

Glasgow Ramblers

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Programme – May to October 2017



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Glasgow Ramblers

A warm welcome to all the new members who have joined Glasgow Ramblers in the last six months. We hope you have enjoyed walking with the group.

If you are not already one of our valued members, give us a try. We are a very friendly walking group. You are welcome to join us on any walk to see if Glasgow Ramblers is for you. Then once you have experienced the views, fun, company and exhilaration, it is just a case of becoming a member.

The Ramblers has a proud history of over 80 years. In that time thousands of people have been helped to enjoy the great outdoors. Glasgow Ramblers is one of nearly 60 Scottish groups (500 in GB). Across the UK, the Ramblers campaign to protect the natural beauty of our countryside, promote walking and safeguard public access to land.

The Ramblers' website has a huge amount of useful information www.ramblers.org.uk

To keep up-to-date, on the website, sign up for the Ramblers Scotland and Ramblers newsletters

Info for walkers - what you need to know

Please take time to read this section

Walk Grades are on the next page together with explanatory notes.

We ask walkers to contact the leader by phone or email a few days in advance to say that they would like to go on their walk, confirm the transport arrangements and the walk details. Where cars are needed, the leader needs to know well in advance if you require or can offer a lift.

Sometimes last minute changes are necessary. Up-to-date information on walks can be obtained from **www.glasgowramblers.org.uk > walks > current walks programme**

What to wear and what to bring

Warm and fully waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out. Walking poles are not essential but they can be a help on rough ground.

Strong footwear should be worn for all walks. Walking boots are essential on all walks graded Moderate, Strenuous and Technical. On walks graded Leisurely, walking boots are advisable. If you are travelling by car, please bring a change of footwear and a plastic bag for your dirty boots

A packed lunch, small snacks and a cold drink are essential. A flask of hot drink is strongly recommended.

All walkers should carry emergency contact details. The committee has purchased emergency contact key-rings which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration. Barry has been giving these out on walks but if you need one, email him at luckydollar@btinternet.com or send a SAE: c/o 15 Newton Terrace, Glasgow, G3 7PJ

It is recommended that all walkers should carry their own First Aid Kit.

OS Map Numbers are given but this is only for information; it is unnecessary for all walkers to bring a map.

Walk Grades – as of the previous programme we have moved to the Ramblers' National Grades - **Easy Access, Easy, Leisurely, Moderate, Strenuous and Technical.**

The words in italics are added by Glasgow Ramblers as guidance.

Easy Access - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections, please contact the group running the walk for details.

Typically a walk of only a few miles, mainly on paved areas, parks, canal towpaths or similar; any inclines will be relatively short; no stiles, narrow kissing gates or similar obstacles.

Easy - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

A walk in town or in the countryside, mainly on good paths and tracks; no sustained, steep slopes or significant stretches of slippery/uneven surfaces; normally less than 6 miles

Leisurely - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.

A walk in the country that may involve small hills, short sections that are steep, some rough ground or drops close to the route; normally less than 10 miles.

Moderate - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

A walk that may have significant overall ascent or other demanding aspects such as sections of bog or thick heather; on varied surfaces possibly including open hillside; may be in a remote area; also, min grade for a walk of 10+ miles. Would apply to higher walks in the Campsies and Ochils.

Strenuous - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

Demanding walks on mountains and hills with significant overall ascent and/or sustained steep sections; possibility of rocky, slippery and steep surfaces; some easy scrambling possible; also, min grade for a walk of 15+ miles. Typical grade for a Corbett, Munro or very long walk in summer conditions.

Technical - walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes or crampons. You must contact the organiser or leader in advance for further details.

Mountain walks in winter conditions, walks with height exposure and risk from a fall irrespective of the length and height of the walk. Typical grade for a Munro or Corbett in winter conditions or an exposed ridge walk.

Please note that these grades are only a rough guide and we ask walkers to contact the leader in advance for all our walks. Waterproof clothing and boots are recommended for most of our walks - see Info for Walkers

Other information –

- **Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.**
- The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.
- In dubious weather, it is wise to contact the walk leader the day before to check that the walk is going ahead to ask for advice.
- Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In Winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.
- In the interests of safety, the leader may refuse to lead anyone considered to be ill-equipped eg-wearing denim jeans, no waterproofs, unsuitable footwear for the grade of walk. The leader may also put a limit on the number of people on their walk.

Meeting Places

The meeting place for a walk is always given in the walk description.

Our normal meeting places for walks -

Partick Station: outside or just inside the station entrance if it is very wet.

We normally meet here if we are going by car and sometimes where when we catch a train.

The recommended parking for Partick Station is on Beith Street.

Glasgow Central Station: outside M & S Simply Food.

Glasgow Queen Street Station: outside the Main Booking Office.

Glasgow Buchanan Bus Station: by the Travel Information Board.

If you decide to meet the group at the start of the walk, please ensure that the walk leader is aware that you are going to make your own travel arrangements.

Travel costs

Everyone pays their own fares on public transport. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount for car sharing is recommended under the details of each walk. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

How fast do we walk?

