

Glasgow Ramblers

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Programme - November 2016 to April 2017



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Glasgow Ramblers

A warm welcome to all the new members who have joined Glasgow Ramblers in the last six months. We hope you have enjoyed walking with the group.

If you are not already one of our valued members, give us a try. We are a very friendly walking group. You are welcome to join us on any walk to see if Glasgow Ramblers is for you. Then once you have experienced the views, fun, company and exhilaration, it is just a case of becoming a member.

The Ramblers has a proud history of over 80 years. In that time thousands of people have been helped to enjoy the great outdoors. Glasgow Ramblers is one of nearly 60 Scottish groups (500 in GB). Across the UK, the Ramblers campaign to protect the natural beauty of our countryside, promote walking and safeguard public access to land.

The Ramblers' website has a huge amount of useful information www.ramblers.org.uk

To keep up-to-date, on the website, sign up for the Ramblers Scotland and Ramblers newsletters

Info for walkers - what you need to know

Please take time to read this section

The new Walk Grades are on the next page together with explanatory notes.

We ask walkers to contact the leader by phone or email a few days in advance to say that they would like to go on their walk, confirm the transport arrangements and the walk details. Where cars are needed, the leader needs to know well in advance if you require or can offer a lift.

Sometimes last minute changes are necessary. Up-to-date information on walks can be obtained from www.glasgowramblers.org.uk > **walks** > **current walks programme**

What to wear and what to bring

Warm and fully waterproof clothing should be carried in a rucksack. Denim jeans are not suitable as they get wet very quickly and are slow to dry out. Walking poles are not essential but they can be a help on rough ground.

Strong footwear should be worn for all walks. Walking boots are essential on all walks graded Moderate, Strenuous and Technical. On walks graded Leisurely, walking boots are advisable. If you are travelling by car, please bring a change of footwear and a plastic bag for your dirty boots

A packed lunch, small snacks and a cold drink are essential. A flask of hot drink is strongly recommended.

All walkers should carry emergency contact details. The committee has purchased emergency contact key-rings which can be attached to the inside of a rucksack. These are available free of charge to members. The key-ring holds a small concertina of paper on which to write details of: person to contact; doctor; health information; medication; car registration. Barry has been giving these out on walks but if you need one, email him at luckydollar@btinternet.com or send a SAE: c/o 15 Newton Terrace, Glasgow, G3 7PJ

It is recommended that all walkers should carry their own First Aid Kit.

OS Map Numbers are given but this is only for information; it is unnecessary for all walkers to bring a map.

New Walk Grades – we have decided to change from own walk grades to the Ramblers' National Grades - **Easy Access, Easy, Leisurely, Moderate, Strenuous and Technical**. The words in italics are added by Glasgow Ramblers as guidance.

Easy Access - walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections, please contact the group running the walk for details.

Typically a walk of only a few miles, mainly on paved areas, parks, canal towpaths or similar; any inclines will be relatively short; no stiles, narrow kissing gates or similar obstacles.

Easy - walks for anyone who does not have a mobility difficulty, a specific health problem or is seriously unfit. Suitable for pushchairs if they can be lifted over occasional obstructions. Comfortable shoes or trainers can be worn.

A walk in town or in the countryside, mainly on good paths and tracks; no sustained, steep slopes or significant stretches of slippery/uneven surfaces; normally less than 6 miles

Leisurely - walks for reasonably fit people with at least a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended.

A walk in the country that may involve small hills, short sections that are steep, some rough ground or drops close to the route; normally less than 10 miles.

Moderate - walks for people with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

A walk that may have significant overall ascent or other demanding aspects such as sections of bog or thick heather; on varied surfaces possibly including open hillside; may be in a remote area; also, min grade for a walk of 10+ miles. Would apply to higher walks in the Campsies and Ochils.

Strenuous - walks for experienced country walkers with an above average fitness level. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness should contact the organiser or leader in advance.

Demanding walks on mountains and hills with significant overall ascent and/or sustained steep sections; possibility of rocky, slippery and steep surfaces; some easy scrambling possible; also, min grade for a walk of 15+ miles. Typical grade for a Corbett, Munro or very long walk in summer conditions.

Technical - walks for experienced and very fit walkers with additional technical skills. May require scrambling and use of ropes, ice axes or crampons. You must contact the organiser or leader in advance for further details.

Mountain walks in winter conditions, walks with height exposure and risk from a fall irrespective of the length and height of the walk. Typical grade for a Munro or Corbett in winter conditions or an exposed ridge walk.

Please note that these grades are only a rough guide and we ask walkers to contact the leader in advance for all our walks. Waterproof clothing and boots are recommended for most of our walks - see Info for Walkers

Other information –

- **Anyone with a health condition, where there is a possibility that treatment may be required during a walk, must inform the leader in advance and give full details of the treatment which might be required. This is not intended to place any extra responsibility on the leader, but rather to protect the leader against incidents arising from no prior warning being given.**
- The leader may cancel or change a walk because of adverse weather conditions or for any other good reason. This information will be posted on the website.
- In dubious weather, it is wise to contact the walk leader the day before to check that the walk is going ahead to ask for advice.
- Inexperienced walkers must check with the walk leader before going on a grade of walk to which they are unaccustomed. An inability to cope with the conditions, or to maintain a reasonable walking pace, could cause a problem for the leader and jeopardise the safety of the party. In Winter, if you are inexperienced in any grade of walk, you must contact the walk leader for advice.
- In the interests of safety, the leader may refuse to lead anyone considered to be ill-equipped eg-wearing denim jeans, no waterproofs, unsuitable footwear for the grade of walk. The leader may also put a limit on the number of people on their walk.

