



**ramblers scotland**  
at the heart of walking

# **Glasgow Ramblers**

## **Programme of Walks**

### **Nov 2013 to April 2014**

All the information in this booklet can be found on the website  
**[www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk)**

If you require more information email **[info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk)**

or visit **[www.facebook.com/glasgowramblers.public](http://www.facebook.com/glasgowramblers.public)**

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The Ramblers' Association is a registered charity (England and Wales no.: 1093577 Scotland no.: SC039799), and a company limited by Guarantee, registered in England and Wales (no. 4458492).

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Barry Pottle,  
c/o 15 Newton Terrace,  
Glasgow, G3 7PJ.

**Ramblers step out for 2014 – helping to deliver a physical activity legacy for  
the Commonwealth Games**

This booklet contains the Glasgow Group Walk Programme, published as part of Ramblers Scotland's aim to get more people in the city out walking. This initiative links to "Walk the Path to 2014", which supports the Scottish Government's Active Nation Plan to encourage Scottish people to be more active in the run up to the 2014 Commonwealth Games. A bank of short Medal Walks based on hubs throughout the country is also being developed.

The Ramblers is the representative body for walkers. For over 75 years we have been campaigning in Great Britain to protect the natural beauty of our countryside, promote walking and safeguard public access to land. There is a network of around 500 Groups (nearly 60 in Scotland), which promote walking through regular Programmes of Walks and also support the other objects of The Ramblers.

**More information about Ramblers Scotland is available at –**

**[www.ramblers.org.uk/scotland](http://www.ramblers.org.uk/scotland)**

# What You Need to Know

***Anyone wishing to take part in any walk must contact the leader by phone or email a few days in advance to make sure that the walk is still scheduled to take place and to confirm transport and walk details.***

## What grade of walk to choose

Please read these notes on walk grades carefully as they contain important advice for those taking part in walks. Each walk in the Programme has a grade, but please also note any extra information provided under the individual walks.

- A+** Severe. Arduous walks for the experienced and very fit, involving some or all of the following factors: on high ground with exposure; steep ascents and descents; at a brisk pace; distance over 15 miles. Standard grading for hill walking in winter conditions.
- A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; steep ascents and descents; distances over 15 miles.
- B+** Between Moderate and Strenuous. For the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
- B** Moderate. Demanding higher standards of fitness and stamina than C+.
- C+** Easy to Moderate. For those with improving fitness, offering some modest challenges.
- C** Easy. Mainly on level ground and often on paths and tracks. The grade of walk is suitable for beginners.

'At an easy pace' These walks are for those who find the normal pace too fast. This does not mean that the ascents and descents are less steep – they are just taken at a slower pace.

*Please note that the grades for walks are intended only as a rough guide. For information on a particular walk, always contact the leader beforehand.*

The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.

In dubious weather, it is wise to contact the walk leader beforehand for advice.

Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.

**Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.**

In the interests of safety, the leader may refuse to lead anyone whom he/she considers to be unsuitably equipped.

### **What to wear and what to bring**

- Warm and waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out.
- Strong footwear should be worn for all walks. Walking boots are essential on all Grade A walks and on most Grade B walks, and are advisable on most Grade C walks.
- A packed lunch, small snacks and cold drinks are essential. A flask of hot drink is strongly recommended.
- All walkers should carry emergency contact details. The committee has purchased **emergency contact key-rings** which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration.

Barry has been giving these out on walks but, if you still do not have one, email him at [luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or send a SAE to him c/o 15 Newton Terrace, Glasgow, G3 7PJ

- It is recommended that all walkers should carry their own First Aid Kit.
- Members of The Ramblers should carry their Membership Card on all walks.
- OS Map Numbers are given in the Programme for each walk, but this is only for the information of those who wish it; it is not necessary for all walkers to bring a map with them.

## **Registering Your Mobile Phone with the Emergency Services**

Those of us who attended the first-aid course last January were reminded about the advantages of using the number 112 to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might. To register any mobile phone, text "register" to 112 or 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life. However, to contact the emergency services by text you have to register your number in advance. 112 is the international number and 999 the UK one for contacting emergency services.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

## **Dogs**

Registered Assistance Dogs only are allowed on walks.

## **Travel to the start of the walk**

See Programme for details of the normal meeting place, but please also check the details of the individual walk, in case the meeting place for that walk is at a different place. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount is recommended under the details of each walk except where public transport is to be used. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

## **What happens on the walk**

As groups are usually made up of members with varying walking abilities, all walkers should consider those at the back of the party. Walk leaders especially are reminded that they must set and control the pace of the walk to reflect these differing abilities, and must not allow the pace of the walk to be dictated by a few members of the party who may tend to force the pace. Failure to observe these considerations may deter members from fully enjoying the walk or from tackling higher grades of walk at a future date.

## **Who is liable on a walk**

Please note that neither the Ramblers Association nor the walk leaders of individual walks can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

## **Group website            [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk)**

To get up-to-date information, please check our blog which you can access from the web site, [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk), under *news > our blog* to see if any changes have been made to a forthcoming walk. This is particularly important during the winter months. Any changes will also appear under *walks programme > current walk programme*.

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the Glasgow Ramblers' Blog. Ideas – weather, conditions, wildlife seen, views, any features. The blog, Glasgow Rambles, needs to be kept up to date. Any other suggestions or comments on the website would be appreciated. Please email photographs, blog entries, suggestions and comments to [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk).

