is too harsh.

The walk starts at grid reference: NN 369239; OS Map 50/57.

Meet the leader outside Partick Station at 9:00am or, alternatively, by arrangement at the start of the walk. The recommended passenger contribution is £9.20 (92 mile round trip at 10p per mile).

Wednesday 11th May

Govan Heritage Trail

Half day

C

Leader: Catherine (catherine@cawatt.scot [e-mail preferred] OR 07711268312).

An AFTERNOON, 2 to 3 hours stroll from Partick Station, crossing over the Clyde to BBC Scotland and Govan. We will visit Govan Old Parish Church with its unique collection of early medieval stones. The walk will continue to The Fairfield Govan Heritage Centre which in its heyday was important for ship building on the River Clyde. Before crossing the Clyde by ferry to the Riverside Museum, we will walk through Elder Park. The walk starts at grid reference: NS 555664; OS map 64.

Meet the leader at 1:30pm at Partick Station.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Saturday 11th June White Coomb from Grey Mare's Tail Full Day B

Leader: Greg (0771699 4026)

An 11km (6½ miles) walk over hills, along a waterfall, loch and river with plenty of wildlife and great views. There is a steep ascent of 830m (approximately 2,500ft) and it can be muddy.

The walk starts at grid reference: NT 185145; OS Map Explorer 330.

Meet the leader at 9:00am outside Partick Station.

The recommended passenger contribution to the driver is £13.00 (a round trip of 130 miles at 10p per mile).

Reminder

Confirmation of attendance on the Pitlochry weekend is required no later than the end of June.

Sunday 12th June Magnificent 7 Project - Volunteer Path Maintenance Day

Read all about this project under "News" on page 5. If you are interested in helping with path maintenance, please email Steve at: chompmancobra@hotmail.com.

Tuesday 14th June Queen's Park Evening C+

Leader: Barry (luckydollar@btinternet.com [e-mail enquiries preferred] OR 0141 772 2263)

A 2½ miles (3½ km) walk with some ascent. We will enter the park at Balvicar Street, walking between the boating pond and the duck pond. After passing Camphill House, built in 1798 by Robert Thomson, cotton manufacturer, used as a museum from the 1890s until the 1980s, now flats, we will explore the Scottish Poetry Rose Garden. Opposite the glasshouse (unfortunately closed in the evenings), we can view the Langside Monument, commemorating the Battle of Langside in 1568, which was Mary, Queen of Scots' last attempt to regain the throne. Our route will then take us across the hillside, over the site of an Iron Age camp, to the flagpole at the summit, from where (weather permitting) there will be spectacular views. We will then head down the formal steps at the grand avenue, before leaving the park at Victoria Road. The walk starts at grid reference: NS 577625; OS sheet 64.

Meet the leader at 6:20pm at Central Station: outside M&S Simply Food for the 6:35pm Neilston train to Queen's Park.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Saturday 18th June Smugglers Trail Full day C+

Leader: Beth (b.cockburn@o2.co.uk [email enquiries preferred] OR 07985972621

A 10 miles (16km) walk that follows the historic trail which has been in regular use from early times, including use by smugglers. The walk is an "out and back" walk. We walk from Troon station to Dundonald castle and return. The route is pleasant, includes some wooded areas and has some gentle inclines.

Meet the leader at 8:45am at Central Station outside M&S Simply Food for the 9:00am train to Troon.

Sunday 19th June Bastle House, Louise Wood Law and Dun Law Full day B+

Leader: Bobby (bobby_robb@hotmail.com OR 01415734781)

This 9km (6 miles) walk is a climb over two "Donalds" (Lowland hills over 2000 feet in height), and a visit to a fortified farmhouse. Walk will take between 4 and 5 hours. 600 metres total ascent. Highest height attained 677 metres and walking on rough ground with faint paths. Some steep ascents and descents. The walk starts at grid reference: NS 951140; OS sheet Landranger 78 at approximately 10.15 am.

Meet the leader at Partick Station at 9.00 am. There is parking available at lay-by 2½ miles south of Elvanfoot near junction 14 of M74.

The recommended passenger contribution to the driver is £10.00 (a return trip of 100 miles at 10p per mile). The journey time is one hour.