Meeting Places

The meeting place for a walk is always given in the walk description.

Our normal meeting places for walks -

Partick Station: outside or just inside the station entrance if it is very wet.

We normally meet here if we are going by car and sometimes where when we catch a train.

The recommended parking for Partick Station is on Beith Street.

Glasgow Central Station: outside M & S Simply Food.

Glasgow Queen Street Station: outside the Main Booking Office.

Glasgow Buchanan Bus Station: by the Travel Information Board.

If you decide to meet the group at the start of the walk, please ensure that the walk leader is aware that you are going to make your own travel arrangements.

Travel costs

Everyone pays their own fares on public transport. For walks not accessed by public transport, it is expected that those with cars will give lifts to those without. As a guide, 10p per mile per passenger is considered an amount which reasonably covers the costs incurred by the driver. A suitable amount for car sharing is recommended under the details of each walk. The walk leader will collect the money and share it out between drivers who have offered spaces in their cars.

How fast do we walk?

As groups are usually made up of members with varying walking abilities, we should all consider those at the back of the party. We want everyone to enjoy our walks so walk leaders will set a pace that suits everyone, taking account of the type of walk and surroundings. On all but the shortest walks, we have breaks for a drink or something to eat along the way.

Dogs Registered Assistance Dogs only are allowed on walks.

Who is liable on a walk?

Please note that neither the Ramblers nor the walk leaders can accept liability for any accident that may occur on a walk. In the interests of enjoyment and safety, all members should stay within sight and earshot of the walk leader at all times, and should not leave the walk without first informing the leader.

Registering Your Mobile Phone with the Emergency Services

To contact the emergency services by text you have to register your number in advance to call the emergency services should the need arise when we are out and about. In areas where a mobile phone signal is weak and a phone call won't get through, a text message just might.

To register your mobile phone, text "register" to 999. You will get a reply; then follow the instructions you are sent. This will only take two minutes of your time and could save your life.

An emergency call can still be made on a Pay as You Go phone even when no money has been credited and also on some phones which are locked with a password.

Group website www.glasgowramblers.org.uk

To get up-to-date information, please check the walks calendar on the web site.

Any changes will appear under *walks > current walks programme*

Digital photographs of group walks are welcome, either for publicity or for display on the website. After each walk a short paragraph from any walker would be appreciated for the walk report. Ideas – weather, conditions, wildlife seen, views, any features. Any suggestions, stories, photos or comments on the website would be appreciated. To find a walk report go to the website Past walks > Stories and photos from walks.

Anyone participating in a group walk is assumed to have given consent to photographs in which they appear being used for publicity or website purposes. Anyone who does not wish a photograph to be used for such purposes should make this clear to the person taking the photograph. Requests for photographs to be removed from the website should be emailed to: info@glasgowramblers.org.uk

Facebook

Glasgow Ramblers has a Facebook Page. There is a link to Facebook on the website home page

News

Christmas Dinner Friday 16th December 7 pm at the Carlton George Hotel

If you are interested in joining fellow members of Glasgow Ramblers for the meal, please contact the organiser, Bobby as soon as possible. Email bobby_robb@hotmail.com or phone 0141 573 4781 The cost £27.50 per person. **Payments must be received by Saturday 12th November.**

Glasgow Group AGM Saturday 12th November, followed by a walk

All members are invited to attend the AGM of Glasgow Ramblers. The meeting will be held at The Lecture Room, **Pollok Country Park Visitor Centre**, Old Stable Courtyard, Glasgow, at **10 am for 10.30**. There will be a walk following the AGM, led by one of the Countryside Rangers. This is intended for those attending the AGM, so will start following the close of the meeting and after lunch (bring a packed lunch). The walk will begin at the meeting venue, so no transport is required.

North Strathclyde Area AGM Saturday 21st January 2017, followed by a walk

The AGM will be held on 21st January at 10 am for 10.30 in the small hall, Helensburgh Parish Church, Colquhoun Square, Helensburgh, G84 8UP. The location is less than 300yds along Princess Street from the railway station. Buses to Helensburgh stop across from the station. There is a pay and display car park within 100 yds and free car parking about 600 yds away at the Pier car park. As Glasgow Group forms part of North Strathclyde Area, all Group members are entitled to attend. The Notice and Agenda for the meeting will be sent to all members in December. It is hoped to follow the meeting with a members' walk "Helensburgh Scenic Circular" (distance 5½ miles/9 km; height climbed about 300 feet/100 metres).

Weekend away Ballater Friday 21st April to Sunday 23rd April 2017

Ballater on Royal Deeside has plenty to offer from short to long, steep to flat walks, historical and natural interest, good eating places and local shops. The well-equipped Habitat Hostel www.habitat-at-ballater.com has been provisionally booked. We will start on Friday evening with a walk up Craidendarroch Hill or a stroll along the Deeside Way followed by an evening meal. A core group of five walks will be led but other shorter walks and visits will be suggested. See the programme of walks for details.