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes, should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk).

## **Facebook**

Glasgow Ramblers has a Facebook Page linked to the website. Even though you do not have a Facebook account you can still look at the up-to-date information on the page. However, if you want to put your own photos on or view other people's comments you need to sign in from a Facebook account.

Facebook can be accessed from the web site, [www.glasgowramblers.org.uk](http://www.glasgowramblers.org.uk), under *news > our facebook page* or at [www.facebook.com/glasgowramblers.public](http://www.facebook.com/glasgowramblers.public)

# News

## **Social Evening      Thursday 20<sup>th</sup> February      TEN PIN BOWLING**

Ruth is organising a Ten Pin Bowling on the evening of Thursday 20<sup>th</sup> February. Please contact Ruth directly and register an interest in going. Her email address is [smruta80@hotmail.com](mailto:smruta80@hotmail.com) or phone 07762177522. Please make contact by 13<sup>th</sup> February if you would like to go.

## **Walk Leaders – new leaders needed**

We have a dedicated group of members prepared to lead walks but we are always looking for more leaders. Even offering one walk per programme would be a huge help. For the next programme from May to October 2014, we shall be holding a planning meeting on **Wednesday 26<sup>th</sup> February**, 72 Berkeley Street in the downstairs room for 7.30 pm. Any member considering offering a walk in the future is most welcome. Phone Catherine on 07711268312 or email [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk) for more details.

## **Committee Meetings**

Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on Wed 20<sup>th</sup> Nov, Tues 28<sup>th</sup> Jan and Tues 4<sup>th</sup> March. Meetings will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room starting promptly at 6.30 pm. Anyone wishing to attend a meeting, please contact Barry ([luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or 0141-772 2263) not later than 5 pm on the Friday before the meeting.

## **John Muir Way**

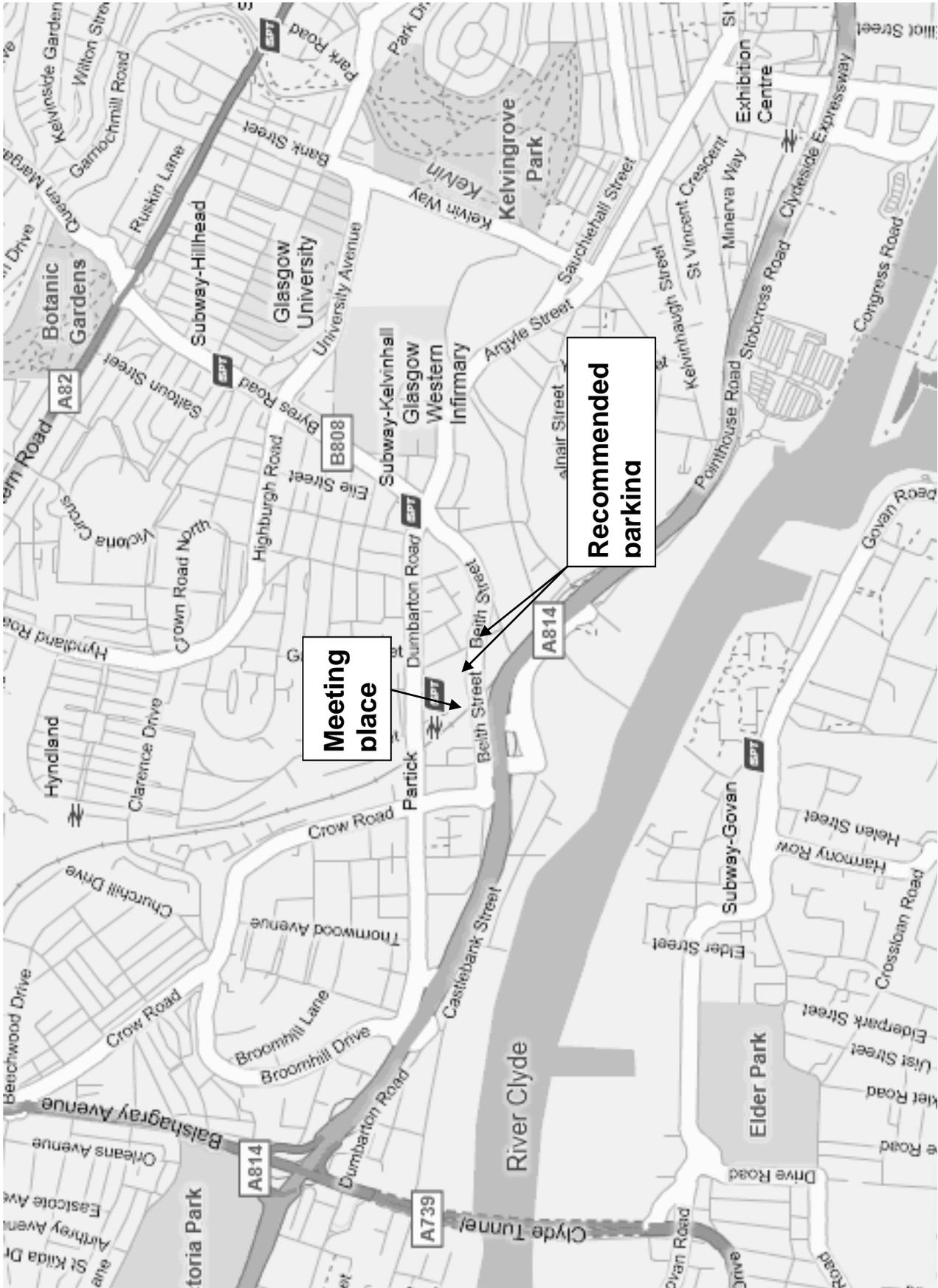
On 21<sup>st</sup> April 2014, Scottish Natural Heritage is launching the John Muir Way a new long distance route, from Dunbar to Helensburgh with a festival and a series of events taking place along the course of the route between 17<sup>th</sup> and 26<sup>th</sup> April. It is hoped that several Ramblers Scotland Groups will organise walks on the John Muir Way during this period to help promote the path.