As groups are usually made up of members with varying walking abilities, we should all consider those at the back of the party. We want everyone to enjoy our walks so walk leaders will set a pace that suits everyone, taking account of the type of walk and surroundings. On all but the shortest walks, we have breaks for a drink or something to eat along the way.

Dogs Registered Assistance Dogs only are allowed on walks.

Who is liable on a walk?

Please note that neither the Ramblers nor the walk leaders can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

Registering Your Mobile Phone with the Emergency Services

To contact the emergency services by text you have to register your number in advance to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might.

To register your mobile phone, text "register" to 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Group website www.glasgowramblers.org.uk

To get up-to-date information, please check the walks calendar on the web site.

Any changes will appear under *walks > current walks programme*

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the walk report. Ideas – weather, conditions, wildlife seen, views, any features. Any suggestions, stories, photos or comments on the website would be appreciated. To find a walk report go to the website Past walks > Stories and photos from walks.

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to: info@glasgowramblers.org.uk

Facebook

Glasgow Ramblers has a Facebook Page. There is a link to Facebook on the website home page

News

Ramblers Roadshow – Skill up, step out

This is the new name for what Ramblers used to call Volunteer Development Days. There will be two Roadshows in Scotland. One in Edinburgh on Saturday 15th July and another one in Kilmarnock in October tbc. More information will be available on the website and in emails.

Hadrian's Wall Weekend Away Friday 29th September to Sunday 1st October

An interesting World Heritage location with a good variety of walks on offer. See the Walking Programme for details of the walks. We are booked into the YHA's new flagship hostel, The Sill, located a short walking distance from the wall itself. Accommodation is in four four-bedded ensuite rooms with breakfast included. We have taken out a Group Membership with the YHA. Cost is £50.50 per person for the two nights B&B.

One walk is planned for Friday afternoon with a further two walks on both the Saturday and Sunday. It is hoped to book tables for an evening meal on the Saturday night and arrange for both walking groups to meet up for lunch on Sunday before heading home.

Travel is by car sharing from Glasgow. Approximate cost around £20 per person. Places are on a first come first served basis. Expressions of interest to Bobby as soon as possible. The money must be paid before the end of June 2017. Please contact Bobby about booking - enquiries by phone on 0141 573 4781 or email bobby_rob主@hotmail.com

For information about the walks contact the walk leaders Bobby (as above) or Ian ic.brooke66@gmail.com or 0141 557 2553

Social Evening "Who is Hugh MacDonald?" Tuesday 17th October 2017

We are delighted to welcome Gary Linstead, the South East Countryside Ranger with Glasgow City Council to give us a talk "Who is Hugh MacDonald". Gary is well known to many of our members through our involvement with The Magnificent Seven. This promises to be a very entertaining and informative evening. The event will be held at the Unitarian Church Centre, 72 Berkeley Street in the Basement Room. 7.15 pm for 7.30. Tea, coffee and cake will be served from 7.15.

The talk is free but to book a place contact Bobby Robb on 0141 573 4781 or email bobby_rob主@hotmail.com before Friday 13th October.

Committee Meetings Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on: Tuesdays 2nd May, 11th July and 4rd October at The Unitarian Church Centre, 72 Berkeley Street at 6:45 pm. Anyone wishing to attend, should contact Barry (luckydollar@btinternet.com or 0141-772 2263) by 5pm on the Friday before the meeting

The Magnificent 7 – A progress update

Our last path maintenance day was held in November. We cleared and dug out a 100yd long ditch getting completely covered in mud. It sounds awful but we had a very satisfactory day as water is now running down channel and not eroding the path. A big thank you to everyone who has given up a morning or two in the last six months. To succeed, the project does require help from our own members. Both Paisley Ramblers and Cumbernauld Ramblers have also given us valuable support.

Path maintenance days will recommence later in the year when we have found some suitable dates. The dates will be on the website and emailed to all.

The whole of the Magnificent 7 is being walked on Saturday 20th May. It is a great day out and for more information about the day or the project contact Steve - chompmancobra@hotmail.com

The map and route, broken down into four parts is available on Ramblers Routes.

www.ramblers.org.uk > where do you want to walk> in the left-hand search box, put in Glasgow and click on Glasgow, Glasgow City.

Above the map, click on > Routes (written in red) and information on the Magnificent 7 will be found there along with many other tempting walks across Scotland.

Walk Leaders

New walk leaders are always needed! We have an enthusiastic group of walk leaders but we are always looking for more as well as new ideas for walks. Suggesting a walk does not necessitate leading it. If you wish, we will find another walk leader to do the recce with you. Offering just one walk would take the pressure of lot of leaders who lead several in order to for the group to be able to have a walk in every week . For the next programme from November 2017 to April 2018, we shall be holding a planning meeting on Tuesday, 5th September at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7:15pm for 7:30. For more information email:info@glasgowramblers.org.uk.

Walk About Voucher Prize winner

For our help with the Ramblers' Walk About Festival at Balloch, the Group were awarded a £50 voucher for Cotswold Outdoor. The Committee decided that this should be given to a randomly chosen walk leader who had contributed one or more walks to this programme using the Group Walks and Event Manager. Congratulations to Gordon, whose name was picked from the hat!