We will have sole use of the hostel which has good communal and cooking areas. The cost per head will be £50 for two nights. We will restrict the numbers to 20. One room has a set of bunk beds, three rooms have a double bed and a set of bunk beds (2 or 3 people), two rooms sleep 6. Each room has a en-suite shower room. Travel by public transport would be by train or bus to Aberdeen and then bus to Ballater. However, it may be possible to share cars from Glasgow.

Expressions of interest to Bobby as soon as possible. Places in rooms will be reserved on a first come first served basis. **The money must be paid in full by the end of February 2017.** Please contact Bobby by phone (0141 573 4781) or email (bobby_robb@hotmail.com). For information about Ballater and the walks contact Alan - alan@cawatt.scot or 07720843353

A night at the opera Theatre Royal, Tuesday 16th May 2017 at 7:15pm

Ian has kindly said that he will book tickets for La Bohème by Puccini, at a discounted group rate of £23.85 per person. This will be a brand-new production set in Paris in the 1920s – there will certainly be a lot to look at on stage, and something good to listen to too! Tickets are limited and if you intend going, please contact Ian as soon as possible but before the 15th December. Payment will be required by 15th January. Email Ian – ic.brooke66@gmail.com

Committee Meetings

Any member is most welcome to attend Committee Meetings as a visitor. The meetings in this programme will be held on: Tuesdays 1st November, 10th January and 7th March at The Unitarian Church Centre, 72 Berkeley Street in the basement room, at 6.30pm. Anyone wishing to attend, should contact Barry (luckydollar@btinternet.com or 0141-772 2263) before 5pm on the Friday before the meeting.

Ramblers Festival of Winter Walks 2016

This festival will run from Saturday 17th December to Sunday 8th January 2017

Ramblers Scottish Gathering 2017

Another date for your diary. The annual Scottish Gathering organised by Ramblers Scotland will be held in Newtonmore from Friday 28th April to 1st May 2017. Booking will open in January

The Magnificent 7 (Mag 7) – A progress update

A big thank you to everyone who has given up a morning or two to work on path maintenance on the Mag 7. To succeed the project does require help from our members.

Glasgow Ramblers and Glasgow Young Walkers are working in a partnership with Gary Linstead, the South East Countryside Ranger. The intention is to way-mark the route and carry out path improvement work. The 10 mile route was walked with a consultant earlier in the Summer and he agreed that walk has great potential for the local community. He offered some useful suggestions and his report will form the basis for the next step which will be look for funding for a full feasibility study. We have held four Volunteer Path Maintenance Days and improved a section of the path in Holmbyre Woods and the long flight of steps leading to the Cathkin Braes. Thank you to everyone who has come along to help including our own and Glasgow Young Walkers members, members from Paisley Ramblers, volunteers from the People's Postcode Lottery and members of the public. Each day has been at a measured pace with lots of fun. Any offers to take part in path improvement days, or in any other way would be much appreciated.

Please email info@glasgowramblers.org.uk

Future volunteer path maintenance dates:

Sunday 13th November, Saturday 11th March and Sunday 9th April

If you are interested in helping please email Steve - chompmancobra@hotmail.com

Walk leaders and ideas for walks needed! Please help by leading one walk.

We have an enthusiastic group of walk leaders but we are always looking for more as well as new ideas for walks. Suggesting a walk does not necessitate leading it. If you wish, we will find another walk leader to do the recce with you. Offering one walk per programme is an enormous help. For the next programme from May to November 2017, we shall be holding a planning meeting on Tuesday, 21st February 2017 at the Unitarian Church Centre, 72 Berkeley Street in the basement room 7pm for 7:30. Any member considering offering a walk in the future is most welcome. For ideas or more information, email: info@glasgowramblers.org.uk.

The Walking Partnership supported by Ramblers Worldwide Holidays

If you are planning a holiday with Ramblers Worldwide Holidays, please nominate Glasgow Ramblers and depending on your destination, the group will receive a donation of £10, £20 or £30.

www.ramblersholidays.co.uk

Walks PROGRAMME

Before you contact the leader get up-to-date information on the walk on the website
www.glasgowramblers.org.uk > walks > current walks programme

All walkers must contact the leader by phone or email a few days in advance of a walk to confirm: the transport arrangements; walk details; and where cars are needed for a walk, if you require or can offer a lift.

Events, meetings and important dates are in italics.

More information on each of these can be on pages 6 to 8 under NEWS

Tuesday 1st November ***Committee meeting***

Sunday 6th November **Cademuir Hill** **8 miles/12.9 km** **Moderate**

Starts at 10:30 from the car park on the south side of river in Peebles. (EH45 9EW, NT251401)

Meet at 08:30 outside Partick Station

An 8 mile circular walk over hill tracks, country roads and riverside paths taking in ancient hillforts along Cademuir ridge. OS Landranger sheet 73.

