

Glasgow Ramblers

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www.facebook.com/glasgowramblers.public



Programme – November 2017 to April 2018



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CONTENTS

Pages 2 to 5	Info for Walkers - what you need to know
Pages 6 to 8	News
Pages 9 to 17	Walks, meetings and social events

Glasgow Ramblers

A warm welcome to all the new members who have joined Glasgow Ramblers in the last six months. We hope you have enjoyed walking with the group.

If you are not already one of our valued members, give us a try. We are a very friendly walking group. You are welcome to join us on any walk to see if Glasgow Ramblers is for you. Then once you have experienced the views, fun, company and exhilaration, it is just a case of becoming a member.

The Ramblers has a proud history of over 80 years. In that time thousands of people have been helped to enjoy the great outdoors. Glasgow Ramblers is one of nearly 60 Scottish groups (500 in GB). Across the UK, the Ramblers campaign to protect the natural beauty of our countryside, promote walking and safeguard public access to land.

The Ramblers' website has a huge amount of useful information www.ramblers.org.uk

To keep up-to-date, on the website, sign up for the Ramblers Scotland and Ramblers newsletters

Info for walkers - what you need to know Please take time to read this section

Walk Grades are on the next page together with explanatory notes.

We ask walkers to contact the leader by phone or email a few days in advance to say that they would like to go on their walk, confirm the transport arrangements and the walk details. Where cars are needed, the leader needs to know well in advance if you require or can offer a lift.

Sometimes last minute changes are necessary. Up-to-date information on walks can be obtained from www.glasgowramblers.org.uk > **walks > current walks programme**

What to wear and what to bring

Warm and fully waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out. Walking poles are not essential but they can be a help on rough ground.

Strong footwear should be worn for all walks. Walking boots are essential on all walks graded Moderate, Strenuous and Technical. On walks graded Leisurely, walking boots are advisable. If you are travelling by car, please bring a change of footwear and a plastic bag for your dirty boots

A packed lunch, small snacks and a cold drink are essential. A flask of hot drink is strongly recommended.

All walkers should carry emergency contact details. The committee has purchased emergency contact key-rings which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration. Barry has been giving these out on walks but if you need one, email him at luckydollar@btinternet.com or send a SAE: c/o Friels, The Cross, Uddingston, Glasgow, G71 7ES

It is recommended that all walkers should carry their own First Aid Kit.

OS Map Numbers are given but this is only for information; it is unnecessary for all walkers to bring a map.

Walk Grades – as of the previous programme we have moved to the Ramblers' National Grades - **Easy Access, Easy, Leisurely, Moderate, Strenuous and Technical.**
The words in italics are added by Glasgow Ramblers as guidance.

Easy Access - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections, please contact the group running the walk for details.

Typically a walk of only a few miles, mainly on paved areas, parks, canal towpaths or similar; any inclines will be relatively short; no stiles, narrow kissing gates or similar obstacles.

Easy - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

A walk in town or in the countryside, mainly on good paths and tracks; no sustained, steep slopes or significant stretches of slippery/uneven surfaces; normally less than 6 miles

Leisurely - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.

A walk in the country that may involve small hills, short sections that are steep, some rough ground or drops close to the route; normally less than 10 miles.

Moderate - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

A walk that may have significant overall ascent or other demanding aspects such as sections of bog or thick heather; on varied surfaces possibly including open hillside; may be in a remote area; also, min grade for a walk of 10+ miles. Would apply to higher walks in the Campsies and Ochils.

Strenuous - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

Demanding walks on mountains and hills with significant overall ascent and/or sustained steep sections; possibility of rocky, slippery and steep surfaces; some easy scrambling possible; also, min grade for a walk of 15+ miles. Typical grade for a Corbett, Munro or very long walk in summer conditions.

Technical - walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes or crampons. You must contact the organiser or leader in advance for further details.

Mountain walks in winter conditions, walks with height exposure and risk from a fall irrespective of the length and height of the walk. Typical grade for a Munro or Corbett in winter conditions or an exposed ridge walk.

Please note that these grades are only a rough guide and we ask walkers to contact the leader in advance for all our walks. Waterproof clothing and boots are recommended for most of our walks - see Info for Walkers

Other information –

- **Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.**
- The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.
- In dubious weather, it is wise to contact the walk leader the day before to check that the walk is going ahead to ask for advice.
- Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In Winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.
- In the interests of safety, the leader may refuse to lead anyone considered to be ill-equipped eg-wearing denim jeans, no waterproofs, unsuitable footwear for the grade of walk. The leader may also put a limit on the number of people on their walk.

Meeting Places

The meeting place for a walk is always given in the walk description.

Our normal meeting places for walks -

Partick Station: outside or just inside the station entrance if it is very wet.

We normally meet here if we are going by car and sometimes where when we catch a train.

The recommended parking for Partick Station is on Beith Street.