## **Scottish Gathering**

As yet no date has been set for the Scottish Gathering organised by Ramblers Scotland. If you are interested please keep an eye on the website - [www.ramblers.org.uk/scotland](http://www.ramblers.org.uk/scotland).

## **Joint walk with Scottish Wildlife Trust (SWT) on Saturday 12th April**

This is a stroll to the Falls of Clyde at a very leisurely pace. This is a good area and a good time of year to see lots of Spring flowers and birds. See the programme under 12<sup>th</sup> April for further details.



**Meeting place**

**Recommended parking**

# PROGRAMME

*The normal meeting place, for walks not accessed by public transport, is outside the entrance to Partick Station as shown on the previous page. Cars will be taken from here to the start of the walk. Recommended car parking is in Beith Street.*

***Anyone wishing to take part in any walk must contact the leader by phone or email a few days in advance to make sure that the walk is still scheduled to take place and to confirm transport and walk details.***

***What You Need to Know - please read pages 3 to 6.***

**Sunday 3<sup>rd</sup> November Loch Drunkie Full day Grade C+ OS Map 57**

Leader: Linda (0141 647 8371 or laitchison138@btinternet.com)

A forest walk of approx 7.5 miles mainly on paths. Return along the shore of Loch Venachar.

Meet outside **Partick Station** at **9 am**.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution £7 (70 miles round trip at 10p per mile).

**Thursday 7<sup>th</sup> November The Burrell and Pollok Park Half Day Grade C OS Map 64**

Leader: Catherine (07711 268312 or catherine@cawatt.com)

A 2+ hr circuit of the only country park entirely within the city boundary. Meet outside **Partick Station** at **9.30 am** having purchased a return underground ticket.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 9<sup>th</sup> November Stirling City Walk Full Day Grade C+**

Leader: Moira (01236 630602 or 07982 330096)

A 5 mile walk taking in the Old Harbour, Cambuskenneth Abbey, Wallace Monument and Stirling Castle. A couple of steep ascents. (There will be the opportunity, if you wish, to climb the Wallace Monument and take in the views. Cost £8.50 or £6.95 for conc.)

Meet outside the main booking office at **Glasgow Queen Street Station (high level)** at **9 am**

having purchased a return ticket for the 9.18 am Alloa train to Stirling. The train arrives in Stirling at 10 am. The leader will be getting on the train at Croy and will meet the walkers on the train or outside Stirling Station at 10 am.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 16<sup>th</sup> November Duncolm Full Day Grade B OS Map 64/342/347**

Leaders: Tony (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)

An 8 mile walk in the Kilpatrick Hills at an easy pace to the top of Duncolm (401m). Walking along tracks and paths with some moorland walking on the return from Duncolm. Meet outside the main booking office **Glasgow Queen Street Station (low level)** at **8.45 am** having purchased a return ticket to Kilpatrick catching the 8 53 am Balloch train. The leader will meet walkers at Kilpatrick at 9.41 am. It is also possible to catch this train at Partick at 8.59 am

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Wednesday 20<sup>th</sup> November      Committee Meeting      Evening**

All members are welcome to attend the Committee Meeting to be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6 for 6.30 pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141-772 2263) no later than 5 pm on Friday 15<sup>th</sup> November.

**Saturday 23<sup>rd</sup> November    Tappoch Broch      Full Day      Grade C+      OS Map 65**

Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)

Did you know that there is an Iron Age broch in the woods near Larbert? Well, come and see it! Some walking along pavements beside busy roads to start with, but most of the walk is on farm tracks and woodland paths. As well as the broch (now covered in vegetation, but the circular structure is still clearly visible), we will pass the remains of a 16th century castle and a 19<sup>th</sup> century mansion. (7 miles/11 km ) Meet outside the main booking office **Queen Street Station (high level)** at **9.05 am** having purchased a return ticket to Larbert and catching the 9.18 am Alloa train. The leader will join the train at Bishopbriggs and meet walkers at Alloa at 9.50am. Car drivers park in the large car park in Foundry Loan (contact leader for directions).

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Sunday 1<sup>st</sup> December    Kinlochard and the Crannog Full Day      Grade C+      OS Map**

Leader: Alan (07720 843353 or alan@cawatt.com)

A 10.5 km walk by Loch Ard on tracks and paths with one steepish section. This is Rob Roy country exploring the farmland and lochside of the Macgregor territory. We'll view an Iron Age crannog. Loch Ard is claimed to be the jewel in the crown of the Trossachs lochs.

Meet outside **Partick Station** at **9 am**.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution £6 (60 miles round trip at 10p per mile).