Walk Leaders Training

Katy Robinson of Ramblers Scotland is rolling out induction training for new and prospective walk leaders. The aim is to give walk leaders a greater understanding of what makes a good walk and how to go about delivering one, based on Ramblers guidelines and best practice. The first (pilot) course in Glasgow on the 9th April is oversubscribed, but Katy will arrange a date for another one in our area in the very near future.

The Walking Partnership supported by Ramblers Worldwide Holidays

If you are planning a holiday with Ramblers Worldwide Holidays, please nominate Glasgow Ramblers and depending on your destination, the group will receive a donation of £10, £20 or £30.

www.ramblersolidays.co.uk

Walks PROGRAMME

Before you contact the leader get up-to-date information on the walk on the website
www.glasgowramblers.org.uk > walks > current walks programme

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; and where cars are needed for a walk, if you require or can offer a lift.

Events, meetings and important dates are in italics.

More information on each of these can be found on pages 6 to 7 under NEWS

Tuesday 2 May 2017 – Committee Meeting 6.45pm

Thu 4 May 2017 - 7.5 miles/12.1 km - Leisurely

Exploring Inverkip

Starts: PA16 0BB, NS205718 (Inverkip Station)

Meet outside M and S Simply Foods in Glasgow Central at 9.40 to catch 9.57 train

The walk is varied with a mixture of coastal and forest walking.

Contact: Beth, 07985972621, b@cockburn.eu

Sat 6 May 2017 09:55 - 10 miles/16.1 km - Leisurely

Rough Castle and the Union Canal

Starts at 09:55: Falkirk High Railway Station

Meet outside the main booking office at Queen Street Station (high level) at 9:15 am having purchased a return ticket to Falkirk High for the 9:30 Edinburgh train.

OS map 65

We will follow the towpath of the Union Canal, with views over Falkirk and beyond, to Tamfourhill where we join the route of the Antonine Wall. We pass close to the Falkirk Wheel and eventually reach the site of the Roman fort known as Rough Castle, near Bonnybridge. From there we will walk past St Helen's Loch to High Bonnybridge. After some road walking, we will take a farm track through Beam Farm, and then follow a long very straight but pleasant track. We will descend through Kilbean Woods to the Glen Burn, and walk past the landscaped perimeter of a modern housing estate, to re-join the Union Canal. The towpath goes through a tunnel, but there is an alternative route available for anyone who does not wish to go through the tunnel. The walk finishes back at Falkirk High Station.

Car drivers, please note that the station car park is for rail users only, and parking is prohibited in the streets next to the station. Recommended parking at foot of High Station Road (junction with B803), then walk up to the station (about 5-10 minutes). Train is due to arrive at 9:51am.

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sat 13 May 2017 - 12.4 miles/20 km - Strenuous

Capel Fell

Starts: Just off the A708 NE of Moffat (DG10 9LG, NT139077)

Meet at 08:30: Outside Partick Station

This fine 20km (12 miles) linear walk starts by the A708 a few km east of Moffat. From there a good track ascends 550m through woods to the open, upper slopes of Capel Fell and then on to the top at 679m. From the summit, the route descends quickly on grassy slopes to reach the Southern Upland Way near Ettrick Head. Following the SUW westwards through open and wooded countryside, the route reaches a minor road just south of Moffat that leads directly back into the town and a welcome cup of tea. On a clear day there should be very good views of the Southern Uplands.

Graded Strenuous because of height and distance.

OS sheets 78/79.

Contact: Alan, 07720843353, alan@cawatt.scot

Transport arrangements between the centre of Moffat and the starting point to be confirmed. The recommended passenger contribution to the driver is £12.20 (122 mile round trip at 10p per mile).

Sat 20 May 2017 09:30 - 10 miles/16.1 km - Leisurely

Magnificent Seven (Southside of Glasgow)

Starts at 09:30: the White Bridge over the White Cart Water in Linn Park (G44 3ST, NS580592)

Meet at 08:50: walkers coming from the City Centre may wish to take the 4A bus from Union Street opposite Central Station at 08.56, if so meet at the 4A bus stop opposite Central Station at 8.50.

A lovely ten mile walk through varied green spaces in the South Side of Glasgow including Glasgow's highest point on Cathkin Braes. Despite almost the entire walk being within the city boundary only about a mile of it is on city streets. Most of the walk is on good paths but there is likely to be the odd muddy section.

We plan to stop for lunch at the Jennieburn Centre cafe (or you can eat your own lunch in the park).

Contact: Steve, 07967 053051 , chompmancobra@hotmail.com

Sat 27 May 2017 10:15 - 6.8 miles/11 km - Leisurely

Mouse Valley, Lanark

Starts at 10:15: Lanark Railway Station.

Meet at 9:10: outside Simply Foods in Glasgow Central Station. Walkers travelling by train should catch the 9:21 Lanark train from Glasgow Central Station (high level).

A lovely walk above and beside the Mouse Water, a tributary of the River Clyde, and among the woodlands of Cartland Craigs and Cleghorn Glen. We walk on minor roads, dirt tracks and across fields which could be muddy. A section of the walk is along a rough, narrow path high above the gorge.