Glasgow Central Station: outside M & S Simply Food.

Glasgow Queen Street Station: outside the Main Booking Office.

Glasgow Buchanan Bus Station: by the Travel Information Board.

If you decide to meet the group at the start of the walk, please ensure that the walk leader is aware that you are going to make your own travel arrangements.

Travel costs

Everyone pays their own fares on public transport. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount for car sharing is recommended under the details of each walk. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

How fast do we walk?

As groups are usually made up of members with varying walking abilities, we should all consider those at the back of the party. We want everyone to enjoy our walks so walk leaders will set a pace that suits everyone, taking account of the type of walk and surroundings. On all but the shortest walks, we have breaks for a drink or something to eat along the way.

Dogs Registered Assistance Dogs only are allowed on walks.

Who is liable on a walk?

Please note that neither the Ramblers nor the walk leaders can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

Registering Your Mobile Phone with the Emergency Services

To contact the emergency services by text you have to register your number in advance to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might.

To register your mobile phone, text "register" to 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Group website www.glasgowramblers.org.uk

To get up-to-date information, please check the walks calendar on the web site.

Any changes will appear under *walks > current walks programme*

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the walk report. Ideas – weather, conditions, wildlife seen, views, any features. Any suggestions, stories, photos or comments on the website would be appreciated. To find a walk report go to the website Past walks > Stories and photos from walks.

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to: info@glasgowramblers.org.uk

Facebook

Glasgow Ramblers has a Facebook Page. There is a link to Facebook on the website home page

News

Parking at Partick

For walks involving car sharing, we usually meet outside Partick Station. With parking meters now in operation in Beith Street and neighbouring areas from Monday to Saturday, all-day parking is not possible. Walks using shared cars should now be held on a Sunday for preference. Be aware you will not be able to leave your car in Partick for any Saturday walks and please plan accordingly

Christmas Dinner **Friday 15th December 7pm for 7.30 pm at the Carlton George Hotel**

If you are interested in joining fellow members of Glasgow Ramblers for the meal, please contact the organiser, Bobby, as soon as possible to book a place.

Email: bobby_robb@hotmail.com Phone: 0141 573 4781

The cost is £31.00 per person for a four-course meal including a free glass of wine.

Full payment must be received by **Saturday 18th November**.

Glasgow Ramblers AGM

Saturday 25th November

All members are invited to attend the AGM. The meeting will be held in The Lecture Room, **Pollok Country Park Visitor Centre**, Old Stable Courtyard, Glasgow, at **10 am for 10.30**. Following the AGM there will be a talk by Gary Linstead, Countryside Ranger, who will then lead a walk. This walk is intended for those attending the AGM, so will start following the close of the meeting. Bring a packed lunch. The walk will begin at the meeting venue, so no transport is required.

A Night at the Opera

Theatre Royal Glasgow, Wednesday 21st February at 7:15pm

Flight by Jonathan Dove. Presented by Scottish Opera, sung in English and often very funny, Flight is based on the true story of a refugee who spent 18 years living in Charles de Gaulle airport. That story was made into a film, The Terminal, starring Tom Hanks. Flight is set entirely in the departures lounge of a large airport, in which a motley crew of characters is stranded overnight. Often sounding more like a Broadway musical, this might just be the opera for those of you who don't like opera!

Upper Circle tickets are priced at approximately £25. Please notify Ian Brooke: ic.brooke66@gmail.com before **30th November** if you would like to come along.

Weekend Away to Arran

Lochranza 20th to 22nd April

See the Walk Programme for details of the walks but one walk is planned for the Friday afternoon and two for both Saturday and Sunday. Accommodation will be at Lochranza Youth Hostel in twin-bedded or four-bedded en-suite rooms. Cost is £52 per person for the two nights. On Friday afternoon it may be possible to leave our bags at the YH and go for a tour of the distillery. It is planned to book somewhere for an evening meal on the Saturday. Otherwise it is self-catering. Travel will be by train and boat, leaving from Glasgow Central. **Expressions of interest to Catherine by 15th December**. Phone: 07711268312 or Email: catherine@cawatt.scot The money must be paid in full by **7th February**.

North Strathclyde Area AGM and Members' Walk

Saturday, 20th January 10am for 10:30

The AGM of North Strathclyde Area of the Ramblers' Association in the lower hall at Lenzie Public Hall. As Glasgow Group forms part of North Strathclyde Area, all Group members are encouraged to attend. The Notice and Agenda for the meeting will be sent to all members in December.

Social Evening

Talk on St Kilda

Tuesday 30th January

We are delighted to welcome Christine McPherson to give us an illustrated talk on St Kilda. These islands have a fascinating history and are located 40 miles west of the Outer Hebrides. Christine is a frequent visitor to St Kilda through her involvement with the National Trust. This promises to be a very entertaining and informative evening. The event will be held at the Unitarian Church Centre, 72 Berkeley Street, Glasgow in the Basement Room. 7:15 pm for 7:30. There is no charge but it would be useful to have an idea about the number of people attending. Can you please let Bobby know by Thursday 25th January. Tea, coffee and cake will be served at 7:15

Scottish Gathering

4th to 7th May

This walking event for all Scottish members. There will be more information in newsletters from Ramblers Scotland but booking will open in January.