Tuesday 21st June Mugdock Meander Evening C+

Leader: Gordon (gordonarthur50@gmail.com) OR 07443 426941).

Mugdock Country Park offers a pleasant stroll on a summer evening. There are many and varied points of interest. The 4½ mile (7km) walk starts from Milngavie station, and approaches The South Lodge entrance to the park by way of Mugdock reservoir. It continues past Mugdock Loch to the restored castle, and onwards to take in the view over the city from the vicinity of Khyber Fields. The return route descends to the River Allander, and follows the West Highland Way track back to Milngavie. The route is on paths, tracks, and pavement, with two sections of fairly modest ascent on the outward section of the walk. The walk starts at grid reference: NS 554744; OS Map 64.

Meet at 6:20pm at Partick Station, to catch the 6:31pm train to Milngavie. Alternatively, walkers may join the train at other stations. **The leader will join the train at Anniesland**, and meet the party on arrival at Milngavie at 6:48pm.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Saturday 9th July **Tinto via Lochlyock Hill** **Full day** **B+**

Leader: John B (johnlinda30@tiscali.co.uk or 0141 647 8371)

This 10 mile (16km) walk with an ascent of 707 metres is on part road and part track.

The walk starts at grid reference: NT 963373; OS Map 72.

Meet the leader at 9:00am outside Partick Station.

The recommended passenger contribution to the driver is £7 (a round trip of 70 miles at 10p per mile).

Saturday 16th July **Goat Fell (Arran) by train, ferry, and hiking boot** **Full day** **A**

Leader: Steve (chompmancobra@hotmail.com [e-mails preferred] OR 07967053051)

A lovely day out on the Isle of Arran, by taking the train from Glasgow Central and the ferry from Ardrossan. This was my first ever walk with Glasgow Ramblers, and one I really enjoyed.

Goat Fell is the highest peak on Arran and on a fine day boasts magnificent views. At 874 metres the mountain misses out on being a Munro by a mere 133 feet, and we'll be starting at sea level (since we'll be stepping off the ferry) and therefore ascending all 874 of those metres for approximately 13 km (eight miles). There are good paths for almost the entire climb, and although it does get a bit steep and bouldery towards the summit (although not actually scrambly) the views should be well worth it. Please bring sturdy footwear, waterproofs, and a warm layer as even in summer it can be exposed at the top. The walk starts at grid reference: NS 021359; OS Map Landranger 69 or Explorer 361.

Meet the leader at Glasgow Central at 8:20am: outside M & S Simply Food for the 8:34am train to Ardrossan Harbour, ideally with a return ticket from Central including the ferry to Brodick (although some people may find it cheaper to buy separate train and ferry tickets. We'll be getting the 6:00pm or 7:20pm ferry back. Walkers can choose to meet the leader at Ardrossan if they prefer to drive.

Saturday 23rd July **Loch Ordie** **Full day** **C+**

Leader: John Mc (squareloaf@talktalk.net OR 0141 773 0409)

This is a 10 mile (16km) circuit walk in the Dunkeld area and the walk goes by three lochs.

The walk is on: OS sheet 52.

Meet the leader at 9:00am at Partick Station.

The recommended passenger contribution to the driver is £13 (a 130 mile round trip at 10p per mile).

Saturday 30th July **Cloich Forest** **Full day** **C+**

Leaders: Alistair and Agnes (mramclellan@hotmail.co.uk OR 0141 883 8821)

This is an 8 mile (12.8km) walk with an ascent of 300 metres on minor roads, tracks and paths at Eddleston near Peebles.

The walk starts at grid reference: NT 248474; OS sheet 73 at approximately 10:30am.

Meet the leader at 9:00am at Partick Station.

The recommended passenger contribution to the driver is £13 (a round trip of 130 miles at 10p per mile).

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Saturday 20th August **Carman Muir** **Full day** **B**

Leader: Tony (antonyrosslyn51@yahoo.co.uk OR 0141 942 4777)

From Alexandria Station an interesting 10 mile (16km) walk, with 300 metres of ascent, firstly along the River Leven, then climbing up to Carman Fort and then following the ridge to Stoneymollan Road and then to Lomond Shores and returning to Alexandria Station by the River Leven.

The walk starts at grid reference: NS 394798; OS maps Landranger 63 and 57, Explorer 347 at approximately 9:45a.m.