Contact: Anne, 07977635467, athomson555@gmail.com

Sun 4 June 2017 - 9 miles/14.5 km - Easy

Esk me Another

Starts: Dalkeith High Street (EH22 1BB, NT333675)

Meet at 09:00: Outside Partick Station

OS Map 66

From Dalkeith town centre, we will head down to the River South Esk and follow it to Newbattle Abbey (now a college). The next section of the walk will go through woodlands high above the river, eventually emerging at the impressive 23-span Lothian Bridge Viaduct. From here we will follow a variety of paths, ultimately leading us back to the town centre. We will enter Dalkeith Country Park (belonging to the Duke of Buccleuch). There is an admission fee of £1 each, but it will be worth it to see the park and the interesting buildings it contains. During this part of the walk, we will see the River South Esk again, but also the River North Esk. A few short uphill sections. Mostly on good paths, but some muddy stretches.

Contact: Barry, 01417722263, luckydollar@btinternet.com

Tue 6 June 2017 18:00 - 5 miles/8.1 km - Leisurely

Around Milngavie

Starts at 18:00: G62 8BS, NS555744 (Milngavie Station)

(walkers may wish to take the 17.36 from Queen Street which arrives at 18.03)

We walk along by the Allander river, cut through the reservoir and then through the woods at Dougalston.

Contact: Beth, 07985972621, b@cockburn.eu

Thu 8 June 2017 09:30 - 7 miles/11.3 km - Leisurely

Round Kilsyth

Meet at Glasgow Queen Street at 9.15 for the 9.30 train to Croy and back.

Circular walk, easy pace, can be muddy in places. Part of walk along canal.

Contact: John, 0141 773 0409, squareloaf@talktalk.net

Sat 10 June 2017 10:30 - 9 miles/14.5 km - Moderate

Arrochar to Inveruglas and back

Starts at 10:30: Church Road, Arrochar G83 7BD, NN297037

Meet at 09:00: Outside Partick Station

9 mile walk on good paths with good views.

Contact: John, 0141 773 0409, squareloaf@talktalk.net

(Recommended passenger contribution @10p/mile £7)

Tue 13 June 2017 18:50 - 3.5 miles/5.6 km - Easy

Linn Park

Starts at 18:50: Cathcart Station

Meet at 18:20: Glasgow Central Station outside Marks & Spencer Simply Foods

Evening walk

OS Map 64

From Cathcart Station, we will walk to the 17th century Snuff Mill Bridge, where we will enter the Park, and head up to Court Knowe, from where Mary Queen of Scots is said to have viewed the Battle of Langside. Our route continues, surrounded by grassland and forest, until we reach the falls (linn) on the White Cart Water which give the park its name. Crossing the river by the White Bridge (also known as the “ha’penny” bridge after the toll charged at one time), we will return along the other side of the White Cart, which is quite different in character, passing close to Holmwood House, designed by “Greek” Thomson.

Meet at Glasgow Central Station outside Simply Foods at 6.20 pm having purchased a return ticket for the 6.35 pm Neilston train to Cathcart

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sun 18 June 2017 10:00 - 8 miles/12.9 km - Strenuous

Ben Lomond via Ptarmigan

Starts at 10:00: Car park at end of public road to Rowardennan. A parking charge applies. (G63 0AR, NS360987)

Meet at 09:00: Outside Partick Station

This walk climbs to a maximum height of 3196 feet. The summit and the approach from Ptarmigan can be exposed in bad weather. From Rowardennan we have a short walk alongside Loch Lomond before starting the 2,300 feet climb to Ptarmigan. After Ptarmigan we have a further 700 feet to climb before reaching the summit trig point of Ben Lomond. Our return to the car park is via the “tourist path”. The route is mostly along good hill paths but there is some easy scrambling between Ptarmigan and the summit of Ben Lomond. OS Landranger map 56

Contact: Idris, 01436673460, idrisscott@waitrose.com

(Recommended passenger contribution @ 10 p a mile: £5.60)

Sat 24 June 2017 11:20 - 9 miles/14.5 km - Strenuous

Goat Fell from Corrie

Starts at 11:20: Foot of the Corrie path to Goat Fell. We'll be getting off the 324 bus at approx. 11.20 (KA27 8FD, NS026421)

Meet at 08:20: Outside Simply Foods in Glasgow Central for the 8.33 train

A challenging but rewarding walk on Arran, taking the Corrie path up to the bealach and then following the ridge to the summit of Goat Fell. No actual scrambling required but note this is a narrow path above a steep slope and you may need to use your hands in one or two places. We'll take the tourist path down from the summit (and pop into the pub if there's time) then walk along the shore back to the ferry. Approx 3000 feet of climb.

Contact: Steve, 07967 053051 , chompmancobra@hotmail.com

A combined train and ferry ticket can be purchased from Central to Brodick (about £15.50 at time of writing - discount card holders might find it cheaper to buy separate tickets)

A single from Brodick to Corrie on the 324 bus cost £2.40 at time of writing

Tue 27 June 2017 18:30 - 3 miles/4.8 km - Easy

West End Parks (evening walk)

Starts at 18:30: Entrance to Partick Station

A summer evening stroll through two of Glasgow's West End green spaces. Starting from Partick station, the walk first visits Kelvingrove Park. This historic park has many features of interest, and the walk will explore a few of these. The Kelvin Walkway links Kelvingrove to the Botanic Gardens, the second of the parks to be visited. The walk finishes at the main gates of the Gardens at the north end of Byres Road, from where it is easy to return to Partick station, or access other transport.