Committee Meetings

Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on Tuesday 21st November, Tuesday 16th January and Wednesday 7th March at the Unitarian Church Centre, 72 Berkeley Street at 6:30 pm. Anyone wishing to attend, should contact Barry (luckydollar@btinternet.com or 0141-772 2263) by 5pm on the Friday before the meeting.

West of Scotland Family Walking Group

This new group will be starting in February and will initially have a programme of eight walks with walk leaders from several North Strathclyde Groups and Paisley Ramblers. If you are interested in participating, email Catherine@cawatt.scot. Information will also be on meetup.

The Magnificent Eleven – A progress update

Our last path maintenance day was held in October when we improved drainage along the path from the White Bridge in Linn Park. A big thank you to everyone who has come along. To succeed, the project does require help from our own members. We did a 'pitch' in the Ramblers Scotland Dragon's Den and have received £300 to be spent on equipment. Search for "Walk our Magnificent Eleven" on Facebook to see our new page and like us!

Walk Leaders

New walk leaders are always needed! We have an enthusiastic group of walk leaders but we are always looking for more as well as for new ideas for walks. Suggesting a walk does not necessitate leading it. If you wish, we will find another walk leader to do the recce with you. Offering just one walk helps take the pressure off those leaders who lead several in order for us to have a walk each week. To plan the programme for May to October 2018, we shall be holding a meeting on Tuesday, 27th February at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7:15pm for 7:30.

Katy Robinson of Ramblers Scotland is rolling out induction training for new and prospective walk leaders. The aim is to give walk leaders a greater understanding of what makes a good walk and how to go about delivering one, based on Ramblers guidelines and best practice. The courses have been oversubscribed but more are planned.

The Walking Partnership supported by Ramblers Worldwide Holidays

Many thanks to those of you who have donated money to Glasgow Ramblers by going on holiday with Ramblers Worldwide Holidays. If you nominate Glasgow Ramblers and, depending on your destination, the group will receive a donation of £10, £20 or £30. www.ramblersolidays.co.uk

Walks PROGRAMME

Before you contact the leader get up-to-date information on the walk on the website
www.glasgowramblers.org.uk > walks > current walks programme

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; and where cars are needed for a walk, if you require or can offer a lift.

Events, meetings and important dates are in italics.

More information on each of these can be found on pages 6 to 8 under NEWS

Sat 4 November 2017 10:15 - 7 miles/11.3 km - Strenuous

Luss Horseshoe (Beinn Dubh)

Starts at 10:15: Should be getting off the bus at the A82 layby about 10.12am (G83 8NZ, NS360929)

Meet at 09:00 at Buchanan Bus Station with a return ticket to Loch Lomond (Luss Village) (G2 3NW, NS591658)

Taking the bus to Luss, for the steep climb up to the Graham, Beinn Dubh. Spectacular views of Loch Lomond if we have any kind of decent weather.

Book your bus ticket in advance, both ways - buses can be full on this route. I plan to get the 1612 bus back from Luss. Note you need to put "Loch Lomond" into the Citylink ticket site to get a ticket for Luss.

The route is boggy so wear boots. Also it's Winter and this is an exposed hill so make sure you have hat, gloves, waterproofs, and a warm layer.

Circular walk

Contact: Steve, 07967 053051 , chompmancobra@hotmail.com

Ascent: 725 meters

Thu 9 November 2017 10:00 - 5 miles/8.1 km - Leisurely

Lyle Hill and Greenock Esplanade

Starts at 10:00: Outside Fort Matilda Station, Greenock at 10 am (PA16 7TU, NS256775)

Meet at 09:15: outside MnS Simply Food in Glasgow Central Station. Purchase a return ticket to Fort Matilda for the 09:25 Gourrock train. (G2 8AQ, NS587651)

From Fort Matilda station, the route leads up to Lyle Hill with amazing views over the Clyde and beyond. On the western brow of the hill is a memorial to the Free French forces who fought in WW2. Then walk continues downhill to the coast with a coffee stop at the Beacon Arts Centre before returning to the station via the Greenock Esplanade. The grand houses here were funded from the profits made in shipping, shipbuilding, engineering and sugar.