**Thursday 5<sup>th</sup> December      The Necropolis      Half Day      Grade C**

Leader: Catherine (07711 268312 or catherine@cawatt.com)

A 2 hr walk from the city centre to the Necropolis where we'll visit the graves of many Scots including the writer of the rhyme Wee Willie Winkie and the Queen of the Gypsies before we meander up to the statute of John Knox.

Meet at **Queen Street Station** (George Square Entrance) at **9.45 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place.**

**Sat 7<sup>th</sup> December    Group AGM followed by a walk    Grade C    Unitarian Church Centre**

For AGM details see accompanying booklet. All members are invited to attend the AGM of Glasgow Ramblers. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street at 9.30 for 10 am in the downstairs room. The walk is intended for those attending AGM, so will start following the close of the meeting. Walk will begin at the meeting venue, so no transport required. The walk to Dalmarnock along the River Clyde will be led by Peter (078100 06591). At end of walk, the return to the start point will be by train.

**Saturday 14<sup>th</sup> December Dollar Circular Full Day Grade C OS Map 58**

Leader: John M (0141 773 0409 or squareloaf@talktalk.net)

A 7 mile circular walk around Dollar. Meet outside **Partick Station** at **9 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £8 (80 miles round trip at 10p per mile).

**Saturday 21<sup>st</sup> December Dumyat and Beyond Full Day Grade B+ OS Map 57**

Leader: John B (0141 647 8371 or johnlinda30@tiscali.co.uk)

About 9 miles; mainly tracks; 400+ m ascent; muddy in places.

Meet outside **Partick Station** at **9 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £6.80 (68 miles round trip at 10p per mile).

**Saturday 28<sup>th</sup> December Waulkmill Glen Full Day Grade C+ OS Map 64**

Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred)

Dams to Darnley Country Park has recently been established by Glasgow City and East Renfrewshire Councils. This walk is in the northern part of the Country Park and, from its rural feel, you won't believe that it is mostly within the Glasgow City boundary. Much of the walk is on good paths in woodland and more open areas, but it is graded C+, because there are parts across rough ground, involving some fence crossings. (4 ½ miles/7 km.)

Meet at **Glasgow Central Station** outside Simply Foods at **9.20 am** having purchased a return ticket for the 9.27 am Barrhead train to Priesthill and Darnley. Visitors to the Country Park are allowed to use the car park of the World Buffet at the junction of Nitshill Road and Corselet Road. Car drivers are recommended to park there and wait at the side of the junction nearest the car park, for those arriving by train, who should arrive there around 09:50.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Sat 4<sup>th</sup> January Dumbreck Marsh and Auchinstarry Half Day Grade C OS Map 64**

Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred) A walk visiting the Dumbreck Marsh Nature Reserve, then following the River Kelvin and the Forth and Clyde Canal to Auchinstarry, returning by the River Kelvin. 6 miles/9.5 km, all easy walking, apart from one short (less than a minute) steep uphill. Meet at **Buchanan Bus Station** at **9.15 am** at the stance for the 9.30 am First Glasgow No 89 bus (Kilsyth Northfield) to Kilsyth, before Laird's Hill Place on Glasgow Road (first stop in Kilsyth). The leader will join the bus at Bishopbriggs. Car drivers are recommended to park in the section of old road at the side of the A803 at the south edge of Kilsyth, which now forms a layby. Approaching from the Kirkintilloch direction, this is on your left just before the "twin town" sign. Bus is due to arrive at 10.11am

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 11<sup>th</sup> January Duncarnock Fort – The Craigue      Half Day      Grade C OS Map 64**

Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)

5 miles on farm roads and hill paths with panoramic views from the summit (204 m)

Meet at **Glasgow Central Station** outside Simply Foods at **9.15 am** having purchased a return ticket for the 9.35 am train to Neilston.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed**

**Thursday 16<sup>th</sup> January      West End Walk      Half Day      Grade C      OS Map 64**

Leader: Catherine (07711 268312 or catherine@cawatt.com)

Depending on the weather, a two hour or more winter walk from Partick with a morning coffee stop. Meet outside **Partick Station** at **9.30 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place.**

**Sunday 19<sup>th</sup> January      Croy to Falkirk High      Full Day      Grade C+      OS Map 64/65**

Leader: James (07736 390887 or jfm6721@talktalk.net)

An easy 19 km walk along the Forth and Clyde and the Union Canal towpaths including time to see the Falkirk Wheel and going into the Visitor Centre (free admission). Meet outside the main booking office at **Glasgow Queen Street Station (high level)** at **8.50 am** having purchased a return ticket to Falkirk for the 9 am Edinburgh train. Alight at Croy.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 25<sup>th</sup> January      North Strathclyde Area AGM and Members' Walk, Pollok Park**

The AGM of North Strathclyde Area of the Ramblers' Association will be held on Saturday 19<sup>th</sup> January in the Visitor Centre, Pollock Park at 10 for 10.30 am. As the Glasgow Group forms part of North Strathclyde Area, all group members are entitled to attend. The Notice and Agenda for the meeting will be sent out to all members in December. The Countryside Rangers will lead walk around Pollok Park in the afternoon.

**Sunday 26<sup>th</sup> January      Menteith Hills      Full day      Grade C+      OS Map 57**

Leader: David ( 0141 423 2139 or davidandgertraute@talk21.com)

An easy 4 mile ' there and back' walk from Aberfoyle on good paths and forestry tracks past Lochan Balloch. Good views on a clear day. Meet outside **Partick Station** at **9 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £5.20 (52 miles round trip at 10p per mile).