Distance is 3 miles, on good paths and pavement, with occasional very modest ascent.

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Sun 2 July 2017 10:35 - 8.5 miles/13.7 km - Leisurely

Balloch to Helensburgh on the Three Lochs Way

Starts at 10:35: The walk will start at the Visitor Information Centre in Balloch (G83 8LG, NS390819)

Meet at 09:35: We will meet just outside Partick Station at 9.35am. Please make sure you have your train ticket. We will catch the 9.52am to Balloch and return to Partick/Glasgow from Helensburgh. You can buy single tickets to Balloch and then from Helensburgh for the return leg but it is more cost effective to buy a return to Helensburgh.

This is the first stage of the waymarked Three Lochs Way route which links Loch Lomond, Gare Loch and Loch Long. We'll start the walk in Balloch at the Visitor Information Centre and cross the moors to reach Helensburgh and Charles Rennie Mackintosh's Hill House. It's a varied walk with a bit of everything - some steep climbs, cracking views to Loch Lomond and a magical section through dense woodland. The walk is mostly on good paths, along an old coffin route at the start, although there are boggy sections on the descent into Helensburgh and a narrow stream to cross. Total ascent is 157m.

Contact: Yvonne, 07913024549, flynn_yvonne@hotmail.com

Tue 4 July 2017 18:30 - 4 miles/6.4 km - Easy

In the Footsteps of Hugh Macdonald

Starts at 18:30: Meet at the George Square entrance to Queen Street Station

An evening walk through Glasgow Green to the Hugh Macdonald Memorial Fountain. Hugh MacDonald, born 200 years ago, was a poet, author and sub-editor of the 'Glasgow Citizen' but he is better known for his book 'Rambles Round Glasgow'. All his walks started from Glasgow Green. Our walk continues along the Clyde Walkway to the Cunigar Loop, an interesting area which has been transformed from derelict waste ground. Return can be from Dalmarnock Station or by walking back to the start along the river.

Contact: Catherine, 07711268312, catherine@cawatt.scot

Thu 6 July 2017 10:15 - 6 miles/9.7 km - Leisurely

Hamilton to Larkhall

Starts at 10:15: Outside Hamilton Central Station (ML3 6QL, NS721551)

Meet at 09:35: Meet in Central Station outside M and S Simply Foods having purchased a return ticket to Larkhall for the 09:46 Hamilton train

This is a linear walk following the River Avon from its confluence with the Clyde, into Chatelherault Country Park, then walking high above the river and then down to the Millheugh Bridge finishing at Larkhall Station.

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sat 8 July 2017 10:50 - 10 miles/16.1 km - Moderate

Campsie Fells

Starts at 10:50: Bus stop in Strathblane, opposite Kirkhouse Inn. (G63 9BE, NS562793)

The meeting point will be Buchanan Street Bus Station, Glasgow, beside the timetable board at 9.45am. We will then catch the 10am B10 bus to Strathblane, and then the B10 service back from Killearn to Glasgow following the walk.

A 10 mile linear walk from Strathblane to Killearn via Dumbreck, Earl's Seat, Ballagan Tops and Garloch Hill.

Contact: Gareth, 0141 571 0394, garethm62@hotmail.com

Tuesday 11 July – Committee Meeting 6.45pm

Sat 15 July 2017 10:30 - 6.2 miles/10 km - Strenuous

Beinn Ghlas and Ben Lawers

Starts at 10:30: Ben Lawers visitor centre car park (FK21 8TY, NN608377)

Meet at 08:30: Outside Partick Station

A climb of two Munros in the Loch Tay area with an ascent of 800m and a distance of 10k

Contact: Alistair and Agnes, 0141 883 8821, mramclellan@hotmail.co.uk

(recommended passenger contribution round trip of 130 miles @ 10p a mile is £13.00)

Sun 16 July 2017 09:45 - 9 miles/14.5 km - Leisurely (Finishes 14:30 approx.)

Bowling to Balloch

Starts at 09:45: Bowling Station (G60 5BL, NS442736)

Walkers intending to come on this walk should contact the leader two days before the walk.

Meet at Glasgow Central Station at 09.00 to catch the 09.14 Low Level train to Bowling. The leader will meet walkers at Bowling Station. The walk follows the Glasgow to Balloch Cycle Path.

Return to Bowling/Glasgow by train from Balloch Station at the end of the walk.

Maps 342/341 and 64/63

Contact: Tony, 0141 942 4777, antonyrosslyn51@yahoo.co.uk

Sat 22 July 2017 09:00 - 10 miles/16.1 km - Moderate (Finishes 00:00 approx.)

Carlops

Meet at 09:00: Partick Station (G11 6BU, NS556665)

Circular walk, can be muddy in places. Good views.

Carlops is a small village in the Pentlands.