Circular walk

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sun 12 November 2017 10:10 - 7.5 miles/12 km - Leisurely

Dalzell Estate and Baron's Haugh

Starts at 10:10: The leader will meet walkers at Airbles Railway Station, Motherwell, where the walk starts. (ML1 2SX, NS750561)

Meet at 09:20: Catch the 09:27 Motherwell train from Patrick Station, having bought a return ticket to Airbles Station. The same train can be caught at Central Station Low Level at 09:37. (G11 6DB, NS556664)

A lovely, interesting walk on pavement, good paths and tracks along the Clyde Walkway, in Dalzell Estate and around Baron's Haugh RSPB nature reserve. The reserve will reveal meadow, marshland, scrub, woodland and river habitats. Dalzell Estate is home to the Covenanters' Oak - reputed to be the oldest living thing in North Lanarkshire. There is also a temple, a well, a mausoleum, a ha-ha, a Japanese garden and a cave to have a look at.

Map - OS 64

Circular walk

Contact: Anne, 07977635467, athomson555@gmail.com

Ascent: 120 meters

Sat 18 November 2017 10:15 - 9.9 miles/16 km - Leisurely

River Ayr Way part 4

Starts at 10:15: We reach Ayr at 09:16 and will then catch the 43A Annbank bus at 09:47 and arrive at 10:15 (KA6 5EG, NS406230)

Meet at 08:15 in Glasgow Central Station outside M&S Simply Food having bought a return ticket to Ayr for the 08:30 am train. (G2 8AQ, NS587651)

This is the 4th and final section of the River Ayr Way from Annbank to Ayr. The walk descends to the river where it is forced between rocks to form the Auld Ha' Weel where the water can be 16m deep. The walk continues through woodland, up to the viewpoint at Wallace's Seat, through Auchencruive, past the University of the West of Scotland campus to emerge at the coast. The official end is at the lighthouse on the South Pier.

Please note the early start

Linear walk

Contact: Alan, 07720843353, alan@cawatt.scot

Sat 25 November 2017 10:30

Group AGM

10:30 Pollok Country Park Visitor Centre Glasgow, G43 1AT

Sun 3 December 2017 - 7 miles/11.3 km - Leisurely

Harlaw and the Poet's Glen

Starts: EH14 7AR, NT163663

Meet at 09:00: outside Partick Station (G11 6BZ, NS556664)

A walk from Balerno on the outskirts of Edinburgh. Goes past Harlaw Reservoir and close to, but not up onto, the Pentland Hills. Then visits the glen of Kinleith Burn, associated with the "weaver poet" James Thomson (1763-1832). (Walkers are warned that they may be subjected to recitation by leader.) Returns to Balerno via the Water of Leith Walkway.

96 mile round trip: suggested passenger contribution for car sharing is £9.60

Circular walk

Contact: Barry, 01417722263, luckydollar@btinternet.com

Thu 7 December 2017 09:30 - 5 miles/8.1 km - Easy

Bridges of the Kelvin

Starts at 09:30: meet in the ticket office, Anniesland Station NS549687 (G12 0AP, NS549687)

A morning walk alongside two of the waterways of Glasgow's West End, the Forth and Clyde Canal and the River Kelvin.

From Anniesland station, the walk leads to the canal at lock 27. Following the canal eastward, the route joins the Kelvin Walkway after crossing the Kelvin aqueduct. From here to Dumbarton Road, the River Kelvin is spanned by 18 bridges, of varied construction and grandeur, and the route passes over and under many of these. There is the possibility of a visit to Botanic Gardens two thirds of the way round, and after the last bridge at Dumbarton Road, the walk will finish at Partick station.

Distance is 5 miles, on paths, canal towpath, and pavement, with no significant gradients.

Linear walk

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Sun 10 December 2017 09:45 - 10 miles/16.1 km - Leisurely

Partick to Milngavie

Starts at 09:45: Outside Partick station (G11 6RY, NS556665)

A 10 mile mainly level walk from Partick Station to Milngavie Station along the rivers Kelvin and Allander.

Linear walk

Contact: Tony, 0141 942 4777, antonyrosslyn51@yahoo.co.uk

Sat 16 December 2017 10:15 - 7 miles/11.3 km - Leisurely

Bar Hill and the Antonine Wall

Starts at 10:15: Croy Railway Station when the train arrives 10:12 (G65 9JG, NS729755)

Meet at 09:45: Meet at Glasgow Queen Street outside the booking office at 09:45 having purchased a return ticket for the 10am Edinburgh train (G1 2AG, NS592655)

A leisurely 7 mile circular walk taking in two hill forts and a section of the Forth and Clyde canal. Some steep sections.

Circular walk

Contact: Susan, 0141 339 7127, susan.stuart@ntlworld.com

Sun 31 December 2017 - 8 miles/12.9 km - Moderate

Good Crieff!

Starts: PH7 4JJ, NN857221

Meet at 09:00: outside Partick Station (G11 6BZ, NS556664)

Two walks, each around 4 miles/6 km. Walkers can do one as a half day walk, or both as a full day. The first walk goes from Taylor Park in Crieff up to The Knock (278 metres) then back to the start by a different route. The second goes over the wooded Laggan Hill (156 metres), and back via Lady Mary's Walk along the River Earn.