The recommended passenger contribution is £12.60 (round trip of 126 miles at 10p a mile)

Contact: Alistair and Agnes, 0141 883 8821, mramcclellan@hotmail.co.uk

Thursday 10th November **Drumclog Moor and Dougalston** **5 miles/8.1 km** **Easy**

Starts at 10:05 outside Milngavie Station (G62 8BS, NS555744)

Meet at 09:35 outside Partick Station having purchased a return ticket for 09:44 train to Milngavie

A two hour, flattish walk from Milngavie Station initially following the West Highland Way. Then along the south side of both Mugdock and Craigmaddie reservoirs and back to Milngavie through the Dougalston Woodland. There will be a visit to cafe at the end of the walk. OS Map 64

Walkers could catch the Milngavie train at Queen Street (low level) at 09:35 and meet the leader on the train or on arrival at Milngavie; Contact: Catherine, 07711268312, catherine@cawatt.scot

Saturday 12th November ***AGM followed by a walk***

Saturday 12th November ***Contact Bobby if you are going to the dinner on 16th Dec***

Sunday 13th November ***Volunteer Path Maintenance Day***

Sunday 20th November **River Ayr Way part 1** **11 miles/17.7 km** **Leisurely**

Starts: Glenbuck (KA18 3SB, NS754289)

Meet at 09:00 outside Partick Station

Follow the infant River Ayr through wild moorland rich in industrial and natural history from Glenbuck through Muirkirk to the Fisherman's Bridge. This is a delightful country walk on footpaths and tracks, part of the 44 mile walk from Glenbuck to Ayr. The River Ayr Way is Scotland's only source to sea trail. OS Landranger sheet 71.

The recommended passenger contribution is £8.40 (84 miles round trip at 10p per mile).

Contact: Alan, 07720843353, alan@cawatt.scot

Sunday 18th December The Pineapple from Airth 6 miles/9.7 km Easy

Starts at 10:15: Car park in Airth. Further details from the walk leader. (FK2 8LN, NS898878)

Meet at 09:30: Outside Partick Station

The Pineapple near Airth is a wonderful folly built by the Earl of Dunmore in 1761. It is now owned by the National Trust for Scotland. This is a 6 mile (10km) circular walk from Airth through woodland, farmland and returning along the banks of the River Forth. As well as seeing The Pineapple, the walk goes through the Dunmore Estate and the planned village of Dunmore. OS Landranger sheet 65. The recommended passenger contribution to the driver is £6 (60 miles round trip at 10p per mile).

Contact: Alan, 07720843353, alan@cawatt.scot

Thursday 29th December Monkland Canal 5.6 miles/9 km Easy

Starts at 09:50: Coatbridge Sunnyside Station (ML5 3HR, NS731656)

Meet at 09:10: Glasgow Queen Street Station outside the main booking hall having purchased a return ticket for the 09.26 Airdrie train to Coatbridge Sunnyside.

A half day circular walk. Monkland Canal was closed in the 1940s and most of the route is now culverted underground, much of it under the M8 motorway, but this walk follows one of the few remaining open sections, as well as incorporating some local parks. After the main walk, the leader will offer an optional extension of ¾ mile/1.2 km around the outside of Summerlee Heritage Museum. Walkers may, if they wish, then have lunch in the Museum café, and perhaps visit the Museum itself (admission free, but please note closing time 5 pm). OS map 64.

Car drivers are recommended to park in the large car park in Heritage Way (opposite the entrance to Summerlee Museum), walk down to the foot of Heritage Way, and wait there for those arriving by train, around 10.00.

Contact: Barry, 01417722263, luckydollar@btinternet.com

Wednesday 4th January *Booking opens for the Scottish Gathering 28th April*

Saturday 7th January Waukmill Glen 4.3 miles/7 km Leisurely

Starts at 09:40: Priesthill & Darnley Railway Station (G53 7RE, NS529596)

Meet at 09:10: Glasgow Central Station outside Simply Foods having purchased a return ticket for the 09.23 Barrhead train to Priesthill and Darnley.

This half day circular walk is in the northern part of Dams to Darnley Country Park and, from its rural feel, you won't believe that it is mostly within the Glasgow City boundary. Much of the walk is on good paths in woodland and more open areas, but it is graded leisurely (rather than easy), because there are parts across rough ground, involving some fence crossings. OS map 64.

Visitors to the Country Park are allowed to use the car park of the World Buffet at the junction of Nitshill Road and Corselet Road. Car drivers are recommended to park there and wait at the side of the junction nearest the car park, for those arriving by train, who should arrive there around 09:50.