Meet at 8:40a.m. at Queen St Station: outside the main ticket office to catch the 8:53 a.m. train from Queen Street Low Level to Balloch alighting at Alexandria Station.

The leader will meet walkers at Alexandria Station.

Thursday 25th August **Dumbarton and Dumbarton Rock** **Full day** **C+**

Leader: Catherine (catherine@cawatt.scot [email preferred] OR 07711268312)

This is a circular walk of approximately 3 hours starting at Dumbarton Central on pavements, riverside and parkland paths. The walk passes many fine buildings linked to the town's industrial and historical past and in sharp contrast, through the peaceful Levensgrove Park and then a visit to the craggy iconic Rock with its strategically placed Castle. The admission price is £4.50, £3.60 (concession) or free to Historic Scotland members. There are 547 steps throughout the castle making this a C+ walk but we will go slowly.

The walk starts at grid reference: NS 397755; OS Map 63/64.

Meet the leader outside Partick Station at 9:25am having purchased a return ticket to Dumbarton Central for the 9:38am Helensburgh train. Walkers can catch the 9:27 am train from Glasgow Queen Street and meet the leader on the train or on arrival at Dumbarton Central at 10:03am.

Saturday 27th August **Capel Fell** **Full day** **A**

Leader: Alan (alan@cawatt.scot [email preferred] OR 07720843353)

This fine 18km (11 miles) linear walk starts by the A708 a few km east of Moffat. From there a good track ascends 550m through woods to the open, upper slopes of Capel Fell and then on to the top at 679m. From the summit, the route descends quickly on grassy slopes to reach the Southern Upland Way near Ettrick Head. Following the SUW westwards through open and wooded countryside, the route reaches a minor road just south of Moffat that leads directly back into the town. On a clear day there should be very good views of the Southern Uplands.

The walk starts at grid reference: NT 137079; OS maps 78/79 at approximately 10.30am.

Meet the leader at 9:00am outside Partick Station. Drive to Moffat, park in town centre, then minibus or two taxis to start of walk at Sailfoot. Transport will be arranged from Moffat town centre to the start of the walk. There will be an additional charge of £2 to £3 (TBA) for the minibus. Walkers choosing to join the main party at Moffat must inform the leader to confirm arrangements.

The recommended passenger contribution to the driver is £12.20 (122 mile round trip at 10p per mile).

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Saturday 3rd September Over the Ochils from Gleneagles to Dollar Full Day B+
Leader: Steve (chompmancobra@hotmail.com OR 07967053051)

This 14 mile (22.5km) walk has an ascent of 2200 feet. From Gleneagles station we will follow estate roads to just outside Auchterarder then follow the Cloan burn up the valley, cross the saddle near the windfarm, and follow Borland Glen down to Glendevon where we'll stop for scones at the Tormaukin Inn before taking the track up Glen Quey to Castle Campbell and then downhill into Dollar. There's likely a gate or two to climb on the walk. We take the 4.50pm bus from Dollar to Stirling and then the train home. The maximum elevation is 1500 feet, with a total climb of 2,200 feet. The walk starts at grid reference: NN 928105; OS Sheet: 366 or 58.

Meet the leader at 7:50am at Queen Street Station outside the main ticket office having purchased a return ticket to Gleneagles (approx. £15.40) to catch the 8:06 am train.

Note the early start.

Sunday 11th September Birnam Hill Full day B
Leader: Barry (luckydollar@btinternet.com [e-mail enquiries preferred] OR 0141 772 2263).

A 9 miles (15km) walk. We will climb Birnam Hill (a climb of 1,325ft (404m), then carry on down to walk along the banks of the River Tay, past the 1,000 year old Birnam Oak and under Telford's Dunkeld Bridge, and continue to the wooded Hermitage of Braan, visiting the 18th Century "Ossian's Hall" overlooking the Black Linn falls.

The walk starts at grid reference: NN 031418; OS sheet 52 at approximately 10:30am.

Meet the leader at 9:00am outside Partick Station.

The recommended passenger contribution to the driver is £14.60 (146 miles round trip at 10p per mile).

Thursday 15th September Clyde Views Full Day C+
Leader: Gordon (gordonarthur50@gmail.com OR 07443 426941).