Circular walk

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sat 6 January 2018 10:15 - 7.5 miles/12.1 km - Leisurely

West Highland Way and Mugdock Country Park

Starts at 10:15: Milngavie Train Station (G62 8BS, NS555744)

A circular walk along the West Highland Way to Carbeth, returning via Mugdock Country Park and Mugdock reservoirs.

Meet outside M&S Simply Foods in Glasgow Central Station at 9.20am having purchased a return ticket to Milngavie. We will catch the 9.40am train to Milngavie from the low level station.

Walk is on Explorer Map 348.

Circular walk

Contact: Gareth, 0141 571 0394, garethm62@hotmail.com

Thu 11 January 2018 10:00 - 5 miles/8.1 km - Easy

Hidden Animals of the Westend

Starts at 10:00: Meet outside Hillhead Underground Station at 10am (G12 8SH, NS566670)

The walk will meander through streets, lanes and parks looking for animal statues and features on buildings. There is a lot to see around Woodlands, Kelvingrove and the University. There will be a coffee stop at An Clachan. Boots unnecessary and the walk will take less than 3 hours.

Circular walk

Contact: Alan, 07720843353, alan@cawatt.scot

Sat 13 January 2018 09:30 - 9 miles/14.5 km - Moderate

The Greenock Cut and Kelly Cut

Starts at 09:30: we'll be getting off the train at Drumfrochar about 9.30 (PA15 4JW, NS267754)

Meet at 08:40: Outside Simply Foods in Glasgow Central. Meet at 08.40 for the 08.55 train with a return to Wemyss Bay (G2 8AQ, NS587651)

A linear walk from Drumfrochar to Wemyss Bay station following the historic aqueducts built in the 1820s. After a steep climb up from the station the walk is flat, but may be muddy in places. The visitor centre halfway along is closed in Winter but we'll be able to get a coffee in Wemyss Bay before getting the train back.

Circular walk

Contact: Steve, 07967 053051 , chompmancobra@hotmail.com

Ascent: 60 meters

Sat 20 January 2018 10:30

North Strathclyde Area AGM

10:30 lower hall, Lenzie Public Hall Kirkintilloch Road, Lenzie, G66 4LD

Sun 28 January 2018 - 6 miles/9.7 km - Moderate

Aber Path and Duncryne

Starts: G83 8NF, NS428863

Meet at 09:00: outside Partick Station (G11 6BZ, NS556664)

Walkers can join either or both of the following walks:

First walk (easy) along path from Gartocharn Village to Net Bay on the Banks of Loch Lomond, with optional easy uphill extension to viewpoint above River Endrick. Return to Gartocharn by same route. Total distance both ways: 4 miles/6 km.

Second walk: (moderate). A short but steep climb to an excellent viewpoint (weather permitting). The length is 2 miles/3 km. Height climbed – 460 feet/142m.

Circular walk

Contact: Barry, 01417722263, luckydollar@btinternet.com

Tue 30 January – **Social Evening** – St Kilda talk

See the News section for details.

Sun 4 February 2018 - 8 miles/12.9 km - Leisurely

Greenock Cut

Starts: Greenock Cut Visitor Centre (PA16 9LX, NS248721)

Meet at 09:30: Outside Partick Station (G11 6RY, NS556665)

A 8/9 mile walk mostly on good tracks, above Greenock with good views across the Clyde.

56 mile round trip: suggested contribution for car-sharing £5.60

Circular walk

Contact: Alistair and Agnes, 0141 883 8821, mramclellan@hotmail.co.uk

Sun 4 February 2018 11:05 - 3 miles/4.8 km - Easy Access

Balloch Country Park

Starts at 11:05: Meet outside Balloch Visit Scotland iCentre, directly opposite Balloch Central Station at 11:05.

The leader will be on the 10:15 train from Glasgow Central which arrives at Balloch Railway Station at 11:03.
(G83 8SS, NS389819)

This will be the inaugural walk for the West of Scotland Family Walking Group. Everyone is welcome but a special invitation to those with children and grandchildren. From Balloch Station we will head up along the east side of the River Leven into Balloch Country Park. We will stop for a break beside the Boathouse and playpark before going in search of a castle, a walled garden and some fairy houses.

Circular walk

Contact: Catherine, 07711268312, catherine@cawatt.scot

Thu 8 February 2018 09:15 - 6 miles/9.7 km - Leisurely

Strathblane to Milngavie

Starts at 09:15: The walk will start opposite the Kirkhouse Inn, Strathblane when the bus arrives at 09:50 (G63 9BE, NS562793)

A linear walk from Strathblane to Milngavie past the Gowk Stone, through Mugdock Country Park and along part of the West Highland way. Folklore has it that sliding down the west face of the Gowk Stone will make all your wishes come true. So be careful what you wish for!