**Tuesday 28<sup>th</sup> January      Committee Meeting      Evening**

All members are welcome to attend the Committee Meeting. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6.30 pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee.

Anyone wishing to attend, please contact Barry (luckydollar@btinternet.com or 0141-772 2263) not later than 5 pm on Friday 24<sup>th</sup> January.

**Saturday 1<sup>st</sup> February Mugdock Country Park Full Day GradeC+ OS Map 64**

Leader: Ian (0141 557 2553 or ic.brooke@virgin.net)

It's becoming a bit of a tradition to find yet another route around Mugdock Country Park! This will be a different 9 mile walk on good paths and trails. Meet at **Glasgow Central Station** (low level) outside Simply Foods at **9.15 am** having purchased a return ticket for the 9.28 am to Milngavie. Walkers can join this train at Partick at 9.35 am.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 8<sup>th</sup> February Branchton to Wemyss Bay Full Day Grade B OS Map 63**

Leader: John B (0141 647 8371 or johnlinda30@tiscali.co.uk)

A linear walk, 7+ miles, mainly track, muddy in places. Meet at **Glasgow Central Station** (high level) outside Simply Foods at **9.45 am** having purchased a return ticket for the 9.55 am to Wemyss Bay alighting at Branchton Station.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Sunday 9<sup>th</sup> February Chatelherault Country Park Full day Grade C OS Map 64**

Leader: James (07736 390887 or jfm6721@talktalk.net)

A walk along the 8 km Green Bridge Trail with time to visit the beautifully restored Lodge and Visitor Centre (free admission to both). Meet at **Glasgow Central Station** outside Simply Foods at **9.30 am** having purchased a return ticket to Chatelherault on the 9.43 am Larkhall train (low level).

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 15<sup>th</sup> February Barscube Hill Full Day Grade B OS Map 63/341**

Leaders: Tony (0141 942 4777 or antonyrosslyn51@yahoo.co.uk)

A 8 mile walk walk along quiet country roads and moorland paths in the Renfrewshire countryside. Views up and down the Clyde from Barscube Hill (195 M). Meet at **Glasgow Central Station** outside Simply Foods at **8.55 am** having purchased a return ticket to Langbank for the 9.08 am Gourock train. The leader will meet walkers at Langbank Station at 9.36 am

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Thursday 20<sup>th</sup> February Strathblane to Killearn Full Day Grade C OS Map 64**

Leader: John M (0141 773 0409 or squareloaf@talktalk.net)

A 7 mile there and back walk. Meet outside **Partick Station** at **9.30 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £3 (30 miles round trip at 10p per mile).

**Thursday 20<sup>th</sup> February Social Evening TEN PIN BOWLING**

Ruth is organising a Ten Pin Bowling on the evening of Thursday 20<sup>th</sup> February. Please contact Ruth directly and register an interest in going. Her email address is smruta80@hotmail.com or phone 07762177522. Please make contact by 13<sup>th</sup> February if you would like to go.

**Saturday 22nd February      Campsie Round      Full Day      Grade B      OS Map 348**

Leader: Greg (07716994026)

6 miles. Steep tracks and slopes and short section on the road on the return. Some boggy stretches. Good views. Meet at **Buchanan Bus Station** at **9.20 am** stance 36 for X85 bus to Clachan of Campsie at 9.31 am.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Wednesday 26<sup>th</sup> February      Walk Leaders' Meeting      Evening**

The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street at 7.30 pm in the downstairs room. The purpose is to get together and plan the next programme for May to November 2014. Any member who might consider offering a walk in the future is most welcome to attend. We have a dedicated group of members prepared to lead walks but we are always looking for more leaders. Even offering one walk per programme would be a huge help to the group. Also ideas for new walks would be of interest.

Phone Catherine 07711268312 or email [info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk) for more details.

**Saturday 1<sup>st</sup> March      Cumbernauld to Dullatur      Full Day      Grade C+      OS Map 64/349**

Leaders: Tony (0141 942 4777 or [antonyrosslyn51@yahoo.co.uk](mailto:antonyrosslyn51@yahoo.co.uk))

A 7 mile walk out into the countryside from Cumbernauld Village, along paths, a little road section and then along by the ditch of the Antonine Wall. There are several information boards about the wall. Meet at **Buchanan Bus Station** at **9.15 am** at the stance for the 9.15am X39 bus to Stirling, alighting in Cumbernauld Village at 9.59 am. The leader will meet the bus at Cumbernauld Village.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Tuesday 4<sup>th</sup> March      Committee Meeting      Evening**

All members are welcome to attend. The meeting will be held at The Unitarian Church Centre, 72 Berkeley Street in the downstairs room at 6.30 pm. Members' comments and suggestions are very helpful and will be fully considered by the Committee. Anyone wishing to attend, please contact Barry ([luckydollar@btinternet.com](mailto:luckydollar@btinternet.com) or 0141-772 2263) not later than 5 pm on Friday 28<sup>th</sup> February

**Sunday 9<sup>th</sup> March      Lennox Forest Loop      Full Day      Grade B      OS Map 64**

Leader: Ian (0141 557 2553 or [ic.brooke@virgin.net](mailto:ic.brooke@virgin.net))

A 9 mile walk on country roads, forest tracks and paths. The walk will start at Balmore at 9.30 am. Meet outside **Partick Station** at **9 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £1.60 (16 miles round trip at 10p per mile).