Contact: Barry, 01417722263, luckydollar@btinternet.com

Tuesday 10th January *Committee Meeting*

Thursday 12th January Around the town of Paisley 5 miles/8.1 km Easy

Starts at 10:00: Outside the main entrance to Paisley Gilmour Street Station (PA1 1BS, NS483642)

Meet at 09:35: Glasgow Central Station outside M & S Simply Foods at 09:35 having purchased a return ticket to Paisley Gilmour Street for the 09:48 train

This circular walk of about 3 hours will be a stroll around some of the main sights of the town of Paisley including the Abbey, Museum, Coats Observatory, Jenny's Well and Saucel Hill. There is a lot to discover. The last place to visit will be the Observatory where there will be the option to take a free tour and watch a show at the Planetarium. Otherwise it is a short walk back to the station

Contact: Catherine, 07711268312, catherine@cawatt.scot

Saturday 14th January Blackness to Linlithgow 9 miles/14.5 km Leisurely

Starts at 10:40: The bus stop in Blackness (EH49 7NG, NT051800)

Meet at 08:35: Glasgow Queen Street Station outside the main ticket office having purchased a return ticket to Linlithgow to catch the 08:45 Edinburgh train

This flattish, linear walk from Blackness to Linlithgow through Bo'ness follows the John Muir Way and includes seashore, points of historical and natural interest, woodland and farmland. Good paths and tracks. From Linlithgow we will catch a bus to Blackness. Walkers could meet the leader outside Linlithgow Station at 09:15 when the train arrives

Contact: Susan, 0141 339 7127, susan.stuart@ntlworld.com

**Saturday 14th January *Contact Bobby if you are planning to go on the Ballater Weekend
21st to 23rd April***

Saturday 14th January *Payment to Ian for Opera ticket for Tuesday 16th May*

Saturday 21st January *North Strathclyde Area AGM, followed by a walk*

Sunday 22nd January Dumgoyne 6.2 miles/10 km Moderate

Starts: By the memorial at Blanefield. Further details from the walk leader. (G63 9HZ, NS556796)

Meet at 09:00: Outside Partick Station

A circular walk north of Blanefield taking in Dumgoyne, that basalt volcanic plug visible to the north from much of Glasgow. At 427m, it is not very high but is quite steep near the top. On tracks, open hillside and steep grassy slopes with some muddy sections. OS Landranger sheet 64.

Because of the time of year, be sure to check walking conditions with the leader.

The recommended passenger contribution to the driver is £2.20 (round trip of 22 miles).

Contact: Alan, 07720843353, alan@cawatt.scot

Sunday 29th January Duncolm Top of the Kilpatricks Revisited 8.1 miles/13 km Moderate

Starts at 09:45: Signposted car park just off Cochno Road, near Hardgate, Clydebank (G81 5QN, NS503740)

Meet at 09:00 outside Partick Railway Station

A 13 km circular walk by clear paths and indistinct paths over rough, boggy ground to the highest point in the Kilpatricks (401 metres). We will also climb Cochno Hill (347 metres). Landranger OS Map 64

Total ascent 330 metres

The recommended passenger contribution to the driver is £1.60 (16 miles round trip at 10p per mile)

Contact: Bobby, 01415734781, bobby_robbs@hotmail.com

Thursday 2nd February New Lanark and the Falls of Clyde 8 miles/12.9 km Leisurely

Starts at 10:15: Lanark Railway Station (ML11 7NR, NS885435)

Meet at 09:10: Glasgow Central Station outside M & S Simply Foods having purchased a return ticket to Lanark to catch the 09:40 train.

From Lanark Station we will walk down to New Lanark, the famous UNESCO World Heritage Site, then along the wooded riverbank to the spectacular Falls of Clyde. Crossing the river at the Bonnington Linn, the walk takes us past Corra Castle to Kirkfieldbank and through a park back to the station. There are good woodland paths but they may be muddy at times.

Contact: Catherine, 07711268312, catherine@cawatt.scot

Sunday 5th February Glen Ogle Trail 6.5 miles/10.5 km Leisurely

Starts at 10:30 from the car park opposite Loch Earn water sports centre. (FK19 8QG, NN593237)

Meet at 09:00 outside Partick Station

The Glen Ogle Trail - a 6.5 circular mile walk along the trackbed of the old Caledonian Railway. OS Landranger Sheet 51.

Recommended passenger contribution of £10.00 (round trip of 100 miles at 10p per mile).

Contact: Alistair and Agnes, 0141 883 8821, mramclellan@hotmail.co.uk

Saturday 11th February Tappoch Broch 7 miles/11.3 km Leisurely

Starts at 09:50: Larbert Railway Station (FK5 4AW, NS860825)

Meet at 09:05: Glasgow Queen Street Station outside the main booking office having purchased a return ticket to Larbert and catching the 09.18 Alloa train.

Did you know that there is an Iron Age broch in the woods near Larbert? Well, come and see it! Some walking along pavements beside busy roads to start with, but most of the circular walk is on farm tracks and woodland paths. As well as the broch (now covered in vegetation, but the circular structure is still clearly visible), we will pass the remains of a 16th century castle and a 19th century mansion.

OS map 65. The leader will join the train at Bishopbriggs and meet walkers at Larbert at 09:52.

Car drivers park in the large car park in Foundry Loan (contact leader for directions).

Contact: Barry, 01417722263, luckydollar@btinternet.com

Saturday 18th February Mugdock Meander 10 miles/16.1 km Leisurely

Starts at 10:00: Outside Milngavie Station (G62 8BS, NS555744)

Meet at 09:20: Glasgow Central Station outside M&S Simply Food having purchased a return ticket for the 09:37 train to Milngavie.

A 10-mile circular walk on good paths and tracks, taking in landmarks including Mugdock Castle and the visitor centre in Mugdock Country Park near Milngavie, and a circuit of Craigmaddie Reservoir.