We will arrive at Milngavie Railway Station at 09:32 and we will then catch the 09:38 B10 Balfron bus to Strathblane. Alternative travel arrangements; the B10 Balfron bus leaves Buchanan Bus Station at 09:00 and arrives at Milngavie Railway station at 09:38 where those coming by train will get on the bus.

Linear walk

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sun 11 February 2018 10:15 - 11 miles/17.7 km - Leisurely

South Queensferry to Cramond and back

Starts at 10:15: New Halls Road car park, South Queensferry, beside the Forth Rail Bridge (EH30 9TA, NT135783)

Meet at 09:00: G11 6RY, NS556665

Along the John Muir Way beside the Firth of Forth to the historic fishing village of Cramond, and back to South Queensferry via Dalmeny House and Park.

The recommended passenger contribution to the driver is £10.40 (a round trip of 104 miles at 10p per mile).

Circular walk

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sat 17 February 2018 10:00 - 7 miles/11.3 km - Leisurely

Knapps Dam

Starts at 10:00: Gryffe Grove car park,
Bridge of Weir (PA11 3NU, NS386657)

Meet at 08:55: At the information board in the main concourse of Glasgow Buchanan Bus Station, to catch the 09.10 McGills X7 Greenock (via Kilmacolm) bus to Bridge of Weir (G2 3NW, NS592658)

We will walk from Bridge of Weir along the River Gryffe to Quarrier's village, then via quiet roads and cycle track to Knapps Dam. There is a short climb to the high ground overlooking Knapps Dam, then through woodland and quiet roads back to Bridge of Weir.

Circular walk

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sun 25 February 2018 - 8 miles/12.9 km - Moderate

Broughton Heights and Trahenna Hill

Starts: Walkers car park at the end of Broughton Place, Broughton. (ML12 6HJ, NT119374)

Meet at 09:00: Meet outside Partick Station at 9 am (G11 6RY, NS556665)

A good high level walk from the village of Broughton that takes in the hills of Green Law, Broughton Heights, Hammer Head and Trahenna. Mostly on good paths and tracks and partly on the John Buchan Way.

Recommended passenger contribution £9.60 (96 miles return journey)

Circular walk

Contact: Alan, 07720843353, alan@cawatt.scot

Ascent: 744 meters

Thu 1 March 2018 10:30 - 7.5 miles/12.1 km - Leisurely

Chatelherault

Starts at 10:30: Leader will meet walkers at Chatelherault Railway Station at 10.20.(ML3 7WS, NS742542)

The 09.46 train from Glasgow Central gets into Chatelherault at 10.16 so you may wish to take this train.

A walk in the beautiful Chatelherault Country Park

Circular walk

Contact: John B, 0141 647 8371

Sat 3 March 2018 10:00 - Leisurely

The Whangie

Starts at 10:00: Meet at 10am at the Queens View car park on the A809. (NS511808) (G63 9BA, NS510807)

This walk is part of the West of Scotland Family Walking Group. Everyone is welcome and for those wanting a more strenuous walk there will be an extension to Burncrooks reservoir doubling the length of the walk.

A walk to a bizarre rock feature in the Kilpatrick Hills. It is a steady gradual climb up but the views over Loch Lomond are worth the effort. Entering the massive gash in the hillside is very exciting. The Whangie is a fascinating geological fault, 50 ft deep and 300 ft long. The path may be very muddy in places.

Walkers should make their own way to the Queen's View carpark for this walk.

Circular walk

Contact: Catherine, 07711268312, catherine@cawatt.scot

Ascent: 180 meters

Sun 11 March 2018 10:15 - 5.5 miles/8.8 km - Moderate

[Cruach Tairbeirt and the Hidden Heritage Trail](#)

Starts at 10:15: Walk starts from The Three Villages Community Hall in Arrochar. The hall is on the left. Parking is available in the hall car park where the walk will start at 10:15am. (G83 7AU, NN296041)

Meet at 09:00: Outside Partick Railway Station (G11 6RY, NS556665)

The walk and follows, in part, the long distance footpath, The Three Lochs Way and Hidden Heritage Trail. A steep boggy path through a forest before following a short path leading to the summit of a truly wonderful little hill with really big views.

The recommended passenger contribution to driver: £7 (70 mile round trip at 10p per mile)

Circular walk

Contact: Bobby, 01415734781, bobby_rob主@hotmail.com

Ascent: 470 meters

Thu 15 March 2018 10:20 - 6 miles/9.7 km - Easy

[Drumpellier Country Park](#)

Starts at 10:20: Catch the low level train from Glasgow Queens Street to Blairhill Station at 09:56. The leader will meet the group at Blairhill Station when the train arrives at 10:17 (ML5 2EY, NS722655)

6 miles circular walk from Blairhill Station, good paths which can be muddy in places

Circular walk

Contact: John, 0141 773 0409, squareloaf@talktalk.net

Sat 17 March 2018 10:30 - 3 miles/4.8 km - Easy

[Linn Park Circular](#)

Starts at 10:30: At 10:30 at the gates to Linn Park, Clarkston Road (G44 3QL, NS578590)

This walk is on the programme of the West of Scotland Family Walking Group. All members are most welcome From the gates of Linn Park on Clarkston Road, the walk will cross the White Bridge and continue along the north bank of the River Cart to Snuffmill Bridge. We will stop at the playpark in Linn Park and perhaps make a detour to Castle Knowe where Mary Queen of Scots watched the Battle of Langside. The return will be on the opposite bank visiting the Linn Waterfall. There are a few ups and downs making this walk unsuitable for a pushchair.