The seaside town of Helensburgh is a pleasant start point for a walk. This excursion will explore the countryside and seascape around the town, and will visit the neighbouring village of Rhu. The walk passes Hill House, and proceeds along the Upland Way and Highlandmans Road, with good views over the Clyde Estuary and Roseneath peninsula. The route then descends to the village of Rhu, where some historical heritage will be explored. The return to Helensburgh is along the shoreline. Distance is seven miles (11km), on paths, tracks, and pavements. There is a gradual ascent to Hill House at the start of the walk. The walk starts at grid reference: NS 297823; OS Map 56.

Meet outside Partick Station at 9.25am having purchased a return ticket for the 9.38am train to Helensburgh Central. **The leader will join the train at Hyndland**, and meet the party on the train or on arrival at Helensburgh Central at 10:16am.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Saturday 17th September **Upper Clyde Valley Explorer** **Full day** **B**

Leader: James (jfm6721@talktalk.net OR 07736390887)

A 16km (10 mile) walk from Carlisle railway station to Lanark with a total ascent of 100m. The route takes us past the birthplace of Major-General William Roy, founder of the Ordnance Survey, and then follows the Clyde Walkway on the banks of the River Clyde as far as the World Heritage Site of New Lanark village. Finally, a short, steep ascent from New Lanark takes us to the finishing point of the walk at Lanark railway station.

The walk starts at grid reference: NS 839501; OS Map Landranger 72 at approximately 10:45am.

Meet the leader in Glasgow Central station outside M&S "Simply Food" at 9.30am having bought a return ticket to Lanark for the 9.50am Lanark train that departs from the high-level station. Walkers may also join the group at Carlisle railway station on arrival of the train at 10.43am.

Sunday 18th September **Magnificent 7 Project - Volunteer Path Maintenance Day**

Read all about this project under "News" on page 5. If you are interested in helping with path maintenance, please email Steve at: chompmancobra@hotmail.com.

Saturday 24th September **Stuc Odhar and Gleann Cassaig** **Full day** **B+**

Leader: Idris (idriscott@waitrose.com [e-mail contact preferred] OR 01436673460).

A circular walk of 8 miles, steep in parts, (with an ascent of 2,400 ft to a maximum of 2093 ft) in the heart of the Trossachs involving minor roads, hill tracks, paths and 2½ miles of rough pathless hillside. Potential for views of Ben Ledi and Ben Venue together with Lochs Achray, Katrine, Venachar, Drunkie and Glen Finglas Reservoir.

The walk starts at grid reference: NN 531073; OS Landranger No. 57 at approximately 10:45am.

Meet at 9:30am outside Partick Station. The leader will meet the group at the starting point of the walk: Glen Finglas car park, 0.8 miles along the Glen Finglas Reservoir road after leaving the A821 at Brig O'Turk. Car park is on the left at a junction where the road turns right and goes uphill.

The recommended passenger contribution to the driver is £7.00 (70 mile round trip at 10p per mile).

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Friday 30th September to Sunday 2nd October Weekend at Pitlochry

Leaders: Ian (ic.brooke@virgin.net OR 0141 557 2553)

Bobby (bobby_robb@hotmail.com OR 0141 573 4781)

This weekend will suit many different people. There is a choice of four walks, two on Saturday and two on Sunday, from grades C to A. After a day spent out in the fresh air on Saturday, you may wish to relax whilst being entertained at the theatre with "Carousel". After the walks on Sunday the intention is that both walk groups will meet afterwards in Pitlochry for tea and cake to finish off the weekend together.

Accommodation: those attending need to book their own accommodation in Pitlochry for both Friday and Saturday evening either at the SYHA or at a B&B in the town and to **let the leaders know no later than end June.**

Theatre: The show is "Carousel" at Pitlochry Festival Theatre. Tickets are £30 (we may be able to get seats at £25 if we book early enough). Those attending the weekend to let leaders know if they would like to go to the theatre **no later than end June**, so that tickets can be booked.

Saturday 1st October

Ben y Vrackie

Full Day

A

Leader: Ian. A walk of 4-5 hours duration and a climb of 720 metres.

Loch Faskally

Half Day

C

Leader: Bobby. An 8 mile (13km) circular walk around Loch Faskally with a 75 metre ascent and will take approximately 3 - 4 hours.