Contact: Ian, 01415572553, ic.brooke66@gmail.com

Tuesday 21st February Walk Leaders' Meeting

Tuesday 28th February Full payment to Bobby for Ballater Weekend 21st to 23rd April

**Sunday 26th February Lochgoilhead to Corran Lochan and Clach Bhein
8.5 miles/13.7 km Strenuous**

Starts at 10:30: Car park on the shore of Loch Goil (PA24 8AQ, NN199013)

Meet at 09:00: Outside Partick Station

We follow the high level forest path to Corran Lochan and then, optionally, climb the north face of Clach Bhein to the trig point. On the return leg we join the lower forest track near Stuckbeg and return along the shore road. This circular walk involves 1,970 ft. of ascent (2,600 ft of ascent if Clach Bhein is climbed). Mileage from Partick to Lochgoilhead and back is 94 miles. The recommended passenger contribution to the driver is £9.40

The leader will meet walkers at Lochgoilhead.

Contact: Idris, 01436673460, idrisscott@waitrose.com

Thursday 2nd March Bridge of Weir to Langbank 7 miles/11.3 km Leisurely

Starts at 10:15: The bus stop on Kilmacolm Road, Bridge of Weir (PA11 3PF, NS385659)

Meet at 09:05 at Buchanan Bus Station by the Information Board for the 09:20 McGills X7 bus to Greenock. Buy a ticket on the bus.

The first part of the linear 7 mile (11.3 km) walk from Bridge of Weir to Kilmacolm follows the old railway line across attractive open countryside. There will be a coffee stop at the Cargill Centre in the village. The route follows an old right of way down to the Clyde with open views out across the river to the distant hills. one of the best things is that there is more downhill than uphill. The return journey will be by train from Langbank. After Kilmacolm, the grassy track across the fields may be muddy.

Contact: Catherine, 07711268312, catherine@cawatt.scot

Saturday 4th March Dunblane to Bridge of Allan 7.2 miles/11.5 km Leisurely

Starts at 10:00: The walk starts at Dunblane Railway Station. (FK15 9EP, NN781010)

Meet at 09:00: Walkers travelling by train should buy a return to Dunblane and meet at Queen Street Upper Level information board at 09:00 to catch the 09:08 Dunblane train. The leader will join them at the station at 10:00.

From Dunblane we join the Darn Road Path. The first section runs along the edge of the golf course then continues through woodland before going downhill to meet the Kippenrait Glen Path. Next is a steady plod uphill above the Wharry Burn to come out on The Glen Road. The next section of the walk is on minor and old roads and passes through Kippenrait Glen, a Special Area of Conservation and a Site of Special Scientific Interest. We then walk along the footpath beside the Allan Water before going uphill to cross the bridge over the railway line and continue to Henderson Street, where we turn away from Bridge of Allan and walk on minor roads and paths, in a loop, towards the Carse of Lecropt and back into town via The Chicken Run. OS Map 57. A linear walk

Car drivers can meet the leader at 09:30 in Bridge of Allan Station car park to walk the short distance to Henderson Street to catch the 09:44 bus to Dunblane.

Contact: Anne, 07977635467, athomson555@gmail.com

Sunday 5th March River Ayr Way Part 2 10.3 miles/16.5 km Leisurely

Starts: Fisherman's Bridge (KA18 3NH, NS618269)

Meet at 09:00: Outside Partick Station

Follow the River Ayr from the Fisherman's Bridge to Mauchline. Passing through Sorn, the river starts to widen. The river has a rich industrial heritage, provides a habitat for wildlife and, of course, strong links to Robert Burns. Towards the end, the walk passes under the Ballochmyle Viaduct. This is a delightful country walk on footpaths and tracks, part of the 44 mile walk from Glenbuck to Ayr. The River Ayr Way is Scotland's only source to sea trail. OS Landranger sheet 70/71. Linear walk
The recommended passenger contribution to the driver is £8.40 (84 miles round trip at 10p per mile).

Contact: Alan, 07720843353, alan@cawatt.scot

Tuesday 7th March Committee Meeting

Saturday 11th March Volunteer Path Maintenance Day

Sunday 12th March Flotterstone Pentlands 9 miles/14.5 km Moderate

Starts: Car park behind Flotterstone Inn (EH26 0PW, NT232630)

Meet at 09:00: Outside Partick Station

A 9 mile circular walk in the Pentland Hills from Flotterstone. OS Landranger map 66

Recommended passenger contribution to the driver is £10 (100 miles round trip at 10p per mile)

Contact: John Mc, 0141 773 0409, squareloaf@talktalk.net

Saturday 18th March Great Cumbrae Island Adventure 10 miles/16.1 km Moderate

Starts: Outside Largs Railway Station (KA30 8DH, NS203592)

Meet at 09:30: Glasgow Central Station outside M&S Simply Food at 09:30 having bought an off-peak return ticket for the 09:48 Largs train (£9.30).

A circular excursion into the "interior" of Great Cumbrae, taking in the highest point of the island at The Glead Stone, then venturing across to picturesque Fintray Bay and Sheriff's Port, before finishing in Millport. A total ascent of 200m. Optional extension of 6km / 4 miles available from Millport back to the Cumbrae Slip ferry terminal for those feeling energetic, otherwise we shall go via the shuttle bus.