**Saturday 15<sup>th</sup> March      Conic Hill      Full Day      Grade B      OS Map 56/57**

Leader: Greg (07716994026)

A hill walk on good paths with views and 350 m of ascent. Meet at **Partick Station** at **9 am** .

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution £4 (40 miles round trip at 10p per mile).

### **Thurs 20<sup>th</sup> March**

#### **Duke's Monument, Huntsman's Ride, Avon Gorge Full day Grade C+ OS Map 64**

Leader: Gordon ( 07443426941 or gordonarthur50@gmail.com)

A variation on the classic Green Bridge walk at Chatelherault. The route will follow the Grand Avenue across the former deer park with extensive views over Hamilton and the Clyde Valley. An interesting diversion will be made to explore the Duke's Monument, before finally completing the circuit of the Avon Gorge. Meet outside **Partick Station** at **9.40 am** having purchased a return ticket for the 9.50 am Lanark train to Chatelherault. Walkers can catch this train at Glasgow Central Station (low level) at 9.58 am.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

#### **Saturday 22<sup>nd</sup> March Mugdock Full Day Grade C OS Map 64**

Leader: Peter (078100 06591).

A 10 km approx. 3 hr circular walk from Milngavie Station through Mugdock Country Park. Meet at **Glasgow Central (low level)** outside Simply Foods at **9.20 am** having purchased a return ticket for the 9.28 am to Milngavie. Walkers can join this train at Partick Station at 9.35 am. The leader will meet walkers at Milngavie Station

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

#### **Sunday 23<sup>rd</sup> March Earls Seat via Corrie of Balglass Full Day Grade A OS Map 57**

Leader: Alan (07720 843353 or alan@cawatt.com)

This long circular walk of 14km from the village of Fintry reaches the highest point (578m) of the Campsie Fells. The route rises steadily to the rocky vantage point of Dunmore and then along a cliff- top walk around the corrie, a spectacular natural feature, before reaching Earl's Seat. The return route heads directly back to Dunmore. The track may be boggy. This walk is not suitable for anyone who is worried about steep drops. An alternative walk will be arranged if visibility is poor. Meet outside **Partick Station** at **9.am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £4.20 (42 miles round trip at 10p per mile).

#### **Sunday 30<sup>th</sup> March Kirkton Glen Full Day Grade B OS Map 51**

Leader: David ( 0141 423 2139 or davidandgertraute@talk21.com)

A 5 mile 3 to 4 hour circular walk from Balquhiddier churchyard, firstly on steadily ascending forestry tracks then mostly on good paths over to Lochan Eireannaich with good views. Height gained 470 m. Meet outside **Partick Station** at **9 am**

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £10 (100 miles round trip at 10p per mile).

#### **Saturday 5<sup>th</sup> April Whinney Hill Full Day Grade C+ OS Map 347**

Leader: Susan (0141 339 7127 or susan.stuart@ntlworld.com)

A rewarding 10 km walk from Balloch Station on good paths in Balloch Castle Country Park with steeper ground on the hill. Meet outside **Partick Station** at **9.20 am** having purchased a return ticket for the 9.29am train to Balloch Central. Walkers could catch the same train at 9.23 am from Glasgow Queen Street (low level)

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

## **Saturday 12<sup>th</sup> April Falls of Clyde - a joint walk with Scottish WildlifeTrust (SWT)**

**Grade C at a very easy pace**

Margaret ( 07968993264 or mcgheemargaret6@gmail.com) will coordinate this joint walk with SWT so please contact her in advance. This is a stroll to the Falls of Clyde at a very leisurely pace. This is a good area and a good time of year to see lots of Spring flowers and birds.

Walkers will catch the train to Lanark and meet the SWT at 10 30 am in the main car park at New Lanark( ie the upper one). Meet at **Glasgow Central Station** (low level) outside Simply Foods at **8.50 am** having purchased a return ticket to Lanark on the 9.07 am train. Walkers can get on this train at Partick at 8.59 am and meet the others at Lanark Station at 10.14 am

**Walkers must contact Margaret in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

## **Sunday 13<sup>th</sup> April Callander Craggs Full Day Grade B OS Map 57**

Leader: David ( 0141 423 2139 or davidandgertraute@talk21.com)

Distance:5miles (8km) Height:1100 ft (335m) Time: 3-4 hrs. A circular woodland walk over crags to the NE of the town on good paths: sometimes steep, muddy or rocky. Views from the top, a chalybeate spring and Bracklinn Falls at foot. Meet outside **Partick Station** at **9 am**.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £8 (80 miles round trip at 10p per mile).