Contact: John, 0141 773 0409, squareloaf@talktalk.net

110 miles round trip; recommended passenger contribution £11

Sat 29 July 2017 10:30 - 5 miles/8.1 km - Moderate

Kirkton Glen

Starts at 10:30: carpark at village hall Balquhidder (FK19 8PA, NN535209)

Meet at 09:00: Partick Station (G11 6BU, NS556665)

A walk up Kirkton Glen on forest tracks to Lochan An Eireannaich

Contact: Alistair and Agnes, 0141 883 8821, mramclellan@hotmail.co.uk

Round trip of 98 miles: recommended passenger contribution @ 10p per mile is £9.80

Sat 5 August 2017 10:35 - 4 miles/6.4 km - Easy

Erskine Riverside

Starts at 10:35: Riverside car park, Erskine (PA8 7AF, NS470708)

Meet at 09:15: Buchanan Bus Station

OSMap 64

We will walk along the bank of the River Clyde, firstly upstream to Newshot Island Nature Reserve, where we will follow a short loop through woodlands, then downstream, past the former slipway of the Erskine Ferry to a point where we are directly underneath the Erskine Bridge. Walkers may then return by the same route, or will have the option of taking a path uphill by the bridge supports, then another woodland walk which gradually takes us back down to the riverside.

Meet at 9:15 am at Buchanan Bus Station at the stance to catch 09:32 McGill's No. X23 Erskine bus to Bridgewater Shopping Centre.

Car drivers should not park at Shopping Centre, because of limited stay restrictions, but should contact leader for directions to car park close to riverside. Wait there for those arriving by bus (due to arrive at Shopping Centre 10:26), who should take 5-10 minutes to walk down from Shopping Centre.

Contact: Barry, 01417722263, luckydollar@btinternet.com

Sun 6 August 2017 10:30 - 6.5 miles/10.5 km - Strenuous

Ben Vorlich from Ardvorlich

This will be a joint walk with Helensburgh and West Dunbartonshire Ramblers.

Starts at 10:30: Parking area on right (south) side of minor road along the south side of Loch Earn 3 miles beyond the junction with A84. (FK19 8PZ, NN632232)

Meet at 09:00: Outside Partick Station

This walk climbs to a maximum height of 3,231 feet. The summit and its approaches can be exposed in bad weather.

From Ardvorlich, on Loch Earn, we follow a track south along the Ardvorlich Burn to the north ridge of Ben Vorlich. The track ascends 1000 feet from Ardvorlich before deteriorating to a well-used, if muddy, path. This path, after a further 1,900 feet, leads to the trig point on the summit of Ben Vorlich. We will return via the same route.

OS Landranger maps 51 & 57.

Contact: Idris, 01436673460, idrisscott@waitrose.com

Recommended passenger contribution @ 10 p p mile: £12.00

Sat 12 August 2017 09:45 - 12 miles/19.3 km - Moderate

Inverclyde Coastal Path part 1

Starts at 09:45: Woodhall Station (PA14 6QX, NS342740)

Meet at 08:50: Outside M&S Simply Food, Glasgow Central for the 9.09 train

From Woodhall station to Fort Matilda station. 12 miles. Easy underfoot but lengthy.

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Thu 17 August 2017 10:30 - 8.5 miles/13.7 km - Leisurely

Whinney Hill Woods

Starts at 10:30: Balloch Station (G83 8LG, NS390819)

Meet at 09:30: Outside Partick Station having purchased a return ticket for the 09:50 Balloch train

Walkers may wish to catch the train at Glasgow Queens Street low level at 09:42 and meet the leader on the train or on arrival at 10:30 (G11 6BU, NS556665)

A circular walk from Balloch Station along the riverside, through the woods and up Whinney Hill with lovely views of Loch Lomond. Sections of the path have been upgraded but some sections may be muddy.

The Loch Lomond National Park will be advertising this walk through the Mountains and the People's Project. The main walk will be a circular walk through Balloch Country Park with Whinney Hill offered as an optional extra. Because of this, the walk will have a second leader.

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sat 19 August 2017 - 9 miles/14.5 km - Strenuous

The Brack

Starts: Car park at Ardgartan Forestry visitor centre. (G83 7AR, NN269037)

Meet at 09:00: Outside Partick Station

The Brack is a Corbett (787m) to the west of Long Long. The walk starts from Ardgartan and ascends on a rough path and then open, craggy hillside. It is very steep in places. From the top we will look across Glen Croe to The Cobbler and down Loch Long. If time and conditions allow, we will also do Cnoc Coinnich, the neighbouring Corbett and return via Coilessan Glen and the forestry road. OS Sheet 56

Contact: Alan, 07720843353, alan@cawatt.scot

Mileage from Partick to Ardgartan and back is 84 miles. The recommended passenger contribution to the driver is £8.40.

Sat 26 August 2017 10:00 - 11 miles/17.7 km - Leisurely

Inverclyde Coastal Path part 2

Starts at 10:00: Fort Matilda Station (PA16 7TU, NS256775)

Meet at 08:50: Meet outside M&S in Glasgow Central for the 9.08 train

From Fort Matilda station to Wemyss Bay station. 11 miles. Easy underfoot but lengthy.