The return ferry fare from Largs to Cumbrae Slip is £5.00, and a single fare on the bus from Millport to Cumbrae Slip is approx. £2.00.

Contact: James, 07736-390887, jfm6721@talktalk.net

Sunday 26th March Trio of Lowther Hills, Wanlockhead 7.2 miles/11.5 km Moderate

Starts at 10:15: Starting from car park at signposted Visitors Centre in Wanlockhead.

(ML12 6UW, NS875128). Free parking

Meet at 09:00: Outside Partick Railway Station

Starting from the Visitors Centre Wanlockhead at 467m the highest village in Scotland climbing East Mount Lowther 631m, Lowther Hill 725m and Green Lowther 732m. Total ascent 541m. The hills have steep flanks but gentle rolling summits. Good hill paths with sections on tarred roads. Circular walk OS Landranger sheet 71

The recommended passenger contribution to the driver is £10 (100 miles return trip at 10p per mile.)

Contact: Bobby, 01415734781, bobby_robbs@hotmail.com

Saturday 1st April Stables to Campsie Glen 6.2 miles/10 km Easy

Starts at 10:30: The Stables between Bishopbriggs and Kirkintilloch (G66 1RJ, NS634730)

Meet at 09:45: Buchanan Bus Station at the travel information board for No 89 bus at 10:00 to The Stables (between Bishopbriggs and Kirkintilloch) or at The Stables at 10.20.

This is a level easy linear walk along the canal bank from The Stables into Kirkintilloch. We shall then join the old railway line at Eastside in Kirkintilloch and follow it all the way through Lennoxton to Campsie Glen. There are buses from Campsie Glen direct to Glasgow every half hour. The leader will point out places of interest along the way and for a good part of the walk there are lovely views of the Campsies. The leader will join the bus at Bishopbriggs.

Contact: Jeanette, 07752322727

Thursday 6th April Troon and its beaches by the coastal path 6 miles/9.7 km Easy

Starts: Outside Prestwick Rail Station (KA9 1FQ, NS350261)

Meet at 09:45: Meet at Glasgow Central outside Marks & Spencer Simply Food, to catch the 10:00 train to Prestwick Town (having purchased a return ticket to Prestwick Town).

This linear walk continues the exploration of the Ayrshire Coastal Path, starting from Prestwick railway station, and following the coastal path into Troon. It passes historic golf links, crosses the bridge over the Pow Burn, and the approach to Troon is along a magnificent expanse of beach with views across to Arran. On reaching Troon, the walk will visit the south beach, the marina, the north sands, and some historical aspects of the town, before returning by train from Troon station. The route is 6 miles, along esplanades, sandy tracks, good sandy beaches, and pavement.

Contact: Gordon, 07443 426941, gordonarthur50@gmail.com

Saturday 8th April Strathyre Forest Walk to Creag an Tuirc Viewpoint
10 miles/16.1 km - Leisurely

Starts at 10:30: Broch Cafe carpark, Strathyre (FK18 8NA, NN560171)

Meet at 09:00: Outside Partick Station

This is an out and back walk all on good tarmac paths and tracks. Starting in Strathyre following the forest path through Balquidder with a couple of short ascents to the Clan McLaren viewpoint. The leader will meet walkers at the Broch Café Car Park, Strathyre @ 10.30am. Email enquiries preferred. OS Landranger 57

The recommended passenger contribution is £8.80 (88 miles round trip).

Contact: Moira, 07982330096, moirah147@icloud.com

Sunday 9th April Volunteer Path Maintenance Day

Saturday 15th April Linlithgow Circular 8 miles/12.9 km Leisurely

Starts: Outside Linlithgow Station (EH49 6AD, NT006770)

Meet at 09:30: Glasgow Queen Street Station outside the booking office having bought a return ticket to Linlithgow for the 09:45 Edinburgh train. An 8 mile circular walk in and around Linlithgow

OS Landranger sheet 65

Contact: John Mc, 0141 773 0409, squareloaf@talktalk.net

Sunday 16th April Beinn Charorach (Stirling) 8 miles/12.9 km Moderate

Starts at 10:30: Turn right off A82 onto farm track, to Auchtertyre and Wigwams, 2.8 miles after the second roundabout at Crianlarich. Large parking area is 500m along track on the right just before the bridge over the burn. (FK20 8RX, NN352289)

Meet at 09:00: Outside Partick Station

A steep climb to a Corbett which, weather permitting, offers wonderful views of the surrounding hills and glens. We follow the estate track from Auchtertyre Wigwams for 1.7 miles and then climb the broad southern ridge of Beinn Chaorach. This is a steep, rough, pathless hillside but leads to a broad summit. From the summit we descend, still on rough pathless hillside to the bealach below Cam Chreag before heading south to rejoin the estate track back to Auchtertyre. This walk involves 4.8 miles of estate track and 3.2 miles of rough pathless hillside. It involves 1,123 ft ascent to a maximum height of 2,684 ft.

The recommended passenger contribution to the driver is £10.50 (105 miles round trip)

The leader will meet walkers at Auchtertyre.