Circular walk

Contact: Rachel, rachelgillespie@talktalk.net

Sun 18 March 2018 10:00 - 5.6 miles/9 km - Moderate

[Bastle House, Louise Wood Law and Dun Law Revisited](#)

Starts at 10:00: There is parking available at lay-by 2½ miles south of Elvanfoot near junction 14 of M74. The walk will start from the car park. (NS951140)

Meet at 09:00: In the car park outside Partick station (G11 6BU, NS556665)

This 9km (6 miles) walk is a climb over two "Donalds" (Lowland hills over 2000 feet in height), and a visit to a fortified farmhouse. Walk will take between 4 and 5 hours. 600 metres total ascent. Highest height attained 677 metres and walking on rough ground with faint paths. Some steep ascents and descents.

The recommended passenger contribution to the driver is £10.00 (a return trip of 100 miles at 10p per mile). The journey time is one hour each way.

Circular walk

Contact: Bobby, 01415734781, bobby_rob主@hotmail.com

Sat 24 March 2018 10:00 - 10 miles/16.1 km - Leisurely

[Mugdock Meander](#)

Starts at 10:00: Milngavie Station (G62 8BS, NS555744)

Meet at 09:20: Outside M&S Simply Food at Central Station to catch the 9.40 train to Milngavie. (G2 8AQ, NS587651)

A leisurely walk through Mugdock Country Park and surrounding area.

Circular walk

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Thu 29 March 2018 10:10 - 7.5 miles/12.1 km - Leisurely (Finishes 14:30 approx.)

[Linlithgow by the Union Canal](#)

Starts at 10:10: Polmont station (FK2 0UF, NS931781)

Meet outside the ticket office at Queen Street station at 9:30, to catch the 9:45 train to Polmont, having purchased a return ticket to Linlithgow.

This walk follows a pleasantly rural stretch of the Union Canal, from Polmont station to Linlithgow. The walk crosses the Avon aqueduct, the longest in Scotland and second longest in Britain, and reaches Linlithgow at the Manse Road basin, where the Linlithgow Canal Centre is situated. At this point, there is an option to return by train from Linlithgow, or continue with a circuit of Linlithgow Loch.

Distance is 5.5 miles from Polmont to Linlithgow, with an additional 2 miles if completing the circuit of the loch.

Paths, canal towpath, and pavements, with no significant gradients.

Linear walk

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Sat 31 March 2018 10:10 - 8 miles/12.9 km - Moderate

[Killearn Circular](#)

Starts at 10:10: The walk starts at the car park opposite the Co-op in Killearn when the bus arrives (G63 9NH, NS523859)

Meet at 08:45: Meet at Buchanan Bus Station under the Information boards at 08:45 to catch the C10 Balfron bus at 9 am (G2 3NW, NS592658)

We will start by walking along the pipe track to the foot of Dumgoyne, turning uphill onto a land rover track, taking us through open country to a fairly steep descent into Killearn. Weather permitting there should be splendid views over the village and to the far hills. Finishing point: centre of Killearn (good coffee shops and pub)

Alternative travel. The C10 Balfron bus departs Milngavie Railway Station at 09:38

Circular walk

Contact: Susan, 0141 339 7127, susan.stuart@ntlworld.com

Sun 8 April 2018 10:30 - 6.8 miles/11 km - Leisurely

[Fairy Hill, Strathyre \(and a little bit more\)](#)

Starts at 10:30: Car park at the Broch Cafe, Strathyre (FK18 8NA, NN560171)

Meet at 09:00: Outside Partick Station (G11 6RY, NS556665)

A waymarked walk starting at the Broch Cafe car park near Strathyre, climbing Fairy Hill (Beinn An t-Sidhein)

Leader will meet the walk at the Broch Cafe car park at 10.30am. Car sharing from Partick - suggested passenger contribution for 90 mile round trip £9

Circular walk

Contact: Moira, 07982330096, moirah147@icloud.com

Sun 15 April 2018 - 14 miles/22.5 km - Moderate

[Around Deuchary Hill](#)

Starts: PH8 0EU, NO047447

Meet at 08:30: Outside Partick station (G11 6RY, NS556665)

This walk is mainly over rough estate and forest tracks in the Dunkeld area

154 mile round trip - suggested contribution for car passengers £15

Circular walk

Contact: Alistair and Agnes, 0141 883 8821, mramclellan@hotmail.co.uk

Fri 20 April 2018 17:15 - 4 miles/6.4 km - Easy

Fairy Dell

Starts at 17:15: Lochranza Youth Hostel (KA27 8HH, NR990498)

An evening walk starting from Lochranza Youth Hostel to the castle and then round the headland at Newton Point to the white cottage at Fairy Dell. You are looking west to the Mull of Kintyre.