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sun 3 September 2017 - 8.7 miles/14 km - Strenuous

Beinn Dubhchraig

Starts: Parking area off A82 (FK20 8RX, NN343291)

Meet at 08:30: Outside Partick Station

Starting from Strath Fillan between Crianlarich and Tyndrum, we will walk south west up rough tracks, paths and open hillside to the top of Beinn Dubhchraig (black rock hill) at 978m. This mountain belongs to the group of Munros that includes Ben Lui, Ben Oss and Beinn a Chleibh that we have admired from previous group hill-walks further south. OS Sheet 50

Contact: Alan, 07720843353, alan@cawatt.scot

The recommended passenger contribution is £10.00 (100 miles round trip).

Tuesday 5 September – Walk Leaders' Meeting 7.15 for 7.30pm All Welcome (and indeed encouraged to come). Please see the News section for more information.

Sat 9 September 2017 09:45 - 14 miles/22.5 km - Moderate (Finishes 17:15 approx.)

Glen Loin and Coiregrograin, Arrochar

Starts at 09:45: We will start the walk at Arrochar Tarbert Railway Station. From here we will walk to the official start of the route at the car park at the top of Loch Long. (G83 7DA, NN311045)

Meet at 08:00: We will meet outside Partick station to catch the 8.14am to Arrochar Tarbert Station. Please make sure you have bought a return ticket.

A long but spectacular walk through the glens and corries of Arrochar. There are some pretty steep sections but the reward is views at every turn of the majestic Arrochar Alps including Beinn Ime and Beinn Narnain, Ben Vorlich and Ben Vane.

Ascent 455 metres.

Contact: Yvonne, 07913024549, flynn_yvonne@hotmail.com

Thu 14 September 2017 10:00 - 7 miles/11.3 km - Leisurely (Finishes 14:00 approx.)

Loch Lomond Views

Starts at 10:00: Balloch Station (G83 8LG, NS390818)

Meet at Partick Station at 9:10, to catch the 9:20 train to Balloch (having purchased a return ticket to Balloch).

The southern shores of Loch Lomond offer varied and interesting walking. From Balloch Central rail station, the walk visits the woodland and parkland at the south west corner of the loch, and explores Balloch Country Park with its castle and landscaped grounds. It passes Balloch pier, where the steamer 'Maid of the Loch' is under restoration, and finishes at Lomond Shores where there are various opportunities for refreshments. Return is from Balloch Central. Distance is 7 miles, on good paths and pavements, with a short section on minor road. There is modest ascent and descent through Balloch Country Park.

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Sun 17 September 2017 09:00 - 6.2 miles/10 km - Strenuous

The Cobbler

Starts at 09:00: Outside Partick Railway and Underground station

Climb The Cobbler from Succoth just west of Arrochar on A83. Park in large car park with small parking charge payable. 10 kilometres, 6 miles with 1010 metres of ascent. Approach steep but easy following route of dismantled railway then onto a good track into a beautiful glen with the impressive Narnain Boulders. Descent by south east ridge and Ant Sron.

Refreshments in Arrochar following the walk. OS map Landranger 56.

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

The recommended passenger contribution to the driver is £7.00. (a round trip of 70 miles at 10p per mile). Travel time 1 hour.

Sat 23 September 2017 10:50 - 10 miles/16.1 km - Moderate

Tweedbank to Eildon Hills

Starts at 10:50: Tweedbank Railway Station (TD1 3SE, NT517348)

Meet at 08:30: Meet at Queen Street Station outside the main booking office by Boots at 8:30 am having bought a Cheap Day Return ticket to Tweedbank. We will travel initially on the 8:45 am train to

Edinburgh then change to 9:54am departure for Tweedbank. NOTE THE EARLY MEETING TIME

This is a beautiful walk along the Southern Upland Way from the terminus of the newly opened Borders Railway at Tweedbank to the tops of the Eildon Hills, and offers the prospect of magnificent views over the Borders country. (Ascent 350 metres).

Contact: James, 07736-390887, jfm6721@talktalk.net

Fri 29 September 2017 16:00 - 3.1 miles/5 km - Leisurely

Hadrian's Wall Weekend Lanercost to Brampton

Starts at 16:00: Meet in car park at Lanercost Priory (CA8 2HQ, NY555637)

Late Afternoon Walk Lanercost to Brampton and Town Trail. Leisurely linear walk 5km 3 miles 2 hours duration on good tracks with minimal height ascent. OS Map 86

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

Sat 30 September 2017 10:00 - 9.3 miles/15 km - Moderate

Hadrian's Weekend Away A "barbarian" view of the Wall

Starts at 10:00: The Sill YHA (NE47 7AN, NY752668)

Hadrian's Weekend Away

Moderate undulating walk on good tracks. Many steep/very steep sections. 15 km in length and 5 hours duration. Circular walk from our accommodation i.e. The Sill. The best section of the entire wall including Steel Rig, Housesteads Fort and Sycamore Gap. OS map sheet Explorer 43.

Contact: Bobby, 01415734781, bobby_robb@hotmail.com

Sat 30 September 2017 10:00 - 7 miles/11.3 km - Strenuous

Hadrian's Wall Weekend: Cold Fell

Starts at 10:00: The car park for the start of this walk is at NY589585. (CA8 2PG, NY581595)

Part of the Hadrian's Wall Weekend. A climb of Cold Fell, the northernmost hill in the Pennines. A 7 mile walk, with 1500 feet of ascent.