Contact: Idris, 01436673460, idrisscott@waitrose.com

Friday 21st April to Sunday 23rd April Weekend Trip to Ballater

Friday 21st April Craigendarroch oak wood TBC* 2.5 miles/4 km Leisurely

Starts at 17:00: Outside Glenmuick Church on Bridge Street, Ballater (AB35 5GH, NO370957)

Meet at 16:50: Outside the Church on Bridge Street, Ballater

A late afternoon walk up Ballater's hill. It is a small hill with a big place in the affections of locals. The oakwood-clad hillside is steep but the effort is rewarded by superb views over Ballater, Deeside and the hills beyond.

* This walk is one of the walks planned for our Group's weekend in Ballater. Some of the details may be amended as the planning for the weekend progresses.

Contact: Alan, 07720843353, alan@cawatt.scot

Saturday 22nd April Crathie to Ballater via Bovaglie TBC* 10 miles/16.1 km Leisurely

Starts: Crathie car park (AB35 5TL, NO263949)

Meet at 09:20: Outside Glenmuick Church on Bridge Street, Ballater

Starting from the A93 in Crathie, the linear route takes us across the River Dee, past the gates of Balmoral and then past the Lochnagar Distillery before taking the track through the deer fence towards Glen Muick. A junction in the track leads to the now derelict Bovaglie farm and then into Glen Girnock before reaching the South Deeside road. After a short distance a track leads along the Dee through the forest and then into Ballater. This walk is mostly on good tracks that pass through open moorland and forests. If time allows we might take a short detour to visit Knock Castle to learn something of its gory history.

* This walk is one of the walks planned for our Group's weekend in Ballater. Some of the details may be amended as the planning for the weekend progresses.

Contact: Alan, 07720843353, alan@cawatt.scot

Saturday 22nd April Lochnagar TBC* 15 miles/24.1 km Strenuous

Starts at 09:00: Glen Muick carpark (AB35 5SU, NO310851)

Lochnagar at 1156m is one of the iconic mountains in the Eastern Cairngorms. It is very popular with walkers in the north east and offers several ascent and descent routes. We will decide whether to do this mountain or another grade A walk after discussions with those planning to come on our Ballater weekend.

* This walk is one of the walks planned for our Group's weekend in Ballater. Some of the details may be amended as the planning for the weekend progresses.

Contact: Alan, 07720843353, alan@cawatt.scot

Sunday 23rd April An Socach TBC* 9.3 miles/15 km Strenuous

Starts at 09:00: By the A93 at Baddoch (AB35 5XU, NO138831)

Meet at 08:30: Outside Glenmuick Church on Bridge Street, Ballater

An Socach (944m) is to the west of the A93 between Braemar and the Glenshee Ski Centre. Starting from Baddoch, a steep ascent leads first to Sgor Mor at 887m and then more gently up to the broad, main ridge. The ridge is over 2km long and should offer great views of the Cairngorms and hills to the south. The route back is mainly along an old estate track by the Baddoch Burn

* This walk is one of the walks planned for our Group's weekend in Ballater. Some of the details may be amended as the planning for the weekend progresses.

Contact: Alan, 07720843353, alan@cawatt.scot

Sunday 23rd April Craig Vallich and Pannanich Hill TBC* 11.2 miles/18 km Moderate

Starts at 09:30: Outside Glenmuick Church on Bridge Street. (AB35 5GH, NO370957)

After crossing the Royal Bridge, this 18k circular walk goes along the South Deeside Road to the bridge of Muick, then up a good track to Craig Vallich at 609m. The track continues to Pannanich Hill before descending almost to Glenmuick House, going through the forest and arriving back at the Royal Bridge. This walk gives excellent views over Ballater, the River Dee and the surrounding mountains. It takes us past a number of historic monuments relevant to the area's past. OS Landranger 44.

* This walk is one of the walks planned for our Group's weekend in Ballater. Some of the details may be amended as the planning for the weekend progresses.

Contact: Alan, 07720843353, alan@cawatt.scot

Saturday 29th April Kilpatrick Hills 11 miles/17.7 km Moderate

Starts at 09:30: Milngavie Railway Station (G62 8BS, NS555744)

Meet at 08:50: Glasgow Central Station

An 11 mile linear walk from Milngavie Railway Station to Kilpatrick Railway Station via Craigton Village, Cochno Loch, Greenside Reservoir, Duncolm, Middle Duncolm and Loch Humphrey.

Meet at Glasgow Central Station outside M&S Simply Food. We will catch the 09.07 train from Glasgow Central Low level to Milngavie, then the train back from Kilpatrick to Glasgow. Please purchase an outward single ticket before meeting up at the meeting point. Walk is on Explorer maps 348/OL38

Contact: Gareth, 0141 571 0394, garethm62@hotmail.com

If you have received this copy of the Programme through the post, it is because we do not have your current email address.

Several email addresses on the list of members of Glasgow Ramblers are out of date.

If you can provide an email address and are willing to have it forwarded to the Ramblers please contact Catherine: info@glasgowramblers.org.uk.

Large print copies of this booklet can be obtained on request from

info@glasgowramblers.org.uk

or

Barry Pottle,
c/o 15 Newton Terrace,
Glasgow, G3 7PJ.