Evening at the Theatre

Carousel at Pitlochry Festival Theatre; the show commences at **8:00pm**.

Sunday 2nd October

Blath Bhalg

Half Day

B

Leader: Bobby A walk of 3 – 4 hours with a 641m ascent (but starts at 380m!).

Craigower

Half Day

C

Leader: Ian A 6 mile (9.6km) walk that will take approximately 2.5 - 3.5 hours.

Tuesday 4th October

Committee Meeting

Evening

All members are welcome to attend the Committee Meeting. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6:30pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact **Barry (luckydollar@btinternet.com OR 0141 772 2263)** not later than 5:00pm on Friday, 30th September.

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Sunday 23rd October **Sron a'Clachain and Finlarig Castle** **Full day** **B**

Leader: Idris (idris.scott@waitrose.com [e-mail contact preferred] OR 01436673460).

In this walk of 7½ miles, with an ascent of 1,600 feet, we follow a mixture of hill paths, open hillside with no paths, minor roads and paths. We visit the summit of Sron a'Clachain before descending to Moirlanich NTS longhouse in Glen Lochay. We then follow a minor road towards Killin before turning off towards Loch Tay to pass the ruined Finlarig Castle. Finally we walk along the shore of Loch Tay back to our starting point.

The walk starts at: grid reference NN 573332; OS Landranger sheet 51 at approximately 10:45am.

Meet at 9:00am outside Partick Station and then car share to: McLaren Hall car park, Killin. The route is via the A81, Callander, A84 and A827 to Killin. Follow A827 and car park is on the left a ½ mile after crossing the River Dochart immediately after passing The Outdoor Centre on the left. It is 112 miles from Partick. **The leader will meet the group at the starting point of the walk.**

The recommended passenger contribution to the driver is £11.20 (112 mile round trip at 10p per mile).

Saturday 29th October **Louden Hill and Cairnsight Hill** **Full day** **B+**

Leader: Alan (alan@cawatt.scot [email preferred] OR 07720843353)

Starting in Darvel in the scenic Irvine Valley, this 15km (9½ miles) walk takes in Loudoun Hill (316m) and Cairnsaigh Hill (288m), and includes a number of interesting historic and prehistoric sites along the way. Parts of the route are on minor roads and tracks, parts on open country. The ascent to the top of Loudoun Hill is steepish at 300m but short and the top offers panoramic views. Sections of the walk may be muddy after rain.

The walk starts at grid reference: NS 564374; OS Map 71 at approximately 10:00am.

Meet the leader at 9:00am outside Partick Station. Alternatively, walkers can meet the main group at the starting point (car park in Darvel) but must confirm details with the leader.

Recommended passenger contribution to driver is £5.60 (56 miles round trip at 10p per mile).

Preview of next Programme – November 2016 to end-April 2017

Thursday 3rd Nov **Drumclog Moor and Dougalston** **Half day** **C**

Leader: Catherine (catherine@cawatt.scot [e-mail preferred] OR 07711268312).

A 5 miles (8km) circular walk from Milngavie Station following the West Highland Way to begin with, then along the side of Murdock and Mraigmaddie reservoirs and back to Milngavie through the Dougalston Woodland.

The walk is on: OS Map 64. The walk starts at approximately 10:07am.

Meet the leader at 9:40am at Partick Station to catch the 9:50am train to Milngavie. Walkers can catch the train from Queen St low-level at 9:44am to **meet leader on the train or on arrival at 10:07am.**

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; where cars are needed for a walk, if you require or can offer a lift.

Up-to-date information on walks can be obtained from: www.glasgowramblers.org.uk > walks programme > current walks programme.

Sunday 6th November The Pineapple from Airth Half day C

Leader: Alan (alan@cawatt.scot [e-mails preferred] OR 0772 0843353)

The Pineapple near Airth is a wonderful folly built by the earl of Dunmore in 1761. This is a 6 mile (10km) walk from Airth through woodland, farmland and returning along the banks of the River Forth. As well as seeing The Pineapple, the walk goes through the Dunmore Estate and the planned village of Dunmore. The walk starts at grid reference: NS 899876; OS map 58 at approximately 10:00am.