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sun 1 October 2017 10:00 - 8 miles/12.9 km - Leisurely

Hadrian's Wall Weekend: Kielder Water

Starts at 10:00: NE48 1BX, NY698868

Part of the Hadrian's Wall Weekend. An 8-mile walk along the shore of Kielder Water, taking in public artworks. Return to Tower Knowe by boat.

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Sun 1 October 2017 10:45 - 5.6 miles/9 km - Leisurely (Finishes 13:30 approx.)

Hadrian's Wall Weekend Birdoswald to Lanercost

Starts at 10:45: Car park at Birdoswald Fort (CA8 7DD, NY615663)

Meet at 10:00: Car park at The Sill (NE47 7AN, NY752668)

Hadrian's Wall Weekend

Following a visit to Birdoswald Fort we will walk 9km / 5.5 miles to Lanercost Priory. This is an excellent tracks and quiet roads generally downhill descent to Lanercost Priory. We will meet up with the other group for lunch before driving home.

Tuesday 4th October – Committee Meeting 6.45pm

Sun 8 October 2017 10:40 - 8 miles/12.9 km - Moderate

Kaim Hill

Starts at 10:40: Fairlie Railway Station (KA29 0DX, NS210546)

Meet 9:25 am in Glasgow Central Station (high level) outside "Simply Foods" having bought a return ticket to Fairlie for the 9:40 Largs train.

OS Map 63

A Fairlie good walk – you'll be glad you Kaim! From the station, we will head into the wooded Fairlie Glen, passing the remains of a 15th century castle, and continue up the glen, steep in places, then out onto the open hillside. We will strike up onto Kaim Hill itself, from where, weather permitting, we should get good views of the Firth of Clyde and its islands. After descending, we will return to Fairlie by a mainly level path skirting below the hill. (total height climbed 1500 feet/450m).

Car drivers, please note that, although the station car park in Fairlie is for rail users only, there should be parking spaces available in Station Road. Train is due to arrive at 10:37 am

Contact: Barry, 01417722263, luckydollar@btinternet.com

Thu 12 October 2017 10:00 - 5.9 miles/9.5 km - Easy

Glasgow Mural Trail

Starts at 10:00: Meet at the entrance to Glasgow Queen Street from George Square (G1 2AG, NS592655)

Meet at 09:55: Meet at the entrance to Glasgow Queen Street from George Square (G1 2AG, NS592655)

A stroll within Glasgow city centre around the impressive murals which decorate walls and vacant buildings helping to transform less attractive corners into striking works of public art. Halfway round we will have a break in a cafe. Trainers rather than boots are needed.

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sat 14 October 2017 - 10 miles/16.1 km - Leisurely

River Ayr Way part 3

Starts: Mauchline (KA5 5DA, NS498272)

Continuing our exploration of the River Ayr, our route starts in Mauchline and soon joins the River Ayr Way as it crosses farmland a little bit north of the river. We reach the river near Burnfoot Bridge and follow it closely as in meanders westwards. On the way we pass Failford, go through the Ayr Gorge Woodlands (managed by the Scottish Wildlife Trust and home to a wide range of flora and fauna), pass Stair and finally reach Annbank. The route is on minor roads, tracks and paths. It will be muddy in places. OS Landranger sheet 70.

Contact: Alan, 07720843353, alan@cawatt.scot

The meeting and travel arrangements have yet to be finalised.

*Tuesday 17 October 2017 – **Social Evening “Who is Hugh McDonald”***

The event will be held at the Unitarian Church Centre, 72 Berkeley Street in the Basement Room. 7.15 pm for 7.30.. The talk is free but to book a place contact Bobby Robb on 01415734781 or email bobby_robb@hotmail.com before Friday 13th October.

Sun 22 October 2017 10:35 - 5.5 miles/8.8 km - Leisurely

Hogganfield Loch circular via Cardowan Wood and Moss

Starts at 10:35: The walk starts from Stepps Railway Station where the leader will meet the group. Walkers travelling by train should catch the Cumbernauld train at Patrick at 10.01 or at Queen Street Low Level at 10.07. There is parking next to Stepps Station for walkers travelling by car. (G33 6AA, NS662683)

From Stepps Railway Station we walk on good paths through Cardowan Wood to reach Hogganfield Loch. After walking round the loch we return to the station via a section of the wood and Cardowan Moss.

Contact: Anne, 07977635467, athomson555@gmail.com

Sat 28 October 2017 10:50 - 13 miles/20.9 km - Moderate

Bridge of Orchy to Crianlarich

Starts at 10:50: Bridge of Orchy Station (PA36 4AD, NN301394)

Meet at 08:00: Meet in Queen Street for the 8.20 train. Note the early start!

Following the West Highland Way from Bridge of Orchy to Crianlarich. Some lovely walking through beautiful scenery. Mostly on excellent paths although there may be some muddy sections.

Take the 17.22 back from Crianlarich.

Contact: Steve, 07967 053051, chompmancobra@hotmail.com

Large print copies of the booklet can be
obtained on request from

info@glasgowramblers.org.uk

or

Barry Pottle,
c/o 15 Newton Terrace,
Glasgow, G3 7PJ.