## **Saturday 19<sup>th</sup> April Kilchattan Bay to Rothesay Full Day Grade B OS Map 63**

Leader: James (07736 390887 or jfm6721@talktalk.net)

A very pleasant 12 km walk, with the prospect of beautiful views, on the southern section of the West Island Way on Bute. The walk starts at Kilchattan Bay in the south of Bute and then goes via Stravanan Bay, the central spine of the island and Loch Fad. There is some easy to moderate climbing to a maximum height of 150m. Meet at **Glasgow Central Station** outside Simply Foods at **8.45 am** having purchased a return ticket to Rothesay for the 8.55 am Wemyss Bay train **and** the 10.15 am ferry from Wemyss Bay to Rothesay. Then we'll catch the 11 am bus to Kilchattan Bay.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

## **Thursday 24<sup>th</sup> April Garelochhead to Helensburgh Full Day Grade B OS Map 56**

Leader: Catherine (07711 268312 or catherine@cawatt.com)

A 7 mile walk on quiet country roads through the scenic Glen Fruin, past the site of the Battle of Glen Fruin 1603 and the place where Barnes Wallis researched the 'bouncing bomb'. The next section, which may be muddy, is along the Highlandman's Road, an ancient coffin road used by the people in the glen as they walked to their parish church in Rhu. Then it's downhill to Helensburgh. Meet outside **Partick Station** at **8.50 am** having purchased a return ticket to Garelochhead on the 8.59 am Balloch train. Walkers can get on the Mallaig train at Glasgow Queen Street at 9.03 am and meet the others when they change trains at Dalmuir at 9.24 am or at Garelochhead Satation at 10.03 am.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed.**

**Saturday 26<sup>th</sup> April          Monkland Canal   Half Day    Grade C    OS Map 64**

Leader: Barry (0141 772 2263 or luckydollar@btinternet.com – email enquiries preferred) The Monkland Canal was closed in the 1940s and most of the route is now culverted underground, much of it under the M8 motorway, but this walk follows one of the few remaining open sections, as well as incorporating some local parks. The main walk is about 5½ miles/9km but, at the end, the leader will offer an optional extension of ¾ mile/1.2 km around the outside of Summerlee Heritage Museum. Walkers may, if they wish, then have lunch in the Museum café, and perhaps visit the Museum itself (admission free, but please note closing time 5 pm). Meet **Glasgow Queen Street Station (low level)** at **9.10 am** outside the main booking hall having purchased a return ticket for the 9.24 am Edinburgh train to Coatbridge Sunnyside (NB not mainline Edinburgh train). Car drivers are recommended to park in the large car park in Heritage Way (opposite the entrance to Summerlee Museum, walk down to the foot of Heritage Way, and wait there for those arriving by train, around 9.45 am.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and that travel details have not changed**

**Sunday 27<sup>th</sup> April    Beinn Narnain    Full Day    Grade A    OS Map 56**

Leader: Alan (07720 843353 or alan@cawatt.com)

Beinn Narnain is one of the Arrochar Alps. This is a Munro, creeping into the list by just a few feet, but is less well known and less recognisable than its lower neighbour, The Cobbler. After a steep start, we will have an interesting walk with some light scrambling and some great views from the summit if we get a clear day. If the weather is bad an alternative walk in the area will be arranged. Meet outside **Partick Station** at **9 am**.

**Walkers must contact the leader in advance to make sure that the walk is still scheduled to take place and to advise whether they require or can offer a lift.**

Recommended passenger contribution to driver £7 (70 miles round trip at 10p per mile).

## Summary

| Date                      | Walk or Event                | Full or Half Day or Evening | Grade    |
|---------------------------|------------------------------|-----------------------------|----------|
| Sun 3 <sup>rd</sup> Nov   | Loch Drunkie                 | Full day                    | Grade C+ |
| Thurs 7 <sup>th</sup> Nov | The Burrell and Pollok Park  | Half Day                    | Grade C  |
| Sat 9 <sup>th</sup> Nov   | Stirling City Walk           | Full Day                    | Grade C+ |
| Sat 16 <sup>th</sup> Nov  | Duncolm                      | Full Day                    | Grade B  |
| Wed 20 <sup>th</sup> Nov  | Committee Meeting            | Evening                     |          |
| Sat 23 <sup>rd</sup> Nov  | Tappoch Broch                | Full Day                    | Grade C+ |
| Sun 1 <sup>st</sup> Dec   | Kinlochard and the Crannog   | Full Day                    | Grade C+ |
| Thurs 5 <sup>th</sup> Dec | The Necropolis               | Half Day                    | Grade C  |
| Sat 7 <sup>th</sup> Dec   | Group AGM followed by a walk |                             | Grade C  |