Meet the leader at 9:00am outside Partick Station. Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.

The recommended passenger contribution to the driver is £6 (60 miles round trip at 10p per mile).

Summary of Walks

Date	Walk or Event	Full / Half Day / Evening	Grade
Tuesday 3 rd May	Committee Meeting	Evening	
Sunday 8 th May	Cruach Ardrain	Full day	A
Wednesday 11 th May	Govan Heritage Trail	Half day	C
Saturday 14 th May	Exploring North Glasgow	Full day	C+
Sunday 15 th May	Magnificent 7 Project - Volunteer Path Maintenance Day		
Saturday 21 st May	John Muir Way	Full day	C+
Saturday 28 th May	Renfrew Rivers Ramble	Half day	C
Saturday 4 th June	Kings Seat Hill from Tillicoultry	Full day	B+
Wednesday 8 th June	Around Stirling	Full day	C+
Saturday 11 th June	White Coomb from Grey Mare's Tail	Full Day	B
Reminder	Pitlochry Weekend – confirmation required no later than end-June		
Sunday 12 th June	Magnificent 7 Project - Volunteer Path Maintenance Day		
Tuesday 14 th June	Queen's Park	Evening	C+
Saturday 18 th June	Smugglers Trail	Full day	C+
Sunday 19 th June	Bastle House, Louise Wood Law and Dun Law	Full day	B+
Tuesday 21 st June	Mugdock Meander	Evening	C+
Sunday 26 th June	Heads of Ayr	Full day	C+

Date	Walk or Event	Full / Half Day / Evening	Grade
Saturday 2 nd July	Dumfries House	Full Day	C
Tuesday 5 th July	Committee Meeting	Evening	
Thursday 7 th July	Caldercruix to Bathgate	Full day	C
Saturday 9 th July	Tinto via Lochlyock Hill	Full day	B+
Saturday 16 th July	Goat Fell (Arran)	Full day	A
Saturday 23 rd July	Loch Ordie	Full day	C+
Saturday 30 th July	Cloich Forest	Full day	C+
Thursday 4 th August	Drumpellier Country Park	Half day	C
Saturday 6 th August	Clachan of Campsie, Lennoxton & Glazert Water	Full day	C+
Sunday 7 th August	Criffel from New Abbey	Full day	B+
Saturday 13 th August	Lomond Hills Circuit	Full day	B+
Saturday 20 th August	Carman Muir	Full day	B
Thursday 25 th August	Dumbarton and Dumbarton Rock	Full day	C+
Saturday 27 th August	Capel Fell	Full day	A
Saturday 3 rd September	Over the Ochils from Gleneagles to Dollar	Full Day	B+
Sunday 11 th September	Birnam Hill	Full day	B
Thursday 15 th September	Clyde Views	Full Day	C+
Saturday 17 th September	Upper Clyde Valley Explorer	Full day	B
Sunday 18 th September	Magnificent 7 Project - Volunteer Path Maintenance Day		
Saturday 24 th September	Stuc Odhar and Gleann Cassaig	Full day	B+
Friday 30 th September to Sunday 2 nd October	Weekend at Pitlochry	See page 19	
Tuesday 4 th October	Committee Meeting	Evening	
Thursday 6 th October	The Helix and The Kelpies	Full day	C
Saturday 8 th October	Ben Venue - loch to loch traverse	Full day	A
Saturday 15 th October	Ashenwell and Alloch Dams	Half day	C+
Sunday 16 th October	Magnificent 7 Project - Volunteer Path Maintenance Day		
Sunday 23 rd October	Sron a'Clachain and Finlarig Castle	Full day	B
Saturday 29 th October	Louden Hill and Cairnsight Hill	Full day	B+
Thursday 3 rd November	Drumclog Moor and Dougalston	Half day	C
Sunday 6 th November	The Pineapple from Airth	Half day	C

If you have received this copy of the Programme of Walks through the post, it is because we do not have your current email address.

Several email addresses on the list of members of Glasgow Ramblers are out of date.

If you can provide an email address and are willing to have it forwarded to the Ramblers Association please contact Catherine: info@glasgowramblers.org.uk.

Large print copies of this booklet can be obtained on request from info@glasgowramblers.org.uk

or

Barry Pottle,
c/o 15 Newton Terrace,
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