Part of Glasgow Ramblers weekend trip to Arran

Circular walk

Contact: Alan, 07720843353, alan@cawatt.scot

Sat 21 April 2018 09:00 - 8.7 miles/14 km - Strenuous

Beinn Bharrbain Horseshoe

Starts at 09:00: The bus is due to arrive at Pirnmill at 08:58 (KA27 8HP, NR872441)

Meet at 08:30: Meet outside the Lochranza Youth Hostel at 08:30 to catch the 08:43 bus to Pirnmill (KA27 8HH, NR990498)

Weekend on Arran - members only.

A fine ridge walk over Beinn Bhreac and Mullach Buidhe starting from Pirnmill on the West coast of Arran. Views across to Kintyre and beyond to Jura.

Circular walk

Contact: Alan, 07720843353, alan@cawatt.scot

Sat 21 April 2018 10:15 - 9 miles/14.5 km - Leisurely

Arran Coastal Way - Sannox to Lochranza

Starts at 10:15: Sannox when the bus arrives (KA27 8JD, NS017451)

Meet at 09:40: Meet outside the Lochranza Youth Hostel at 09:40 to catch the bus at 09:54 to Sannox (KA27 8HL, NR934504)

Possibly the finest section of the Arran Coastal Way. The route is close to the shore but after Laggan there is a section which is rocky with some scrambling to cross the An Scriodan boulders. The track may be boggy in places. We'll pass Hutton's Unconformity before walking into Lochranza.

After the walk an opportunity to go to the Lochranza Distillery where there is a pleasant cafe.

Linear walk

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sun 22 April 2018 10:40 - 10 miles/16.1 km - Leisurely

Brodick and Lamlash circuit

Starts at 10:40: Brodick Ferry Terminal (KA27 8AY, NS021358)

Meet at 09:40: Outside Lochranza Youth Hostel at 09:40 to catch the bus to Brodick at 09:54 (KA27 8HH, NR990498)

The route heads south east from Brodick along the coastline to Lamlash and returns from Lamlash going uphill to a viewpoint before descending through the Fairy Glen. There are wonderful views over Holy Island.

Ferry at 16:40 back to Glasgow Central at 18:44

Ferry at 19:20 back to Glasgow Central at 21:14

Circular walk

Contact: Catherine, 07711268312, catherine@cawatt.scot

Thu 26 April 2018 10:30 - 5 miles/8.1 km - Leisurely

Around Lochwinnoch

Starts at 10:30: Lochwinnoch Station PA12 4JF, NS360579

The walk starts from Lochwinnoch station and will include walking part of the Semple trail and visiting Collegiate Church. There will be the opportunity for tea/coffee at the RSPB centre at Lochwinnoch at the end of the walk.

Circular walk

Contact: Beth, 07985972621, b@cockburn.eu

Sat 28 April 2018 10:05 - 9 miles/14.5 km - Moderate

Bishop's Seat and Bishop's Glen

Starts at 10:05: Gourock Ferry Terminal (PA19 1QR, NS243780)

Meet at 09:15: Meet at Glasgow Central Station outside M & S Simply Food at 9:15am to catch the 9:25am train to Gourock. NB a combined rail / ferry return ticket to Dunoon may be cheaper than buying separate rail / ferry return tickets. (G2 8HA, NS587651)

After taking the wee ferry to Dunoon, the walk is a gentle climb along felled-forest tracks with wide views over the River Clyde before ascending a faint path through trees and open hillside to the summit of Bishop's Seat. This is followed by a descent on the open (boggy) hillside before regaining forest tracks back to Dunoon via Bishop's Glen. The walk is 9 miles long and involves 600 metres of ascent to a maximum height of 504 metres along forest tracks and paths except for $\frac{3}{4}$ mile of damp boggy hillside with no path or only a faint path.

Circular walk

Contact: James, 07736-390887, jfm6721@talktalk.net

Ascent: 600 meters

If you have received this copy of the Programme through the post, it is because we do not have your current email address.

Several email addresses on the list of members of Glasgow Ramblers are out of date.

If you can provide an email address and are willing to have it forwarded to the Ramblers please contact Catherine: info@glasgowramblers.org.uk.

Please note we intend to move from printed programmes to online only starting from Winter 2018. It will still be possible to print a copy or obtain one on request.

Large print copies of this booklet can be obtained on request from info@glasgowramblers.org.uk

or

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