|                            |   |                 |          |
|----------------------------|---|-----------------|----------|
| Sat 14 <sup>th</sup> Dec   | Dollar Circular   | Full Day        | Grade C  |
| Sat 21 <sup>st</sup> Dec   | Dumyat and Beyond   | Full Day        | Grade B+ |
| Sat 28 <sup>th</sup> Dec   | Waulkmill Glen  | Full Day        | Grade C+ |
| Sat 4 <sup>th</sup> Jan    | Dumbreck Marsh and Auchinstarry                           | Half Day        | Grade C  |
| Sat 11 <sup>th</sup> Jan   | Duncarnock Fort -The Craigie                              | Half Day        | Grade C  |
| Thurs 16 <sup>th</sup> Jan | West End Walk   | Half Day        | Grade C  |
| Sun 19 <sup>th</sup> Jan   | Croy to Falkirk High                                      | Full Day        | Grade C+ |
| Sat 25 <sup>th</sup> Jan   | North Strathclyde Area AGM and Members' Walk, Pollok Park |                 |          |
| Sun 26 <sup>th</sup> Jan   | Menteith Hills  | Full day        | Grade C+ |
| Tues 28 <sup>th</sup> Jan  | Committee Meeting   | Evening         |          |
| Sat 1 <sup>st</sup> Feb    | Mugdock Country Park                                      | Full Day        | GradeC+  |
| Sat 8 <sup>th</sup> Feb    | Branchton to Wemyss Bay                                   | Full Day        | Grade B  |
| Sun 9 <sup>th</sup> Feb    | Chatelherault Country Park                                | Full day        | Grade C  |
| Sat 15 <sup>th</sup> Feb   | Barscube Hill   | Full Day        | Grade B  |
| Thurs 20 <sup>th</sup> Feb | Strathblane to Killearn                                   | Full Day        | Grade C  |
| Thurs 20 <sup>th</sup> Feb | Social Evening  | TEN PIN BOWLING |          |
| Sat 22 <sup>nd</sup> Feb   | Campsie Round   | Full Day        | Grade B  |
| Wed 26 <sup>th</sup> Feb   | Walk Leaders' Meeting                                     | Evening         |          |
| Sat 1 <sup>st</sup> Mar    | Cumbernauld to Dullatur                                   | Full Day        | Grade C+ |
| Tues 4 <sup>th</sup> Mar   | Committee Meeting   | Evening         |          |
| Sun 9 <sup>th</sup> Mar    | Lennox Forest Loop  | Full Day        | Grade B  |
| Sat 15 <sup>th</sup> Mar   | Conic Hill  | Full Day        | Grade B  |
| Thurs 20 <sup>th</sup> Mar | Duke's Monument, Huntsman's Ride, Avon Gorge              | Full day        | Grade C+ |
| Sat 22 <sup>nd</sup> Mar   | Mugdock   | Full Day        | Grade C  |

|                            |  |          |           |
|----------------------------|--|----------|-----------|
| Sun 23 <sup>rd</sup> Mar   | Earls Seat via Corrie of Balglass                          | Full Day | Grade A   |
| Sun 30 <sup>th</sup> Mar   | Kirkton Glen   | Full Day | Grade B   |
| Sat 5 <sup>th</sup> Apr    | Whinney Hill   | Full Day | Grade C+  |
| Sat 12 <sup>th</sup> Apr   | Falls of Clyde - a joint walk with Scottish Wildlife Trust |          | Easy pace |
| Sun 13 <sup>th</sup> Apr   | Callander Crags  | Full Day | Grade B   |
| Sat 19 <sup>th</sup> Apr   | Kilchattan Bay to Rothesay                                 | Full Day | Grade B   |
| Thurs 24 <sup>th</sup> Apr | Garelochhead to Helensburgh                                | Full Day | Grade B   |
| Sat 26 <sup>th</sup> Apr   | Monkland Canal   | Half Day | Grade C   |
| Sun 27 <sup>th</sup> Apr   | Beinn Narnain  | Full Day | Grade A   |

## Other Ramblers' Groups

As well as the walks in this Programme, members of The Ramblers are welcome to take part in the walks of any other Ramblers' Groups. The Ramblers is divided into Areas. Glasgow is within North Strathclyde Area in which there are currently seven other Groups:

|                                   |   |
|-----------------------------------|---|
| Bearsden & Milngavie              | <a href="http://www.bearsdenandmilngavieramblers.org.uk">www.bearsdenandmilngavieramblers.org.uk</a>                      |
| Cumbernauld & Kilsyth             | <a href="http://www.ckramblers.org.uk">www.ckramblers.org.uk</a>  |
| Glasgow Young Walkers             | email <a href="mailto:glasgowyoungwalkers@yahoo.co.uk">glasgowyoungwalkers@yahoo.co.uk</a>                                |
| Helensburgh & West Dunbartonshire | <a href="http://www.hwdramblers.me.uk">www.hwdramblers.me.uk</a>  |
| Mid-Argyll & Kintyre              | <a href="http://argyllcommunities.org/midargyllkintyreramblers">http://argyllcommunities.org/midargyllkintyreramblers</a> |
| Monklands                         | <a href="http://www.monklandsramblers.org.uk">www.monklandsramblers.org.uk</a>  |
| Strathkelvin                      | <a href="http://www.strathkelvinramblers.org.uk">www.strathkelvinramblers.org.uk</a>                                      |

The following Groups within other Areas are also close to Glasgow:

Renfrewshire, Cowal & Bute Area:

|          |  |
|----------|--|
| Eastwood | <a href="http://www.eastwood-ramblers.org.uk">www.eastwood-ramblers.org.uk</a> |
| Paisley  | <a href="http://www.paisleyramblers.co.uk">www.paisleyramblers.co.uk</a>       |

Clydesdale to Solway Area:

|                         |  |
|-------------------------|--|
| Clyde Valley (Hamilton) | <a href="http://www.clydevalleyramblers.org">www.clydevalleyramblers.org</a> |
|-------------------------|--|

Anyone without internet access who wishes a copy of the Programme of any of the above Groups, please write to:

Barry Pottle, c/o 15 Newton Terrace, Glasgow, G3 7PJ.

**If you have received this copy of Glasgow Ramblers' Programme of Walks through the post, it is because we do not have an email address for you or because you have not given us permission to pass your email address on to the Ramblers Association.**

**If you are can provide an email address and are willing to have it forwarded to the Ramblers Association please contact Catherine by email.**

**[info@glasgowramblers.org.uk](mailto:info@glasgowramblers.org.uk)**